

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6 PM Zumba with Nicky w/ Zumba Nicky, \$10	2 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	3 6:00 PM Kundalini Yoga w/ Sangeeta Kaur, \$15	4 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	5	6 5:30 PM Zumba w/ Nicky, \$10
7	8 6 PM Zumba with Nicky w/ Zumba Nicky, \$10	9 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	10 6:00 PM Kundalini Yoga w/ Sangeeta Kaur, \$15	11 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	12 6:00 PM Sound Immersive Experience & Reiki with Laura & Susan w/ Laura Zwynenburg, \$35	13 5:30 PM Zumba w/ Nicky, \$10
14	15 6 PM Zumba with Nicky w/ Zumba Nicky, \$10	16 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	17 6:00 PM Kundalini Yoga w/ Sangeeta Kaur, \$15	18 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	19	20 5:30 PM Zumba w/ Nicky, \$10
21	22 6 PM Zumba with Nicky w/ Zumba Nicky, \$10	23 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	24 6:00 PM Kundalini Yoga w/ Sangeeta Kaur, \$15	25 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	26 6:00 PM Sound Immersive Experience & Reiki w/ Laura Zwynenburg & Susan Havens, \$35	27 9:00 AM Reiki I Attunement w/ Susan J Havens, \$150 5:30 PM Zumba With w/ Nicky, \$10
28 12:00 PM Reiki I Attunement w/ Susan J Havens, \$150	29	30 9:30 AM Easy Morning Movement for Flexibility w/ Jim Zwynenburg, \$10	“June is the time for being in the world in new ways, for throwing off the cold and dark spots of life.” — Joan D. Chittister			