

April 2024

Activities marked \$\$ have a fee
 Unmarked activities are FREE

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Tai Chi 1 ¹ 10:00 Farm Share 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	² 10:00 Bone Builders 12:30 Bingo	³ 9-10:30 Board Meeting 10-11:30 Meal pick-up 10:00 Yoga with Ilse 11:30 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	⁴ 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 NO Cribbage 1:00 Bridge 1:00 Bone Builders	⁵ 10:15 Peer Support Group: to sign up call Jean at 802-497-0723 AARP Tax Aide *Appointment Required
⁸ 10:00 Tai Chi 1 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 2:00-4:00 ECLIPSE Viewing Party	⁹ 10:00 Bone Builders 12:30 Bingo	¹⁰ 10-11:30 Meal pick-up 10:00 Yoga with Ilse 11:30 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	¹¹ 10:00 Free Groceries 10:15 NO Class Yoga 10:00 Coffee/Convo 11:00 NO Cribbage 1:00 Bridge 1:00 Bone Builders	¹² 10:15 Peer Support Group: to sign up call Jean at 802-497-0723 10:30 Tai Chi 1 11:30 Tai Chi 2
¹⁵ 10:00 Tai Chi 1 10:00 Farm Share 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	¹⁶ 10:00 Bone Builders 11:30 BIRTHDAY Lunch 12:30 Bingo	¹⁷ 10-11:30 Meal pick-up 10:00 Yoga with Ilse 11:30 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	¹⁸ 10:00 Free Groceries 10:15 NO Class Yoga 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	¹⁹ 10:15 Peer Support Group: to sign up call Jean at 802-497-0723 10:30 Tai Chi 1 11:30 Tai Chi 2
²² 10:00 Tai Chi 1 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30-1:30 KERRY REST. TIX. 12:30 Adult Coloring 12:30 Mahjong 1:00 Violin Concert with Laura Markowitz	²³ 10:00 Bone Builders 12:30 Bingo	²⁴ 10-11:30 Meal pick-up 10:00 Yoga with Ilse 11:30 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing 10:00 Coffee w/ Councilor Sarah Carpenter	²⁵ 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	²⁶ 10:15 Peer Support Group: to sign up call Jean at 802-497-0723 10:30 Tai Chi 1 11:30 Tai Chi 2
²⁹ 10:00 Tai Chi 1 10:00 Farm Share 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	³⁰ 10:00 Bone Builders 12:30 Bingo	KERRY Restaurant Tickets 12:30-1:30 Monday, April 22	VIOLIN CONCERT Monday April 22 at 1pm Laura Markowitz Of VSO 	9:00 YARD CLEANUP Saturday APRIL 27th if canceled due to weather Sunday April 28th