Heineberg Community Senior Center 14 Heineberg Road, Burlington (802) 863-3982 www.heinebergcsc.org

OCTOBER 2025

Activities marked \$\$ have a fee Unmarked activities by DONATION

Monday	Tuesday	Wednesday	Thursday	Friday
Getting to Know You Potluck Lunch Tuesday October 7	Art & Design from Nature Leaf Collage Class, \$13.00 Thursday October 30	1 10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 2 10:15 Yoga with Jill \$\$ 11:00 Cribbage 11:30 Mindfulness 1:00 Bridge 1:00 Bone Builders	3 10:30 Tai Chi 1
10:00 Craft & Mend 10:30 Tech Support 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 FARM SHARE 10:00 Bone Builders 11:30 Pot Luck Lunch 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 9 10:15 Yoga with Jill \$\$ 11:00 Cribbage 11:30 Mindfulness 1:00 Bridge 1:00 Bone Builders	10:30 Tai Chi 1 11:00 Shelburne Orchards Apple Picking \$2.00
10:00 Craft & Mend 10:30 Tech Support 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 FARM SHARE 10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch - Birthday 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 16 10:15 Yoga with Jill \$\$ 11:00 Cribbage 11:30 Mindfulness 1:00 Bridge 1:00 Bone Builders	17 10:30 Tai Chi 1
10:00 Craft & Mend 10:30 Tech Support 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	10:00 FARM SHARE 10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 23 10:15 Yoga with Jill \$\$ 11:00 Cribbage 11:30 Mindfulness 1:00 Bridge 1:00 Bone Builders	24 10:30 Tai Chi 1
10:00 Craft & Mend 10:30 Tech Support 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 Tai Chi 1	NO FARM SHARE 10:00 Bone Builders 11:00 Creative Arts 12:30 Bingo 1:30 Bone Builders	10:00 Yoga with Ilse 10:00 Board Games 11:30 Free Lunch 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 30 10:15 Yoga with Jill \$\$ 11:00 Cribbage 11:30 Mindfulness 1:00 Bridge 1:00 Bone Builders 2:00 Leaf Collage Class	Shelburne Orchards Friday October 10 Bring Picnic Lunch Available to purchase: Apples, Donuts, Cider and Pumpkins