

One Week Career Reboot Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Concept</i>	<i>Retrospective</i>	<i>Snapshot</i>	<i>Reflect</i>	<i>Arrange</i>	<i>Focus</i>
Elements	Past Jobs Contacts Training, conferences, networking, groups Highs and Lows	Activity People, Forums, Places Interests, subscriptions, books, influencers Strengths and Weaknesses	Who, what do you admire? Who are you like? Where did you best belong? Research time-box	Candidates, chunks, buckets - Write bullet points - Spread articles, certifications, thoughts on the table - Draw a prism of paths	Possible outcomes - Expand what I'm doing - Time for a 'side hustle' - New game
<i>Verb</i>	<i>Review</i>	<i>Assess</i>	<i>Collect</i>	<i>Sort</i>	<i>Choose</i>
Quotes	"That's right too" "I was always good at that"	"I'm glad I'm involved with ..." "I need to deal with ..."	"I could ..." "I should ..."	"What fit" "What could I put my shoulder to" "What's practical"	"I'm starting with ..." "To do that I would need to ..."
Mapped to samples of our career consulting artifacts and steps					
	Personal History Assessment	Role deconstruction	Forecasts Emerging jobs, hybrids	Brainstorming Career Activities Mix	Time phased tracks plan [90, 180, 360 day]