

Lunch



SOUP / SALAD

French onion 14

Caramelized Onion, Rustic Crostini, Mozzarella

Roasted Red Pepper Bisque 14

Fire Roasted Red Pepper, Cream, Parmesan

Grand Fiamma Caesar 16

Romaine, Parmesan, Tomato, Cucumber, Red Onion, Bread Crumb

Caprese 16

Heirloom Tomato, Mozzarella, Arugula, Basil, Balsamic

Fiamma Salad 15

Mixed Greens, Cucumber, Tomato, Pickled Grape, Red Onion, Truffle Vinaigrette

Sicilian Salad 16

Mixed Greens, Shaved Fennel, Orange, Olive, Goat Cheese, Pistachio, Blood Orange Vinaigrette

Watermelon & Feta 18

Grilled Watermelon, Whipped Feta, Grape Pico de Gallo

Panzanella 16

Grilled Cheese Tramezzini, Arugula, Tomato, Cucumber, Red Onion, Chickpea, Feta, Creamy Basil Dressing

Add Protein to Salad:

*Salmon 15

*Tuna 19

Catch of the Day MP

Tuna Salad 10

SMALL PLATES

Spinach & Artichoke Dip 17

Sun-dried Tomato Relish, Tortilla Chips

'FIAMMA' Balls 16

The house take on the classic Italian "Meatball", Eggplant, Marinara, Mozzarella

Fried Mozzarella 14

Breaded Fried Fresh Mozzarella, Marinara, Grated Parmesan

Frito Misto 27

Fried Fish, Jalapeno, Fig, Mushroom

Broccolini 15

Hummus, Panko, Parmesan, Sweet Pepper Relish

Ri-Soto 22

Creamy Risotto, Parmesan, Butternut Squash, Peas, Mushroom

Truffle Fries 14

Rustic Cut Fries, Parmesan, Rosemary, Truffle Aioli

SANDWICHES & WRAPS

Tuna Melt 16

Albacore Tuna Salad, Mixed Greens, Melted Cheese, Heirloom Tomato

'FIAMMA' Ball Melt 17

Our Vegetarian Eggplant "meatball", Marinara, Mozzarella, Cheddar, Provolone

Salmon Caesar Wrap 17

Grilled Salmon, Romaine, Parmesan, Caesar Dressing

Grilled Cheese & Roasted 20

Red Pepper Bisque

Grilled Cheese with Mozzarella, Provolone, Cheddar and Muenster, Served with Roasted Red Pepper Bisque

20% Gratuity will be added to groups of 6 or more
Checks can only be split up to 6 ways

Any dish with the word parmesan contains 6 month aged parmesan

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOOD BOURNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

Fiamma by Mendel

Lunch



PASTA

Campanelle Ala Vodka 26
Vodka Tomato Cream Sauce, Parmesan

Spaghetti Alfredo 28
Parmesan Cream Sauce, Sun-dried Tomato Relish, Arugula

Baked Rigatoni 26
Pomodoro Sauce, Mozzarella, Parmesan

Pesto Casarecce 28
Arugula Pesto (No Nuts), Parmesan, Lemon Zest, Grated Pecorino Romano

Wood-Fire Lasagna 26
Spinach Ricotta Cream, Pesto (No Nuts), Parmesan, Mozzarella, Pomodoro Sauce

Mac & Cheese 24
Casarecce, Quattro Cheese Bechamel

FISH

Branzino* 44
Boneless Filet, Hummus, Broccolini, Chermoula, Sweet Pepper Relish

Halibut* 48
Fried Potato Pavé, Romesco, Grape Pico de Gallo

Salmon* 34
Roasted Fingerling Potatoes, Asparagus, Blistered Tomato, Balsamic, Dijon Herb Crust

Tuna Pepperonata* 42
Seared Peppercorn encrusted Wild Yellowfin Tuna, Creamy Risotto, Asparagus, Sweet & Spicy Tomato Chutney

Add Protein to Pasta:

*Salmon 15
*Tuna 19
*Catch of the Day MP

PIZZA OVEN

Margherita 17
Fresh Mozzarella, Pomodoro, Fresh Basil, Grated Parmesan

Goat Cheese & Truffle 28
Goat Cheese, Garlic Confit, Mushroom, Parmesan, Truffle

Fiamma Pizza 24
Fiamma 'Meat Ball', Banana Pepper, Pomodoro Sauce, Mozzarella, Parmesan Garlic Aioli

Quattro Formaggio 24
Pomodoro Sauce, Four Cheese Blend

Mendel's BBQ 24
Mendel's Signature Sauce, Potato, Red Onion, Cheddar/Mozzarella
Add Jalapeno 2

Roma Pesto 24
Hazelnut Basil Pesto, Parmesan, Tomato, Mozzarella

Kale & Fire 28
Kale Pistachio Pesto, Pickled Habanero, Roasted Garlic, Smoked Mozzarella

Truffle 25
Wild Mushroom, Caramelized Onion, Truffle Bechamel, Mozzarella, Truffle Zest, Arugula

DRINKS

Soda 4
Acqua Panna 8
San Pelligrino 4
Coffee 4
Cappuccino 8
Espresso 5
Latte (Hot/Iced) 8

DESSERTS

Cheesecake 15
Creme Brûlée 12
Napolean 14
Ice Cream 8
Flourless Chocolate Cake (Contains Nuts) 12

Fiamma by Mendel