

August 2018 MEALS

Suggested \$5 donation

Reservations required - call 863-3982 or stop by the front desk

Monday	Tuesday RSVP by Thursday 9:30am	Wednesday RSVP by Thursday 1:00pm	Thursday RSVP by Monday 9:30am	Friday
		1 Broccoli & cheese quiche, green beans with red pepper, wheat bread, watermelon and cantaloupe tidbits	2 Chicken breast with tarragon sauce, spinach, mashed cauliflower, wheat roll, pumpkin custard	
	7 Sliced pork loin with cider sauce, mashed potatoes, brussel sprouts, wheat roll, applesauce	8 Sliced turkey in gravy, home fries, California blend vegetables, wheat roll, pumpkin pudding with cream	9 Pot roast, mashed potatoes, peas and mushrooms, oatmeal bread, pineapple upside down cake with cream	
	14 Birthday Lunch Bagel Café's BLT or egg salad sandwich, pasta salad, and birthday cake. \$5, or free for those celebrating their birthday this month	15 Baked penne pasta with ground beef and mozzarella cheese, coleslaw with pineapple and carrots, wheat bread, cantaloupe	16 Volunteer Appreciation Luncheon - \$7 or free for volunteers. Chicken Charlie's Flame-grilled chicken tenders, mashed potatoes, and coleslaw. or Vegetarian option: Greek salad and their homemade mac-n-cheese. <i>And a fun dessert for all!</i>	
	21 Chicken and biscuit, red mashed potatoes, mixed beans, strawberry cake	22 Shepherd's pie with corn, mashed potatoes, diced carrots, wheat roll, oatmeal raisin cookie	23 BBQ chicken thigh, mashed sweet potatoes, baked beans, wheat bread, apple crisp with topping	
	28 Roast turkey, mashed potatoes with cheddar, baby carrots, cranberry sauce, wheat bread, date bar	29 Italian chicken breast with parsley, sweet potatoes, California mixed vegetables, wheat roll, large pumpkin cookie	30 BBQ meatloaf, mashed potatoes, green beans, wheat roll, blueberry cupcakes	