

My Visit To The Dentist

Social Story

Read the social story with your child, over several days to learn the routine prior to your appointment.



I am going to the dentist.
My family and I will walk
into a big building.



We will ride in the elevator
and go to the dentist's
office.



We will check in at the front
desk.



I will sit in the waiting
room. There will be games
to play with.



When my name is called, I
will walk through the blue
door to see the dentist.



I will see rows of big chairs. I
will be told which one is mine
to sit in.



When I sit in the big chair, it will move and lean back. I will see a big light to help my dentist look at my teeth. I can wear sunglasses if I want.



I will sit still and watch a movie so the dentist can look at my teeth and clean them.



The dentist will use special instruments to clean my teeth.



The dentist will wear a mask, gloves, glasses and a coat.



I will open my mouth wide so the dentist can see.



I will do a great job at the dentist. I will get a sticker, a prize, and a new toothbrush!