



Bush Kiddz Schools Ranger Programme



ENCOURAGE, SUPPORT & INSPIRE

with Bushcraft, Wilderness & Survival Skills

- In School experiential outdoor provision
- Making the most of your outdoor spaces
- Teaching traditional, primitive and life skills
- Connecting with our ancestral heritage
- Appreciating nature and building resilience
- Challenge based achievement, earning badges.

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Six core skills areas

- SAFETY
- FIRE
- NATURE
- FOOD & DRINK
- NAVIGATION
- CAMP CRAFT

In school provision

- After School Clubs
- Full Day Provision
- Termly Provision

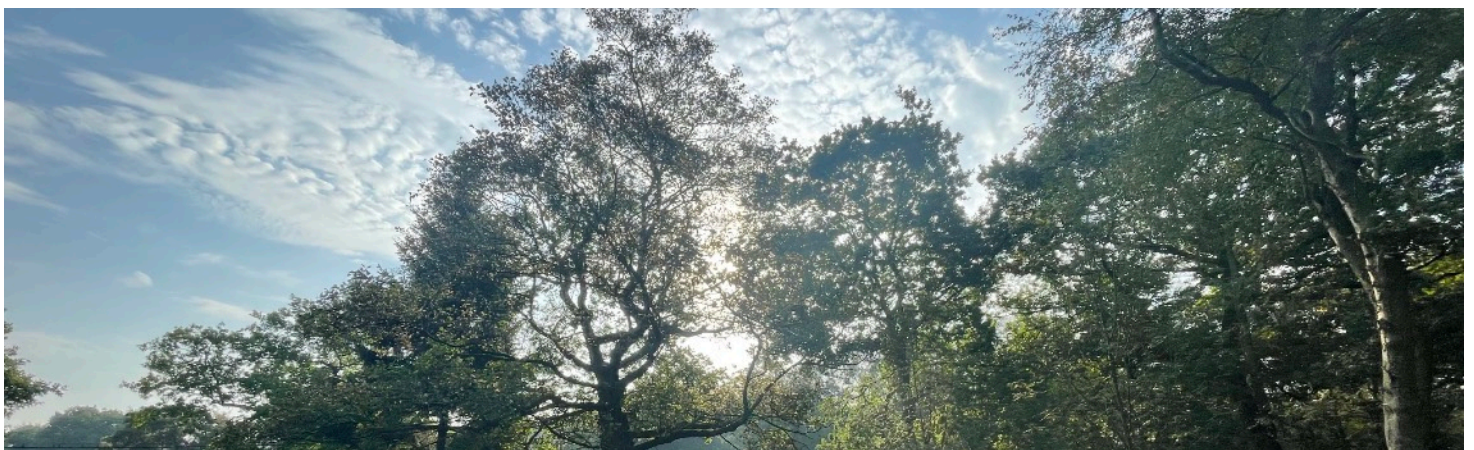
Incorporating bushcraft into school programmes can significantly enhance students' personal growth and development, providing them with skills and experiences that will benefit them throughout their lives.

Bushcraft activities offer numerous benefits for schools, providing students with valuable skills and experiences. Here are some key advantages:

1. **Problem-Solving Skills:** Engaging in bushcraft activities encourages students to think critically and solve real-life problems.
2. **Teamwork and Collaboration:** Bushcraft inherently fosters teamwork. Students learn to communicate effectively, share responsibilities, and work together to achieve common goals, such as constructing a shelter or starting a fire.
3. **Resilience and Self-Confidence:** Facing and overcoming challenges in the wild helps students build resilience and boosts their self-confidence. They learn to stay calm, assess risks, and persevere through difficulties.
4. **Environmental Awareness:** Bushcraft activities cultivate a deeper connection with nature and a greater sense of responsibility towards the environment. Students learn about conservation and sustainable practices, becoming stewards of the natural world.
5. **Physical and Mental Well-Being:** Being outdoors and engaging in physical activities improves students' overall health. It enhances cardiovascular fitness, reduces stress, improves focus, and boosts mood.
6. **Life Skills:** Bushcraft teaches essential life skills such as navigation, fire-making, and foraging. These skills are not only practical but also instil a sense of independence and self-reliance.
7. **Adventure and Fun:** Bushcraft provides a sense of adventure and fun, making learning enjoyable and memorable. It helps students develop a love for the outdoors and a spirit of exploration.

“Specifically, benefits have been documented in relation to psychological wellbeing and mental health, self-efficacy, and behaviour. Adventure experiences offer exposure to uncertainty and fear, contact with nature, opportunity for physical challenge and social connection”

Burdette, H., & Whitaker, R. (2005). Adventure Mind - Evidence summary – the benefits of adventure for children





"Nature-specific outdoor learning has measurable socio-emotional, academic and wellbeing benefits, and should be incorporated into every child's school experience with reference to their local context"

Mann, J., Gray, T., Truong, S., Brymer, E., Passy, R., Ho, S., Sahlberg, P., Ward, K., Bentsen, P., & Curry, C. (2022). Getting Out of the Classroom and Into Nature: A Systematic Review of Nature-Specific Outdoor Learning on School Children's Learning and Development. *Frontiers in Public Health*, 10, 877058. <https://doi.org/10.3389/fpubh.2022.877058>

Ranger skills challenges are categorised as;



SAFETY

Care of yourself and others. Basic First Aid. Evaluating risks. Survival priorities. Emergency Procedures and calling for help.



NAVIGATION

Navigation using natural indicators. Cartography. Using the compass. Orienteering practices.



FIRE

The origins of fire. Science of combustion. Fire Safety and uses. How our ancestors created and sustained fire.



FOOD & DRINK

What our bodies need. The importance of water and the water cycle. Sourcing and foraging food like our ancestors. Campfire cooking.



NATURE

The countryside code. Plant and Tree I.D. Signs of nature. Seasonal changes. Sustainability Responsible use of resources.



CAMPCRAFT

The importance of shelter from weather. Natural Cordage and useful knots. Using and Making useful tools.



Beginner Level I



Intermediate Level II



Advanced Level III



In school provision
includes;



Term provision



Full day provision



After school clubs

We would love to
hear from you!

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