

Recommended Health Professionals for Dance:

Orthopedic and Podiatric Specialists:

Gregory Guyton, M.D.
Foot and Ankle Specialist
Union Memorial Orthopedics and Sports Medicine at Bel Air
Dr. Guyton
2013 Emmorton Rd. Bel Air, MD
[410.554.6844](tel:410.554.6844)

Lew Schon, M.D.
Foot and Ankle Orthopedic Surgery
Union Memorial and John Hopkins foot and ankle specialist
3333 N. Calvert St
Johnston Professional Bldg.Ste. 400
Baltimore, MD 21218
410-554-2891
Lutherville Office
1407 York Rd. Ste 100
410-554-2270

Dr. Tiffany Kit Hoh, DPM
Podiatric surgeon, ballet foot and ankle specialist
MedStar Franklin Square Medical Center
443-777-7631

Dr. Jassen
Podiatrist
Good Samaritan Hospital
5601 Loch Raven Blvd.
Baltimore, MD 21239

Andrew B. Wolff, M.D.
Washington Ballet Orthopedic Specialist (Hip Specialist)
Sibley Medical Office
5215 Loughboro Rd. NW (Suite 200)
202-787-5601
Drwolff.ma@wosm.com

Charles Stancliff, M.D.
Charles Stancliff Podiatric
215 Fullford Ave,
Bel Air, MD 21014
410-420-2801

Physical Therapists/Practices:

FX Physical Therapy
Physical Therapy and Sports Medicine
Locations in Baltimore, Hunt Valley, and Columbia
<https://www.fxphysicaltherapy.com/request-appointment.html>
410-771-1500 (dial 3 for PT) – Hunt Valley location

Andrea Lasner
Physical Therapist specializing with dancers
Recommended by Baltimore School for the Arts and Towson University
Request Andrea for apt and mention you are a dancer
Johns Hopkins at Greenspring
Alasner1@jhmi.edu
10753 Falls Rd. Suite 235
Lutherville, MD 21093
410-583-2665

Megan Rich Physical Therapy
Physical Therapist and former dancer
9492 Deerco Road
Lutherville, MD 21093
410-946-6640

Jennifer Brilliant, PTA
Gold Medal Physical Therapy
A.A. in Physical Therapy, former CPYB student and dance teacher
jbrilliant@goldmedalpt.com
407 E. Churchville Rd. Suite 102
Bel Air, MD 21014
410-638-5525

Drayer PT
Physical Therapist – Tia
620 West MacPhail Rd
Suite 105
Bel Air, MD 21014
410-399-9590

LAR Physical Therapy
Leigh A. Roberts
9160 Rumsey Road. Suite B4
Columbia, MD 21045
410.381.5174
Lar@LarPT.com

Kim Shemer Kurtzman
Physical Therapist
304 B Harry S Truman Parkway
Annapolis, MD 21401

Stephen Baitch
Med Star Physical Therapy
(referral from physician)
410-877-8078
12 MedStar Blvd.
Bel Air, MD 21015

Acupuncture

Carl Rosenthal
1035 Emmorton Rd.
Bel Air, MD 21014
(410) 836-5500
<https://acupuncturepaincaremanagementofbelair.com/>

Jean Donati Acupuncture
604 E. Joppa Rd
Towson, MD 21286
(410) 984-3700
www.east2westmedicine.com

Mental Health Professionals:

Jaime Kaplan
Psychologist, PsyD.
Eating disorders, body image, self-esteem concerns
732-580-2031
8415 Bellona Lane Suite 107
Towson, MD 21204

Rebecca Thomas Rd, LDN
Registered Dietician, Licensed Nutritionist
Nutritional therapy for adults and children struggling in their relationships with food and eating
Rebeccathomasrd@yahoo.com
<https://www.rebeccathomasnutritionllc.com/contact>