

# APRIL 2025

Activities marked \$\$ have a fee  
 Unmarked activities by DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Saturday, April 5:</b>  <b>BCA-sponsored</b>  <b>creative art</b>  <b>workshop, all ages.</b>  <b>9-11 am</b></p>	<p>10:00 Bone Builders <sup>1</sup>                      11:00 Creative Arts                      12:00 <b>Palmers Trip</b>                      12:30 Bingo                      1:30 Bone Builders</p>	<p><sup>2</sup>                      9:00 <b>BOARD MEETING</b>                      10:00 Yoga with Ilse                      10:00 Board Games                      11:30 <b>Free Lunch</b>                      12:30 Bingo</p>	<p>10:00 <b>Free Groceries</b> <sup>3</sup>                      10:00 Coffee/Convo                      10:15 Yoga with Jill \$\$                      11:00 Cribbage                      12:00 Mindfulness w/Julia                      1:00 Bridge                      1:00 Bone Builders</p>	<p>AARP Tax-Aide <sup>4</sup>                      Appointment Required  <b>FRIDAY April 4</b>  <b>Seed Planting 10 am</b>  <b>SATURDAY April 5</b>  <b>BCA workshop 9 am</b></p>
<p>10:00 <b>Winter Farm Share</b> <sup>7</sup>                      10:00 Craft &amp; Mend                      11:00 Yoga with Jill \$\$                      11:30 <b>Free Lunch</b>                      12:15 <b>Foot Clinic</b>                      12:30 Adult Coloring                      12:30 Mahjong</p>	<p><sup>8</sup>                      10:00 <b>NO</b> Bone Builders                      11:00 Creative Arts                      12:30 Bingo                      1:30 Bone Builders</p>	<p><sup>9</sup>                      10:00 Yoga with Ilse                      10:00 Board Games                      11:30 <b>Free Lunch</b>                      12:30 Bingo</p>	<p>10:00 <b>Free Groceries</b> <sup>10</sup>                      10:00 Coffee/Convo                      10:15 Yoga with Jill \$\$  <b>10:30 Crockpot Class</b>                      11:00 Cribbage                      12:00 Mindfulness w/Julia                      1:00 Bridge                      1:00 Bone Builders</p>	<p><sup>11</sup>                      AARP Tax-Aide                      Appointment Required</p>
<p>10:00 Craft &amp; Mend <sup>14</sup>                      11:00 Yoga with Jill \$\$                      11:30 <b>Free Lunch</b>                      12:30 Adult Coloring                      12:30 Mahjong                      1:00 Tai Chi 1</p>	<p><sup>15</sup>                      10:00 Bone Builders                      11:00 Creative Arts                      12:30 Bingo                      1:30 Bone Builders</p>	<p>10:00 Yoga with Ilse <sup>16</sup>                      10:00 Board Games                      11:30 <b>Free Lunch w/</b>  <b>Birthday Cake</b>                      12:30 Bingo                      1:00 <b>VT Ethics Network,</b>  <b>Advanced Care Planning</b></p>	<p>10:00 <b>Free Groceries</b> <sup>17</sup>                      10:00 Coffee/Convo                      10:15 Yoga with Jill \$\$  <b>10:30 Crockpot Class</b>                      11:00 Cribbage                      12:00 Mindfulness w/Julia                      1:00 Bridge                      1:00 Bone Builders</p>	<p><sup>18</sup>  <b>SATURDAY April 19</b>                      NNE Celebration                      Sponsored by                      PlanBTV</p>
<p>10:00 <b>Winter Farm Share</b> <sup>21</sup>                      10:00 Craft &amp; Mend                      11:00 Yoga with Jill \$\$                      11:30 <b>Free Lunch</b>                      12:15 <b>Foot Clinic</b>                      12:30 Adult Coloring                      12:30 Mahjong                      1:15 <b>Delta Park Trail Walk</b></p>	<p><sup>22</sup>                      10:00 Bone Builders                      11:00 Creative Arts                      12:30 Bingo                      1:30 Bone Builders</p>	<p><sup>23</sup>                      10:00 Yoga with Ilse                      10:00 Board Games                      11:30 <b>Free Lunch</b>                      12:30 Bingo</p>	<p>10:00 <b>Free Groceries</b> <sup>24</sup>                      10:00 Coffee/Convo                      10:15 Yoga with Jill \$\$  <b>10:30 Crockpot Class</b>                      11:00 Cribbage                      12:00 Mindfulness w/Julia                      1:00 Bridge                      1:00 Bone Builders</p>	<p><b>Tai Chi 1</b> <sup>25</sup>                      Begins today and                      future Fridays                      at 10:30</p>
<p>10:00 Craft &amp; Mend <sup>28</sup>                      11:00 Yoga with Jill \$\$                      11:30 <b>Free Lunch</b>                      12:30 Adult Coloring                      12:30 Mahjong                      1:00 Tai Chi 1</p>	<p><sup>29</sup>                      10:00 Bone Builders                      11:00 Creative Arts                      12:30 Bingo                      1:30 Bone Builders</p>	<p><sup>30</sup>                      10:00 Yoga with Ilse                      10:00 Board Games                      11:30 <b>Free Lunch</b>                      12:30 Bingo</p>	<p><b>Julia</b>  <b>Our UVM Intern's</b>  <b>Last Day</b>  <b>May 1</b></p>	