



Monday	Tuesday	Wednesday	Thursday	Friday
<p>FREE Farm Share Produce, Feb. 6 and Feb. 20 Downstairs</p>	<p>Birthday lunches are back! Feb. 14, sign up by Feb. 9. \$5, free if your birthday is this month.</p>	<p>1 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>2 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:30 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>3 10:00 Novice Tai Chi 11:00 Advanced Tai Chi 10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>6 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>7 9:45 Balance Class 12:30 Bingo 1:00 Bone Builders</p>	<p>8 9-10:30 BOARD MTG 9:30-10:30 Blood Pressure Clinic 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>9 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:30 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>10 AARP Tax Prep 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>13 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>14 BIRTHDAY LUNCHEON 9:45 Balance Class 12:30 Bingo 1:00 Bone Builders</p> 	<p>15 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing</p>	<p>16 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:30 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>17 AARP Tax Prep 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>20 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>21 9:45 Balance Class 11:30-12:30 Kerry - Age Well restaurant tickets 12:30 Bingo 1:00 Bone Builders</p>	<p>22 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo</p>	<p>23 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:30 Cribbage 1:00 Bridge 1:00 Bone Builders</p>	<p>24 AARP Tax Prep 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register</p>
<p>27 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong</p>	<p>28 9:45-12:00 Hearing Screening 9:45-12 9:45 NO Balance Class 12:30 Bingo 1:00 NO Bone Builders</p>		<p>Call (802) 863-3982 to schedule your tax appointment. We will be upstairs, in-person, masks required.</p>	<p>Fridays during tax season, Novice Tai Chi will meet at Thayer House, 10:30-11:30 am</p>