

MARCH 2025

Activities marked \$\$ have a fee
 Unmarked activities by DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Craft & Mend 3 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:15 Foot Clinic 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 4 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 5 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 6 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 12:00 Mindfulness w/Julia 1:00 Bridge 1:00 Bone Builders	7 AARP Tax-Aide Appointment Required
10:00 Winter Farm Share 10 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 11 11:00 NO Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 12 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 13 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 12:00 NO Mindfulness 1:00 Bridge 1:00 Bone Builders 1:00 Trail Walk	14 AARP Tax-Aide Appointment Required
10:00 Craft & Mend 17 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:15 Foot Clinic 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 18 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 19 10:00 Board Games 11:30 Free Lunch with Birthday Cake 12:30 Bingo	10:00 Free Groceries 20 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 12:00 Mindfulness w/Julia 1:00 Bridge 1:00 Bone Builders	21 AARP Tax-Aide Appointment Required
10:00 Winter Farm Share 24 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1 1:15 Delta Park Trail Walk	10:00 Bone Builders 25 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 26 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 27 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 10:30 Crockpot Class 11:00 Cribbage 12:00 Mindfulness w/Julia 1:00 Bridge 1:00 Bone Builders	28 AARP Tax-Aide Appointment Required
10:00 Craft & Mend 31 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:15 Foot Clinic 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	APRIL 1st PALMERS SUGARHOUSE TRIP Signup by March 13th with Colleen	Trail Walk, Ethan Allen Homestead Thursday March 13 Van leaves 1:00pm Guide: Mike Shanks Yak Traks & Trekking Poles Available	Delta Park Trail Walk Monday March 24 Van leaves 1:15pm Yak Traks & Trekking Poles Available	Crockpot Class Thursday March 27 10:30 Recipe: White Bean Soup