



---

# ACCESS 2 ACADEMICS

## POWERED BY KEYSTONE

---

*Educational Support Program for  
Twice Exceptional Learners*

**Virtual Adult Education Program**

Optimal Rhythms, Inc  
(812) 490-9401  
[www.optimalrhythms.org](http://www.optimalrhythms.org)

# WHY A2A?

---

**Is your student super smart but struggling to make academic progress?**

**A2A IS FOR YOU!**

**Is your student struggling with anxiety, regulation, and mental health issues?**

**A2A IS FOR YOU!**

**Does your student communicate via pointing or spelling?**

**A2A IS FOR YOU!**

**Are you concerned about safety in a brick & mortar environment and find that distance learning options have not been adequate?**

**A2A IS FOR YOU!**

**Are you looking for a community that understands and supports your skill-building?**

**A2A IS FOR YOU!**



# Program Elements

## [A2A - Adult Education]

---

- Every Student is Presumed Competent
- Students' Inform their Education
- Every Student Must Have 1:1 Support\*
- Communication/Regulation Support Training Provided
- Accredited Virtual Adult Education Curriculum
- Mastery-based Education Model (move quickly through material you already know)
- Licensed Teachers Provided Reactive Contact
- Communication Supplies and Training Provided
- Virtual NMT Body Mapping Sessions
- Virtual Typing Clubs
- Social Offerings (On-site or Virtual)
- Weekly Parent/Caregiver Education
- Diploma Granted at Completion of All Required Classes

### **\*Must Provide Own CRP**

### **(Communication/Regulation Partner)**

Optimal Rhythms will provide support for CRP Recruitment (as needed), Intitial CRP Training, and Weekly CRP Coaching/Support

### **Additional Services Available:**

Therapies & Consultations  
Resource Library  
Extra Coaching Sessions, by Request



# **Program Costs**

## **[A2A - Adult Education]**

---

**Fees are as follows:**

**Registration Fee: \$500**

**Program Fee: \$400/Month**

**Includes:**

- On-line Accredited Rigorous Curriculum
- Reactive Contact by Licensed Teachers for Grading and Feedback
- Advocacy Support for Student Accommodations
- 4-Day Intensive for Communication/Regulation Partners
- 4-Hour "Getting Started" Coaching Session
- Weekly 1-Hour CRP Coaching/Consultation Session
- Daily Virtual Neurologic Music Therapy Body Mapping Sessions Available for Sensory-Motor Support
- Weekly Parent/Caregiver/Student Education Moments
- Help Line for quick questions or to schedule additional coaching hours
- Weekly Social Club Offering(s)
- Weekly Typing Club(s)
- Online A2A Family Community for peer mentoring and sharing of success stories

### **Additional Services Available:**

**Additional Coaching Session - \$50/Hour**

**(\$65/Hour if not an A2A Participant)**



# How Do We Get Started?

---

## Step 1:

Complete the A2A Interest Form by going to [www.optimalrhythms.org/access2academics](http://www.optimalrhythms.org/access2academics)

## Step 2:

Schedule an A2A Intake Call to discuss the details of your/your student's needs, readiness, curriculum course options, payment, scheduling start date, etc.

## Step 3:

Complete Registration Form and Make Registration Payment.

## Step 4:

Participate in required 4-day Rethinking Autism Support Training (Offered at the beginning of each month)

## Step 5:

Review link to curriculum and orientation materials and plan for your start date.

