

# momentum

DISABILITY  
SUPPORT CO.



## About Me

I love keeping fit and active, which I think has been a driving factor behind my university degree. I spend lots of time with friends and family, but I recharge by filling up my cup through self-care and having some 'me time'.

## Experience

I have recently stepped into the disability space as it is something that excites me. I have been supporting neurodiverse individuals to build up their skills and assisting with areas of daily living. I am eager to expand my knowledge in this field and gain hands on experience.

## Contact



0488 263 040



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[momentumdisability.com.au](http://momentumdisability.com.au)

## Qualifications

- NDIS Screening Check
- Working with Children Check
- Bachelor of Exercise and Sport Science
- First Aid & CPR