

Fabulous Forty Challenges

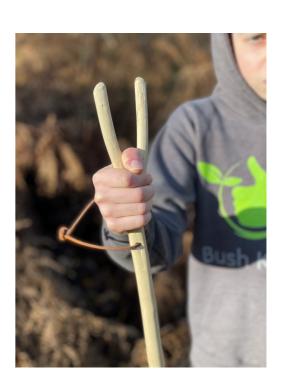
RANGER LOG BOOK

Name

	Completed challenges (email log book to bushkiddz@outlook.com)	Tick Done	Date	Acknowledgement and recognition
	First 10 completed			
	Second 10 competed			
Ĭ	Third 10 completed			
	Final 10 completed			







	Challenge Title	Details	Tick Done	Date	Evidence (link to photo or social media etc)
Safety	Basic first aid kit	The Ranger will be able to carry and use a first aid kit			
	Knife safety	The Ranger will understand and demonstrate knife safety and use.			
	Using a folding Saw	The Ranger will understand and demonstrate safety and use of a folding saw.			
	Knife Law	The Ranger will understand the law for owning and having a knife.			
	Compile your survival kit	The Ranger will be bring together the resources to build out a survival kit.			
	Signalling for help	The Ranger will know how to signal for help when necessary.			
	Getting out in the wet - dry	The Ranger will be happy to go outside in the rain whilst staying dry.			

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Nature Salary	Ten toptastic trees	The Ranger will be able to identify and name ten trees.			
	Five things to avoid	The Ranger will be able to identify and avoid 5 dangerous plants and funghi.			
	The Country Code	The Ranger will understand and respect the Country code.			
	Identifying animal tracks	The Ranger will be able to find and identify the animals that have left tracks.			

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	A belter of a Tarp shelter	The Ranger will be able to build a shelter using a tarpaulin in a number of configurations			
	The 4 hard knock knots	The Ranger will understand and be able to demonstrate the use of 4 core bushcraft knots			
	Make a walking stick	The Ranger will be able to identify and safely make a walking stick - well a stick that will be many things I am sure!			
X	Making a paracord bracelet	The Ranger will be able to carry a length of emergency paracord by making a bracelet			
	Camping out for the night	The Ranger will be brave enough to spend a night out camping.			
$A \triangle N$	Wonderful wool blanket	The Ranger will be able to able to use a wool blanket in 5 useful ways.			
	Making a catapult	The Ranger will be able to gather the resources and make a catapult.			
	Making a tent peg	The Ranger will be able to make a tent peg safely.			
	Keeping good hygiene	The Ranger will understand and demonstrate good camp personal hygiene.			
	Natural Shelter	The Ranger will be able to make a shelter out of natural materials.			

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Fire Skills	Strike a light	The Ranger will be able to demonstrate the use of a ferrocerrium rod to start a fire.			
	Sustain a fire	The Ranger will be able to keep a fire going for 10 mins after it has been lit.			

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Navigation	Using a compass	The Ranger will be able to demonstrate using a compass to find their way.			
	Natural Navigation - by the stars	The Ranger will be able to identify a north direction by using the stars.			
	Using a Sun stick	The Ranger will be able to identify a north direction by using the sun stick method.			
	Find South and north with a wristwatch	The Ranger will be able to find a South Direction by using a traditional analogue wristwatch.			
	Making a Map	The Ranger will construct a map to show where they have been.			

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Food and Drink	Mallow Madness	The Ranger will be able will be able to roast marshmallows over a fire			
	Banana chocolate	The Ranger will be able to cook Banana's and chocolate in foil in the fire or barbecue.			
	Do a brew	The Ranger will be able to make a hot drink for themselves and others.			
	Popping Pop Corn	The Ranger will be able to cook pop corn over an open fire or barbecue.			
	Damper bread	The Ranger will be able to mix and make damper bread over an open fire or barbecue.			
	Foraged Tea - Nettle or pine needle	The Ranger will demonstrate how to gather resources to make Nettle or Pine tea.			
	Cooking on gas!	The Ranger will be able to cook a simple meal over a gas stove.			
	Five Foraged Foods	The Ranger will be able to identify safely and positively 5 wild edibles.			
	Water water everywhere!	The Ranger will be able to understand how to gather water and make it safe to drink.			
	Baked potato saved my life!	The Ranger will be able to make a delicious baked potato over and open fire or barbecue.			