

KRISTEN M.J. AZAR, PHD RN MSN/MPH FAHA CPHQ

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PROFESSIONAL POSITIONS

2025 – PRESENT Vice President, Quality and Performance Excellence
Institute on Aging, San Francisco, CA

2025- PRESENT Adjunct Assistant Professor, Department of Epidemiology and Biostatistics
University of California, San Francisco

2023- PRESENT Faculty, Health Equity Subject Matter Expert
Institute for Healthcare Improvement (IHI), Boston, MA

2023-2025 Executive Director
Sutter Health Institute for Advancing Health Equity
Sutter Health, Sacramento, CA

2020- 2025 Senior Research Scientist
Center for Health Systems Research
Sutter Health, Walnut Creek, CA

2020- 2023 Scientific Medical Director
Sutter Health Institute for Advancing Health Equity
Sutter Health, Sacramento, CA

2015-2020 Research Scientist
Research, Development and Dissemination/ Center for Health Systems Research
Sutter Health, Walnut Creek, CA

2015-2017 Community Health Research and Development Program Manager for Alameda County
Sutter Health, Walnut Creek, CA

2012-2015 Professional Researcher
Palo Alto Medical Foundation Research Institute/Sutter Health, Palo Alto, CA

2009-2012 Research Associate
Palo Alto Medical Foundation Research Institute/Sutter Health, Palo Alto, CA

2009-2012 Registered Nurse, South Asian Consult Service – PRANA
Palo Alto Medical Foundation/Sutter Health, Palo Alto, CA

EDUCATION

Universities Attended

2019 - 2024 Ph.D. (Epidemiology and Translational Science),
University of California San Francisco, School of Medicine, San Francisco, CA

2007-2009 M.S.N./M.P.H. (Nursing and Public Health)
Johns Hopkins University, School of Nursing, Baltimore, MD
Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD

2005-2007 B.S.N. (Nursing), Research Honors Program
Johns Hopkins University, School of Nursing, Baltimore, MD

2000-2004 B.A. (English), Dean's Honor List
Pre-medical requirements completed
University of California Berkeley, Berkeley, CA

Additional Training

- 2025 Certified Professional in Healthcare Quality certification
National Association for Healthcare Quality
- 2017 Open School Basic Certificate Quality Improvement
Institute for Healthcare Improvement
- 2011 37th Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease
Fellowship
American Heart Association
- 2010 Group Lifestyle Balance Facilitator Training
University of Pittsburgh, Diabetes Prevention Support Center
- 2010 Lipid Management Training Course and Comprehensive Cardiometabolic Risk Reduction
Program
National Lipid Association
- 2009 Gladstone Institute Lipid Disorders Mini Fellowship
University of California San Francisco, San Francisco, CA
- 2009 Intramural Research Training Award
National Institutes of Health Clinical Center, Bethesda, MD

Other Leadership Training

- 2022-2023 Sutter Health Leadership Academy Executive Training Program
Sutter Health, Sacramento, CA
- 2021 Sutter Health Accelerated Change Excellence (ACE) Program
Sutter Health, Sacramento, CA
- 2013 Palo Alto Medical Foundation Leadership Excellence Program
Palo Alto Medical Foundation, Palo Alto, CA

HONORS AND AWARDS

- 2021 Recipient, Nurse Leader Award in Health Equity
Association of California Nurse Leaders (ACNL)
Sac Sierra Chapter
- 2018 Elected Fellow: American Heart Association
Council on Lifestyle and Cardiometabolic Health
- 2014 Invited Presenter "Top 10% Best of Specialty Conferences"
American Heart Association Scientific Sessions
- 2009 Graduate Leadership Award
Johns Hopkins University School of Nursing
- 2009 Delta Omega Public Health Honor Society, Alpha Chapter
- 2007 Sigma Theta Tau International Honor Society of Nursing
- 2007 Edna Schoen Memorial Award for Excellence in Clinical Practice
Johns Hopkins University School of Nursing
- 2000-2004 Member, Biology Scholars Program
University of California, Berkeley

RESEARCH GRANT AWARDS

- 2020-2022 Funder: NIH-NIA 5R61AG068927
Title: An Electronic Health Record based Dashboard-driven Intervention Improve Identification and Management of Preventive Care for Cardiovascular Disease
Role: Co-Investigator
Principal Investigator (PI): Sherry Yan, PhD
- 2017-2023 Funder: NIH-NIDDK 1R18DK110739-01A1
Title: Evaluation of a Lifestyle Intervention Adopted for Clinical Practice for Diabetes Prevention (ELEVATE-DP)
Role: Co-Principal Investigator (PI)
Co-PI: Robert Romanelli, PhD
- 2020-2022 Funder: PCORI
Title: Comparing patient-reported impact of COVID-19 shelter-in-place policies and access to containment and mitigation strategies, overall and in vulnerable populations
Role: Subaward PI & Co-Investigator
PI: Mark Pletcher, PhD
- 2020-2022 Funder: Janssen Pharmaceuticals Inc
Title: Health systems and Homelessness: Analysis of homelessness data from a large healthcare system in Northern California
Role: PI
- 2020-2022 Funder: Janssen Pharmaceuticals Inc
Title: Suicidal Thoughts and Behavior (STB): Examining screening, detection and follow-up care within a large multispecialty healthcare system
Role: Co-PI
Co-PI: Ellis Dillon, PhD
- 2016-2020 Funder: PCORI Addressing Disparities (R-1511-33394)
Title: The HOMBRE trial: Comparing two innovative approaches to reduce chronic disease risk among Latino men
Role: Subaward PI & Co-Investigator
PI: Lisa Goldman Rosas, PhD
- 2018-2019 Funder: Takeda Grant #MACS-2017-102367
Title: Understanding Primary Care Detection and Management of Major Depressive Disorder
Role: PI
- 2014-2019 Funder: AHRQ (R01 HS022702)
Title: Culturally-adapted DPP intervention for Mexican Americans in primary care: an RCT
Role: Subaward PI & Co-Investigator
PI: Jun Ma, MD PhD

2014-2019
Funder: NIH-NHLBI (R01 HL119453)
Title: RAINBOW: RCT on Co-management of Obesity, Depression, and Elevated CVD Risk in Primary Care
Role: Subaward PI & Co-Investigator
PI: Jun Ma, MD PhD

2017-2018
Funder: Regeneron
Title: Assessment of Statin Utilization and Outcomes among Diverse Racial and Ethnic Groups in Mixed-Payer Healthcare Delivery System
Role: Co-Investigator
PI: Robert Romanelli, PhD

2017-2018
Funder: Janssen Pharmaceuticals Inc
Title: Serious Mental Illness and Other Health Multi-level factors Associated with Regional Health System Super Utilization
Role: PI

2015-2017
Funder: Better Health East Bay (Sutter Health)/ California Health Care Foundation
Title: PreManage ED™ East Bay Pilot Study
Role: Project Director

2015-2016
Funder: Palo Alto Medical Foundation/Sutter Health
Title: Teen Lifestyle Balance Study
Role: PI

2016
Funder: Better Health East Bay (Sutter Health).
Title: Understanding the Needs and Experiences of High Utilizers at the Emergency Department of Highland Hospital
Role: PI

2012-2015
Funder: NIH/SBIR 4R44NR012617-02/ Berkeley Analytics Inc.
Title: ALIVE: A Lifestyle Intervention by Email for Pre-Diabetes
Role: Subaward PI & Co-Investigator
PI: Gladys Block, PhD

2014
Funder: Palo Alto Medical Foundation
Title: CardioMetabolic Program meets eHealth (eCMP): Redesign and evaluation for optimal reach and impact
Role: Co-Investigator;
PI: Jun Ma, MD PhD

2012-2013
Funder: The Verizon Foundation
Title: Virtual Small Groups for Weight Management: An innovative delivery mechanism for evidence-based lifestyle interventions (VITAL)” Study
Role: PI

GLOBAL HEALTH EXPERIENCE

- 2008 Public Health Intern- Designed and conducted a program evaluation of the HIV/AIDS Home-Based Care Program, International Orthodox Christian Charities, Addis Ababa, Ethiopia
- 2008 Completed special course in Nursing in Global Humanitarian Relief; Institute for Johns Hopkins Nursing, Center for Refugees and Disaster Response
- 2007 Nursing Intern- Public Health Nursing Clinical Rotation; Haitian Health Foundation, Jeremie, Haiti

BIBLIOGRAPHY

1. The IHI Health Equity Metrics Advisory Group. *Advancing Health Equity: An Approach to Systematically Identify and Evaluate Health Disparities*. Boston: Institute for Healthcare Improvement; 2025. (Available at ihi.org)
2. Roth H, DeMarchis E, Kopaskie K, Restall A, Fichtenberg C, Ray S, **Azar KMJ**, (2025) Measure What Matters: A Survey-Based Examination of Health Equity Tracking and Measurement Practices Across Healthcare Systems in the United States; *PLoS ONE Medicine*; May 21;20(5):e0323381
3. Cozen AE, Hamad R, Park S, Marcus GM, Olgin JE, Faulkner Modrow M, Chiang A, Brandner M, Orozco JH, **Azar K**, Sudat SEK, Isasi CR, Williams N, Ozluk P, Kitzman H, Knight SJ, Sanchez-Birkhead A, Kornak J, Carton T, Pletcher M.(2025) Associations between local COVID-19 policies and anxiety in the USA: a longitudinal digital cohort study. *BMJ Public Health*. 2025 Jan 16;3(1):e001135. doi: 10.1136/bmjph-2024-001135. eCollection 2025 Jan.PMID: 40017931
4. Dillon EC, Deng S, Li M., Huang Q, de Vera E, Pesa J., Nguyen T., KigerA., Becker DF, **Azar K**, (2024) Analysis of Hospitals Switching From a “Danger to Self” Question to Universal Columbia Suicide Severity Rating Scale Screening: Impact on Screenings, Identification of Suicide Risk, and Documented Psychiatric Care; *Psychiatric Research and Clinical Practice*, April: 6(2)
5. Main E, Fuller M, Kovacheva V, Elkhateb R, **Azar K**, Caldwell M, Chiem V, Foster M, Gibbs R, Hughes BL, Johnson R, Kottukapally N, Rosenstein MG, Sanz Cortes M, Shields LE, Sudat S, Sutton CD, Toledo P, Traylor A, Wharton K, Bauer M (2024) Performance Characteristics of Sepsis Screening Tools During Delivery Admissions; *Obstet Gynecol* 2024 Mar 1;143(3):326-335. doi: 10.1097/AOG.0000000000005477. Epub 2023 Dec 12.
6. Bauer M, Fuller M, Kovacheva V, Elkhateb R, **Azar K**, Caldwell M, Chiem V, Foster M, Gibbs R, Hughes BL, Johnson R, Kottukapally N, Rosenstein MG, Sanz Cortes M, Shields LE, Sudat S, Sutton CD, Toledo P, Traylor A, Wharton K, Main E. (2024) Performance Characteristics of Sepsis Screening Tools During Antepartum and Postpartum Admissions; *Obstet Gynecol* 2024 Mar 1;143(3):336-345.Epub 2023 Dec 12.
7. Mudiganti S, Nasrallah C, Brown S, Pressman A, Kiger A, Casey JA, LaMori JC, Pesa J, **Azar KMJ**. (2024) Homelessness Among Acute Care Patients Within a Large Health Care System in Northern California. *Population Health Management*, Feb; 27(1): 13-25
8. Nguyen KT, Li J, Peng AW, **Azar K**, Heidenreich P, Palaniappan L, Yong CM. (2024) Temporal Trends in Cardiovascular Disease Prevalence Among Asian American Subgroups. *J Am Heart Assoc*. 2024 Apr 16;13(8):e031444. doi: 10.1161/JAHA.123.031444. Epub 2024 Apr 12. PMID: 38606778
9. Sudat SEK, Huang Q, Szweringi N, Romanelli RJ, **Azar KMJ**. (2024) Changes in Healthcare Utilization After Lifestyle Intervention for Weight Loss. *Am J Prev Med*. Apr;66(4):619-626. doi: 10.1016/j.amepre.2023.10.018. Epub 2023 Oct 29
10. **Azar KJM**, Sudat S., Huang Q, Pressman AR, Szweringi N, Nasrallah C, Venditti EM, Romanelli RJ,. Examining paradoxical session attendance and weight loss relationships in a clinic based lifestyle modification intervention. *Obesity Science & Practice*. (2023)
11. Dillon EC, Huang Q, Deng S, Li M, de Vera E, Pesa J, Nguyen T, Kiger A, Becker DF, **Azar K**. (2023) Implementing universal suicide screening in a large healthcare system's hospitals: rates of screening, suicide risk, and documentation of subsequent psychiatric care. *Transl Behav Med*. 2023 Apr 15;13(4):193-205. doi: 10.1093/tbm/ibac117. PMID: 36694929

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13. Azar, KMJ, Alexander M, Smits K, Tio A, deGheltaldi L (2023) ACO Benchmarks Based On Area Deprivation Index Mask Inequities. *Health Affairs Forefront.* <https://www.healthaffairs.org/content/forefront/aco-benchmarks-based-area-deprivation-index-mask-inequities>
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15. Rosas LG, Lv N, Xiao L, **Azar KM**, Hooker SP, Venditti EM, Lewis MA, Zavella P, Ma J. Preferences for Technology-Mediated Behavioral Lifestyle Interventions With Different Levels of Coach and Peer Support Among Latino Men: Comparative Study Within One Arm of a Randomized Controlled Trial. *JMIR Form Res.* 2022 Feb 4;6(2):e29537. doi: 10.2196/29537
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18. Sudat S, Wesson P, Rhoads KF, Brown S, Aboelata N, Pressman AP, Mani A, **Azar KMJ**, Racial Disparities in Pulse Oximeter Device Inaccuracy and Estimated Clinical Impact on COVID-19 Treatment Course. *American Journal of Epidemiology.* [In Press], 2022 August.
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20. Pressman, AP, **Azar KMJ**, Equity in Clinical Research: From Trials to Treatment. *J Clin Pathways.* 2022;8(4):16-21. doi:10.25270/jcp.2022.5.2
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22. Rosas LG, Lv N, Xiao L, **Azar KM**, Hooker SP, Venditti EM, Lewis MA, Zavella P, Ma J. (2022) Preferences for Technology-Mediated Behavioral Lifestyle Interventions With Different Levels of Coach and Peer Support Among Latino Men: Comparative Study Within One Arm of a Randomized Controlled Trial. *JMIR Form Res.* 2022 Feb 4;6(2):e29537. doi: 10.2196/29537.PMID: 35119377
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35. Romanelli RJ, **Azar KMJ**, Sudat S, Hung D, Frosch DL, Pressman AR. The Learning Health System in Crisis: Lessons from the Novel Coronavirus Disease Pandemic. 2020 Oct 29. *Mayo Clin Proc Innov Qual Outcomes*
36. **Azar KMJ**, Shen Z, Romanelli RJ, Lockhart S, Smits K, Robinson S, Brown S, Pressman A. Disparities in Outcomes Among COVID-19 Patients in a Large Health Care System in California. *Health Affairs*. [Epub ahead of print], 2020 May 21.
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47. Rosas LG, Lv N, **Azar KMJ**, Xiao L, Hooker SP, Lewis MA, Zavella P, Venditti EM, Ma J. HOMBRE: A randomized controlled trial to compare two approaches to weight loss for overweight and obese Latino men (Hombres con Opciones para Mejorar el Bienestar y bajar el Riesgo de Enfermedades cronicas; men with choices to improve well-being and decrease chronic disease risk). *Contemp Clin Trials* 2018;68:23-34.
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59. Block G, **Azar KM**, Block TJ, et al. A Fully Automated Diabetes Prevention Program, Alive-PD: Program Design and Randomized Controlled Trial Protocol. *JMIR Res Protoc* 2015;4:e3.
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62. **Azar KM**, Xiao L, Ma J. Baseline obesity status modifies effectiveness of adapted diabetes prevention program lifestyle interventions for weight management in primary care. *Biomed Res Int* 2013;2013:191209.
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SUTTER HEALTH VITALS ARTICLES ARCHIVE

- 2025 Can AI Help Scale Eye Screening, Equitably?
<https://vitals.sutterhealth.org/can-ai-help-scale-eye-screening-equitably/>
- 2024 Health Systems Creating Benchmark for Health Equity
<https://vitals.sutterhealth.org/health-systems-creating-benchmark-for-health-equity/>
Walking the Talk: Health System Leads Health Equity Improvement
<https://vitals.sutterhealth.org/walking-the-talk-health-system-leads-health-equity-improvement/>
- 2023 New Health Equity Nursing Fellowship Selects Inaugural Candidate
<https://vitals.sutterhealth.org/nations-first-health-equity-nursing-fellowship-selects-inaugural-candidate/>
How Existing Research Tools May Help or Hinder Health Equity
<https://vitals.sutterhealth.org/how-existing-research-tools-may-help-or-hinder-health-equity/>
Today's Research is Tomorrow's Best Medicine
<https://vitals.sutterhealth.org/todays-research-is-tomorrows-best-medicine/>
- 2022 Addressing Unconscious Bias in Healthcare: The Power of Partnerships
<https://vitals.sutterhealth.org/addressing-unconscious-bias-in-healthcare-the-power-of-partnerships/>
Health Equity Takes Center Stage at Recent Symposium
<https://vitals.sutterhealth.org/health-equity-takes-center-stage-at-recent-symposium/>
Study Uncovers How Medical Device Bias Could Lead to 5-Hour Delays in COVID-19 Treatment for Black Patients
<https://vitals.sutterhealth.org/study-uncovers-how-medical-device-bias-could-lead-to-5-hour-delays-in-covid-19-treatment-for-black-patients/>
Innovation Lab Dedicated to Maternal Health Equity Launches
<https://vitals.sutterhealth.org/innovation-lab-dedicated-to-maternal-health-equity-launches/>
Researchers Call for More Diversity in Clinical Trials
<https://vitals.sutterhealth.org/researchers-call-for-more-diversity-in-clinical-trials/>
Study: Hispanic Pregnant Patients More Likely to Contract COVID
<https://vitals.sutterhealth.org/new-research-bolsters-need-to-prioritize-vaccination-for-hispanic-patients-early-in-pregnancy/>
- 2021 How Data Is Driving Health Equity Work to Improve Healthcare for All
<https://vitals.sutterhealth.org/data-drives-health-equity-work/>
Nurses Play Special Role in Health Equity Efforts
<https://vitals.sutterhealth.org/nurses-play-special-role-in-health-equity-efforts/>
Equality vs. Equity: Do You Know the Difference?
<https://vitals.sutterhealth.org/equality-vs-equity-do-you-know-the-difference/>
Sutter Health Launches New Tool to Increase COVID-19 Vaccine Equity for Communities of Color
<https://vitals.sutterhealth.org/sutter-health-launches-new-tool-to-increase-covid-19-vaccine-equity-for-communities-of-color/>
Medical Record Data Potential Key to Unlocking Health Equity Barriers
<https://vitals.sutterhealth.org/medical-record-data-potential-key-to-unlocking-health-equity-barriers/>
Nurse Leader Trio Earns Awards from CA Association
<https://vitals.sutterhealth.org/nurse-leader-trio-earns-awards/>
COVID-19 Makes It Clear: Without Equity, There's No Cure
<https://vitals.sutterhealth.org/covid-19-makes-it-clear-without-equity-theres-no-cure/>
- 2020 Change Takes Root in East Oakland in Fight Against the Coronavirus
<https://vitals.sutterhealth.org/change-takes-root-in-fight-against-covid/>
Study Shines Light on COVID-19 Racial Disparities
<https://vitals.sutterhealth.org/study-shines-light-on-covid-19-racial-disparities/>
Moving Health Equity From a Buzzword to Reality
<https://vitals.sutterhealth.org/moving-health-equity-from-a-buzzword-to-reality/>
- 2019 AHA Equity of Care Award
<https://vitals.sutterhealth.org/aha-equity-of-care-award/>

SELECTED NEWS AND MEDIA

- 2024 Our work featured in Institute for Healthcare Improvement (IHI) blog [Defining the Gold Standard for Identifying and Measuring Health Disparities](#) (by Nikki Tennermann and Natalie Martinez)
- 2024 Centers for Medicare & Medicaid Services Health Equity Conference in Washington DC. Kristen Azar, RN, MSN/MPH, FAHA, Ph.D. (Sutter Health); Nikki Tennermann, LICSW, MBA (Institute for Healthcare Improvement); Rachel Harrington, PhD (National Committee for Quality Assurance); and Whitney

- Haggerson, MHA (Providence) presented on [*Gold Standard: Aligning on Best Practice for Measuring Health Inequities and the Impact of Efforts to Reduce Them Across the U.S. Health Care Industry.*](#)
- 2023 The Urban Institute featured Sutter Health's journey in implementing self-reported race ethnicity, ancestry and language data in their piece entitled [Using Race and Ethnicity Data to Advance Health Equity Examples, Promising Practices, Remaining Challenges, and Next Steps](#) by Cara V. James, Jennifer M. Haley, Eva H. Allen and Taylor Nelson
- 2023 The Sutter Health Institute for Advancing Health Equity (Dr. William Isenberg, Dr. Kristen Azar and Dr. Stephanie Brown) participated in [Modern Healthcare's Social Determinants of Health Symposium](#). This opportunity was two-fold, and included both a [pre-recorded video about the IAHE](#) and its work, as well as a [fireside chat with Modern Healthcare](#) health disparities reporter Kara Hartnett.
- 2023 **Politico.** [How a health equity tool might backfire](#) and **Modern Healthcare.** [CMS Tests Payment Models to Identify Underserved Communities](#). articles regarding our Health Affairs article "[ACO Benchmarks Based On Area Deprivation Index Mask Inequities](#)" **Azar KMJ, Alexander M, Smits K, Tio A, deGhetaldi L**
- 2023 Centers for Medicare & Medicaid Services (CMS) inaugural health equity conference, a two-day program in Washington, D.C. featuring the research and work of health equity leaders and government partners to address social determinants of health. Presented a session entitled [Measure What Matters: Examining Variation in Health Equity Tracking & Measurement Practices](#) and discussed variation in health equity tracking and measurement practices across healthcare systems in the U.S.
- 2022 [Axios](#) that highlights the FDA panel that met regarding the Pulse Oximeter bias issue and links to Sutter's press release highlighting the research from IAHE; Our paper was referenced in the FDA meeting documents
- 2022 Broadcast coverage in major Bay Area and Sacramento markets including [ABC 10](#) and [KRON 4](#) News which highlighted the Pulse Oximeter bias work
- 2022 Live interview on [CapRadio's Insight Show \(NPR\)](#) featuring Kristen M.J. Azar RN MSN/MPH and Noha Aboelata, M.D., CEO, Roots Community Health Center regarding Pulse Oximeter Device Bias
- 2022 Leon Clark, Kristen M.J. Azar, **Politico.** [Health equity must reshape post-pandemic health care](#)
- 2021 After the Fact Podcast. Race and Research: The Gaps in Health. **Pew Charitable Trusts.** [Race and Research: The Gaps in Health](#) explaining how using electronic health record information and data collection can address health disparities and translate to bedside care
- 2021 Jackie Drees. Sutter Health looks to close vaccine gaps with new 'equity targets' patient data tool. **Becker's Hospital Review.** July 13, 2021. [Sutter Health looks to close vaccine gaps with new 'equity targets' patient data tool](#)
- 2020 Godoy M. Black Medicare Patients with COVID-19 Nearly 4 Times As Likely To End Up In Hospital. **National Public Radio (NPR).** June 22, 2020. [Medicare Patients with COVID-19 Nearly 4 Times As Likely To End Up In Hospital](#)
- 2020 Crespo G. African Americans with Covid-19 more likely to be hospitalized than non-Hispanic whites, new study finds. **CNN.** May 21, 2020. [African Americans with Covid-19 more likely to be hospitalized than non-Hispanic whites, new study finds](#)
- 2020 Rabin R. Black Coronavirus Patients Land in Hospitals More Often, Study Finds. **New York Times.** May 23, 2020. <https://www.nytimes.com/2020/05/23/health/coronavirus-black-patients.html>

PROFESSIONAL ACTIVITIES

National Institutes of Health (NIH) Service

Feb 2019	Invited member, Special Emphasis Panel on Pragmatic Research in Healthcare and Natural Experiments (R18/R34), National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health
March 2018	Invited member, Special Emphasis Panel on Pragmatic Research in Healthcare and Natural Experiments (R18/R34), National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health
Feb 2018	Invited member, Special Emphasis Panel on Pragmatic Research and Natural Experiments (R18/R34), National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health

Ad Hoc Journal Reviews

- American Public Health Association
- Journal of Cardiovascular Nursing
- American Journal of Managed Care
- Journal of the American Board of Family Medicine
- Journal of Medical Internet Research
- Translational Behavioral Medicine
- Journal of the American Medical Association-Internal Medicine
- International Journal of Obesity
- American Journal of Epidemiology

PROFESSIONAL ORGANIZATIONS

Elected Professional Society Fellowships

2018- PRESENT American Heart Association (FAHA)

Professional Society Memberships

2025 – PRESENT National Association for Healthcare Quality
2022 – PRESENT Leadership Alliance Member
Institute for Healthcare Improvement
2010 – PRESENT Member, American Heart Association
2007 – PRESENT Member, American Public Health Association
2009-2013 Member, National Lipid Association
2009-2015 Member, Preventive Cardiology Nurses Association

Committee Membership

2023 – PRESENT EPI/CVSN Scientific Committee, Invited Member
American Heart Association
2021 – 2025 Health Equity Network Advisory Committee, Invited Member
Vizient
2022 – 2023 Sutter Medicare Direct Board, Member
Sutter Health
2021- 2023 Health Equity Committee
Integrated Healthcare Association
2010-2011 Chronic Care Task Force, Member
Palo Alto Medical Foundation
2009-2015 Organizational Cultural Competence Committee, Founding Member

Palo Alto Medical Foundation

TEACHING EXPERIENCE

2025	Instructor, Designing Clinical Research (DCR) University of California San Francisco, School of Medicine
2022, 2024, 2025	Guest Lecturer, Healthcare Policy, University of California Berkeley School of Public Health
2023	Co-Director, Epidemiology and Translational Science Doctoral Seminar, University of California San Francisco, School of Medicine
2021	Biostatistical Methods for Clinical Research IV (Biostatistics 210) Graduate Student Instructor University of California San Francisco, School of Medicine
2015	Stanford Health for All (H4A) Fellowship Program Co-Instructor Stanford University School of Medicine

MENTEES

Irene Arroyo- Romero- Mentored as our inaugural Samuel Merritt DNP fellow with the Sutter Health Institute for Advancing Health Equity and Samuel Merritt University in 2023-2024

Hallie Roth - Mentored as a UC Berkeley MPH fellow with the Sutter Health Institute for Advancing Health Equity in 2021-2023

Andres Gonzalez - Mentored as a UC Berkeley MPH fellow with the Sutter Health Institute for Advancing Health Equity in 2021-2023

Rachel Berkowitz DrPH MPH – Mentored as a UC Berkeley post-doctoral fellow with the Sutter Health Institute for Advancing Health Equity in 2020-2021; Is now Assistant Professor, Department of Public Health and Recreation, San José State University

Linh Bui PhD MPH - Mentored as a UC Berkeley post-doctoral fellow with the Sutter Health Institute for Advancing Health Equity in 2020-2021; Is now Assistant Professor of Public Health, Department of Nursing, Cal State Bakersfield

PERSONAL

Musician and proud mother of three amazing boys.