



*Advancing Health. Reducing Disparities. Empowering Communities.*

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## Partnership & Collaboration Guide

### What We Do

- Public Health Consulting & Strategic Partnerships – Support for designing, implementing, and evaluating effective wellness and prevention programs.
  - Faith-Based & Community Wellness Initiatives – Tailored health education workshops and outreach for ministries and community groups.
  - Program Design, Training & Evaluation Support – Structured frameworks, staff training, and measurable outcomes for sustainable impact.
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### How We Partner

Consult → Assess → Plan → Implement → Evaluate

- Consult: Begin with a discovery conversation to identify priorities and needs.
  - Assess: Review existing health strategies, data, and resources.
  - Plan: Co-develop actionable strategies or customized wellness programs.
  - Implement: Collaborate to launch and facilitate programs, trainings, or sessions.
  - Evaluate: Measure outcomes, gather feedback, and refine strategies for continuous improvement.
- For individuals, we also offer one-on-one wellness education, functional nutrition guidance, and preventive lifestyle support.
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### Areas of Focus

- Chronic Disease Prevention
  - Functional Nutrition Education
  - Emotional & Spiritual Wellness
  - Community Health Engagement
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### Ideal Partners

- Churches & Ministries
  - Nonprofits & Community Coalitions
  - Schools & Wellness Programs
  - Health Outreach Teams
  - Individuals seeking personalized prevention and wellness education
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