



Walk of Ages

COMMUNITY • FITNESS • FUN

Saturday, May 22, 2021
Heineberg Community
Senior Center

Registration @ 1:00 pm

Walking @ 2:00 pm

REGISTER

As a team or individual, then collect pledges...

ONLINE

Create your own fundraising page at walkofagesvt.org

or

IN PERSON

Pick up a hard copy pledge sheet at our Center
 (or download from our website)

The walk will be a 1-mile loop around our neighborhood.
Walkers choose how many miles/loops they do.

This year's Walk is in memory of our dear friend and participant, Arlene Woods. In addition to the walk, we'll have tables spaced outside for everyone to create a piece of our mural. Bring your family or come as part of our Heineberg family and enjoy what Arlene cherished most... **family and art!**

Free Walk t-shirt for anyone raising over \$100!



Thank you for participating in our Walk of Ages 2021 fundraiser to help reduce isolation and support positive, active aging throughout our community. Donations will go directly to the many free programs and services offered to the public (50+) by the Heineberg Community Senior Center.



Heineberg

Community Senior Center

An independent non-profit, open to all

ph 802.863.3982

14 Heineberg Road, Burlington

www.heinebergcsc.org

Attendees will be asked to wear masks while walking around our grounds.