**Scandia Run Team Form**

**Team Name:**

**Circle one - Open Business**

**Circle one - 5k 10k**

**Team Captain Name and email:**

**Roster:**

**Name and contact info:**

**1**

**2**

**3**

**4**

**5**

**6**

**7**

**Note – only top five times score and receive prizes**

**Form must be received 1 week prior to race. An email with the appropriate info can be sent to mcadams.shannon@mail.com**