

AHI Medical Addictions Clinic, LLC

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#### Programming Information

- Weekly Individual Counseling
  - 30, 45, and 60 minute sessions with patients utilizing a combination of Cognitive Behavioral Therapy, Motivational Interviewing, plus materials from the SAMHSA Matrix Model and Harm Reduction treatment approaches.
- Medication-Assisted Treatment
  - Suboxone, Naltrexone, and Antabuse prescriptions in conjunction with weekly counseling.
- Intensive Outpatient Treatment (IOP)
  - Classes lasting three hours three nights a week in a program running 12 weeks long. Admission is on a rolling basis.
  - Materials used from the SAMHSA Matrix Intensive Outpatient Treatment Model on Substance Use Disorders.
- Family Therapy
- Group Therapy
  - Women's Group, Peer Support Group, Relapse Prevention Group, 12 Steps, Smart Recovery.
- Smoking Cessation
  - Eight week-long program utilizing Chantix, Individual Therapy, and group.
- Court Mandated Programs
  - UDS samples, pill counts, group therapy and individual counseling.
- Anger Management Course
  - Certification upon completion

We run a Rapid Return Program where patients can safely detox and stabilize in an outpatient setting, returning to work much faster than traditional inpatient treatment.

We also offer weekend and evening appointments for those working dayshift, and daytime appointments for 2nd and 3rd shifts.

We can provide progress reports and Urinary Drug Screens upon request when a patient release of information is completed.