

## August 2018 MEALS

Suggested \$5 donation

**Reservations required** - call 863-3982 or stop by the front desk

Monday	Tuesday RSVP by Thursday 9:30am	Wednesday RSVP by Thursday 1:00pm	Thursday RSVP by Monday 9:30am	Friday
		<b>1</b> Broccoli & cheese quiche, green beans with red pepper, wheat bread, watermelon and cantaloupe tidbits	<b>2</b> Chicken breast with tarragon sauce, spinach, mashed cauliflower, wheat roll, pumpkin custard	
	<b>7</b> Sliced pork loin with cider sauce, mashed potatoes, brussel sprouts, wheat roll, applesauce	<b>8</b> Sliced turkey in gravy, home fries, California blend vegetables, wheat roll, pumpkin pudding with cream	<b>9</b> Pot roast, mashed potatoes, peas and mushrooms, oatmeal bread, pineapple upside down cake with cream	
	<b>14</b> <b>Birthday Lunch</b> Bagel Café's BLT or egg salad sandwich, pasta salad, and birthday cake.  <b>\$5, or free for those celebrating their birthday this month</b>	<b>15</b> Baked penne pasta with ground beef and mozzarella cheese, coleslaw with pineapple and carrots, wheat bread, cantaloupe	<b>16</b> <b>Volunteer Appreciation Luncheon - \$7 or free for volunteers.</b> <b>Chicken Charlie's</b> Flame-grilled chicken tenders, mashed potatoes, and coleslaw. <b>or</b> <b>Vegetarian option:</b> Greek salad and their homemade mac-n-cheese. <i>And a fun dessert for all!</i>	
	<b>21</b> Chicken and biscuit, red mashed potatoes, mixed beans, strawberry cake	<b>22</b> Shepherd's pie with corn, mashed potatoes, diced carrots, wheat roll, oatmeal raisin cookie	<b>23</b> BBQ chicken thigh, mashed sweet potatoes, baked beans, wheat bread, apple crisp with topping	
	<b>28</b> Roast turkey, mashed potatoes with cheddar, baby carrots, cranberry sauce, wheat bread, date bar	<b>29</b> Italian chicken breast with parsley, sweet potatoes, California mixed vegetables, wheat roll, large pumpkin cookie	<b>30</b> BBQ meatloaf, mashed potatoes, green beans, wheat roll, blueberry cupcakes	