

The Power of Read-Aloud: Why 15 Minutes a Day Changes Everything

If you've ever tried reading aloud while someone interrupts to ask for a snack, a bathroom break, and a completely unrelated dinosaur question, you're not alone. But here's the beautiful truth: those small, slightly chaotic moments are shaping hearts and minds in powerful ways.

Why Read-Aloud Time Matters

- Children who are read to regularly hear significantly more vocabulary before kindergarten.
- Listening to stories builds empathy by helping children see the world through someone else's eyes.
- Reading aloud strengthens attention span and listening skills.
- Faith-based stories open the door for meaningful conversations about character and values.

How to Make Read-Aloud Time Easier

- Keep it short and consistent. Even 10–15 minutes makes a difference.
- Use character voices. Yes, even if they're dramatic.
- Ask simple questions: What would you have done? How do you think they felt?
- Let kids draw a picture afterward to reinforce the lesson.

Reflection Questions for Families & Classrooms

- What was your favorite part of the story?
- Did any character remind you of yourself?
- What lesson did we learn?
- How can we apply this lesson this week?

Reading aloud isn't about perfection. It's about presence. A warm lap, a cozy couch, a classroom carpet circle — these are the places where character is formed and memories are made.