Heineberg Community Senior Center 14 Heineberg Road, Burlington (802) 863-3982 www.heinebergcsc.org

MAY 2025

Activities marked \$\$ have a fee Unmarked activities by DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Walk of Ages Saturday May 17 10AM - Noon	Shelburne Museum Trip Saturday May 10 Van Leaving 10:30	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 12:00 Mindfulness w/Julia 1:00 Bridge 1:00 Bone Builders	10:30 TAI CHI 1
Last Farm Share for May5 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:30 TAI CHI 1 Saturday May 10 10:30AM - 1:00PM Shelburne Museum
12 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Alzheimers Assoc. Presentation 12:30 Bingo	10:00 Free Groceries 15 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 12:00 Horsford Nursery 1:00 Bridge 1:00 Bone Builders	10:30 TAI CHI 1 16 Saturday May 17 10AM - Noon Walk of Ages
19 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 Bone Builders 11:00 NO Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:30 TAI CHI 1
CLOSED 26	10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	30 10:30 TAI CHI 1