

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00 Novice Tai Chi 10:00 Farm Share 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>4</p> <p>12:30 Bingo</p> <p>1:00 Bone Builders - <b>moving to 10 am next week!</b></p>	<p>5</p> <p>10:30 Meals pick-up</p> <p>9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>6</p> <p>10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>7</p> <p><b>AARP Tax Prep</b> 10:00 - 2:00</p> <p>10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>10</p> <p>10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>11</p> <p>10:00 Bone Builders</p> <p>11:30 <b>Birthday Lunch!</b></p> <p>1:00 Bingo</p> 	<p>12</p> <p><b>9-10:30 Board Meeting</b></p> <p>10:30 Meals pick-up</p> <p>9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>13</p> <p>10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders 2:00 <b>Recycling Workshop</b></p>	<p>14</p> <p>10:00 Novice Tai Chi 11:00 Advanced Tai Chi</p> <p>10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>17</p> <p>10:00 Novice Tai Chi 10:00 Farm Share 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>18</p> <p>9:45-12 <b>Hearing Screenings by appt.</b></p> <p>10:00 Bone Builders 11:30-12:30 <b>Kerry - restaurant tickets</b> 12:30 Bingo</p>	<p>19</p> <p>10:30 Meals pick-up</p> <p>9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>20</p> <p>10:00 Free Groceries 10:15 <b>NO YOGA</b> 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>21</p> <p>10:00 Novice Tai Chi 11:00 Advanced Tai Chi</p> <p>10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>24</p> <p>10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 <b>NO YOGA</b> 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>25</p> <p>10:00-11:30 <b>Heineberg Antique Road Show!</b> appointment required, observers welcome.</p> <p>10:00 Bone Builders 12:30 Bingo</p>	<p>26</p> <p>10:30 Meals pick-up</p> <p>9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>27</p> <p>10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>28</p> <p>10:00 Novice Tai Chi 11:00 Advanced Tai Chi</p> <p>10:15 Support Group Call (802) 497-0723 to pre-register</p>