

The Restorative Path Retreat for Helping Professionals

Registration Form

The Restorative Path

A Forest & Expressive Arts Retreat for Helping Professionals

Manning Park, British Columbia

August 14–16, 2026

Thank you for your interest in attending *The Restorative Path*. This two-day retreat is designed to support restoration, reflective practice, and sustainable helping through forest immersion, expressive arts exploration, and guided dialogue.

Please complete the following registration form.

Participant Information

Full Name:

Preferred Name (if different):

Email Address:

Phone Number:

City / Community:

Professional Background

Please indicate your professional role:

- Counsellor / Therapist
- Social Worker
- Nurse
- Physician
- Physiotherapist
- Massage Therapist
- Coach
- Educator
- Student / Intern
- Other: _____

Professional designation(s) (if applicable):

Organization / Practice Name (optional):

Retreat Experience

What drew you to this retreat?

Do you have any accessibility, dietary, or participation needs we should be aware of?

Have you attended a reflective, expressive arts, or retreat-based experience before?

- Yes
- No

If yes, please briefly describe (optional):

Accommodation

Accommodation is booked separately through Manning Park Resort.

Participants may choose:

- Lodge Room
- Cabin
- Camping
- Day Participant / Not Staying Overnight
- Unsure at this time

Registration Information

Retreat Fee: \$425 CAD

Community Care Rate: \$350 CAD

(Available for professionals directly supporting the Tumbler Ridge community.)

The retreat fee includes:

- Two full retreat days (9:00 AM – 4:00 PM)
- Coffee and tea station
- Catered lunches
- Expressive arts materials
- Reflective retreat journal
- Participant gift

A preparation list and detailed retreat agenda will be provided upon registration.

Consent & Acknowledgement

I understand that this retreat is educational and reflective in nature and is not psychotherapy or crisis support.

I understand that participation in outdoor and creative activities is voluntary and I will participate according to my own comfort and ability.

I understand that accommodation is booked separately through Manning Park Resort.

I understand that photographs may occasionally be taken for promotional purposes. I may opt out by informing the facilitator.

Signature: _____

Date: _____

Registration Submission

Please return completed forms to:

Angela Matthies

Signature Self

angela@signatureself.ca

www.signatureself.ca

Once your registration form is received, payment details and additional retreat information will be provided.

