

Children's Safety Guidelines

1. Supervision & Environment

- Always maintain active supervision — never leave children unattended, even for a moment.
- Ensure safe child-to-teacher ratios according to regulations.
- Keep the classroom and play areas clutter-free with clear walkways.
- Check toys and equipment daily for broken or unsafe parts.
- No mobile phones only during breaks.

2. Hygiene & Health

- Wash hands before and after meals, diapering, and outdoor play.
- Disinfect toys, tables, and surfaces regularly.
- Follow proper diaper-changing and toileting routines.
- Keep medical and allergy information for each child easily accessible.
- Report any injury or illness immediately to the manager.

3. Physical Safety

- Always escort children to and from outdoor areas.
- Check that playground surfaces are safe and soft.
- Encourage children to walk indoors, not run.
- Use age-appropriate equipment and demonstrate proper use.
- Be alert for choking hazards (small toys, beads, food pieces).

4. Emotional Safety

- Create a warm, positive, and inclusive environment.
- Use gentle guidance — never shout, threaten, or shame.
- Comfort children when they are upset or hurt.
- Encourage children to express feelings safely.

5. Emergency Preparedness

- Know the emergency exits and assembly point.
- Keep a first aid kit easily accessible.
- Be trained in basic first aid and CPR.
- Follow the fire and evacuation drills regularly.
- Have emergency contact numbers ready and updated.

6. Drop-off & Pick-up

- Release children only to authorized adults.
- Keep daily attendance records.
- Use verification code when in doubt.

7. Handling Children Safely

- Always **bend your knees and keep your back straight** when lifting a child.
- Never lift a child by **one arm or by the hands** — always support under the arms or around the torso.
- When carrying a child, **keep them close to your body** and ensure a firm, safe grip.
- Encourage children to **climb or step up independently**, when possible, to promote autonomy.
- Avoid **sudden movements or swinging** children for fun — this can cause injuries.
- When helping a child with clothing or shoes, **stay at their level** to maintain comfort and safety.
- Always **respect each child's personal space** and obtain consent before physical contact (for example, when helping them change or comforting them).

https://www.youtube.com/shorts/_pDhyMnxSME

<https://www.youtube.com/watch?v=j9oTO6UheG4>