

50 years

building community & connections

August 2021 Announcements & Special Programming

Our Center is turning 50!

A special opportunity and fundraiser!



Participants, community members, and businesses are invited to purchase a **personalized commemorative brick to create their own lasting legacy at our Center.**

Engraved bricks will fill our walkway leading to the front of our Center. We'll offer a special area under our flagpole for veterans and those currently serving in our military.

Order your own **engraved brick online** (www.heinebergcsc.org) or pick up an order form at the Center.

Order Deadline is September 6!



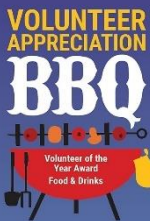
Ribbon Cutting Ceremony

Friday, August 20th

We are thrilled to announce our new "**Burlington Senior Transportation Program**" and **wheelchair accessible bus!** We'll be celebrating with a special ribbon cutting Friday, August 20. Look for flyers around our Center, Facebook, and our website for updates and timing. **Essential support for this program came from Age Well and Burlington's CORE Adult Center.**



Our very first trip will be to **Senior Day at the Champlain Valley Fair, August 31.** Meet us at the fair or reserve your spot now on our bus by calling or stopping by our Center. Cost is **\$8** for bus transportation and Age Well fair tickets including admission, BBQ lunch, and entertainment. **RSVP needed. Bus leaves Center at 9:30am**



Volunteer appreciation BBQ

Thursday, September 2 at noon

Hamburgers, hot dogs, and veggie burgers, salad, and a special ice cream truck inspired dessert.

Lunch is \$3 or FREE for volunteers. Come early or stay late to play lawn games!

Reservations required by Tuesday, August 30. Call or stop by our Center.



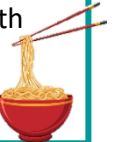
Creative Cooking with Chef Kerry

Monday, August 16th @ 1:30

Cooking Demo: Taste of Asia Oodles of Noodles! Come learn to prepare stir fry with 2 different styles of noodles.

This cooking demo will feature dishes prepared with Chow Mein and Egg Noodles. Vegetable Chow Mein and Orange Pork with Egg Noodles.

Suggested \$5 donation for activity



Creativity with Camielle

Mondays at 10:15am

August 2: Plaster Wall Art

August 16: Guided Watercolor for beginners

Suggested \$5 donation covers activity and materials

August Birthday Luncheon

Monday, August 23rd, 11:45am

Lunch is \$5 or FREE for participants with August Birthdays.

Jolley North Ave Wraps: Choice of Turkey, Ham, or Veggie, chips, and dessert.

Call or stop by the Center by August 20th to RSVP



Holiday Bazaar

Saturday, November 20, 9am-2pm

This year's bazaar will be setup as a mini-flea market/craft sale with lunch and bake sale items. **We will only be accepting jewelry donations this year, other items sold by individuals.**

Important Notes



- As our Center grows, parking is filling up. Please be sure to **park carefully** and between our lines. If you are in a handicap spot, always have your tag showing.
- **Please be sure you have filled out our green participant form.** This is very important so that we have your contact information to keep you up-to-date on news. As well as vital information for grant funding.



Heineberg Community Senior Center



Heineberg Community Senior Center
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Ph 802-863-3982
Web www.heinebergcsc.org
Email info@heinebergcsc.org

August 2021 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Novice Tai Chi 10:15 Art Class: Plaster wall art 11:00 Knitting/Crochet 11:05 Chair Yoga 12:30 Mahjongg 12:30 Adult Coloring	3 10:30-11:30 Tech Support 12:45 BINGO 1:00 Bone Builders	4 9:30 Gardening group 9:55 Gentle Yoga 11:05 Tai Chi 12:30 BINGO 1:00 Beginner Line Dancing	5 9:55 Combo Yoga 10:30 – 11:30 Coffee and Conversation 10:30 – 11:30 Food & Meal Distribution 12:30 Cribbage 12:30 Bridge 1:00 Bone Builders	6 10:00 Novice Tai Chi 11:00 Tai Chi
9 10:00 Novice Tai Chi 11:00 – 12:00 Tech Support 11:00 Knitting/Crochet 11:05 Chair Yoga 12:30 Mahjongg 12:30 Adult Coloring 1:00 Book Club: Book: The Lying Life of Adults by Elena Ferrante	10 9:45 Balance Class 12:45 BINGO 1:00 Bone Builders	11 9:30 Gardening group 9:55 Gentle Yoga 11:05 Tai Chi 12:30 BINGO 1:00 Beginner Line Dancing	12 9:55 Combo Yoga 10:30 – 11:30 Coffee and Conversation 10:30-11:30 Food & Meal Distribution 12:30 Cribbage 12:30 Bridge 1:00 Bone Builders	13 10:00 Novice Tai Chi 11:00 Tai Chi
16 10:00 Novice Tai Chi 10:15 Art Class: Watercolors 11:00 Knitting/Crochet 11:05 Chair Yoga 12:30 Adult Coloring 12:30 Mahjongg 1:30 Cooking Demo: Taste of Asia Oodles of Noodles!	17 9:45 Balance Class 10:30-11:30 Tech Support 12:45 BINGO 1:00 Bone Builders	18 9:30 Gardening group 9:55 Gentle Yoga 11:05 Tai Chi 12:30 BINGO 1:00 Beginner Line Dancing	19 9:55 Combo Yoga 10:30 – 11:30 Coffee and Conversation 10:30 – 11:30 Food & Meal Distribution 12:30 Cribbage 12:30 Bridge 1:00 Bone Builders	 Senior Transportation Program Bus Ribbon Cutting 10:00 Novice Tai Chi 11:00 Tai Chi
23 10:00 Novice Tai Chi 11:00 – 12:00 Tech Support 11:00 Knitting/Crochet 11:05 Chair Yoga 11:45: Birthday Luncheon  12:30 Mahjongg 12:30 Adult Coloring	24 9:45 Balance Class 10:30-11:30 Tech Support 12:45 BINGO 1:00 Bone Builders	25 9:30 Gardening group 9:55 Gentle Yoga 11:05 Tai Chi 12:30 BINGO 1:00 Beginner Line Dancing	26 9:55 Combo Yoga 10:30 – 11:30 Coffee and Conversation 10:30 – 11:30 Food & Meal Distribution 12:30 Cribbage 12:30 Bridge 1:00 Bone Builders	27 10:00 Novice Tai Chi 11:00 Tai Chi
30 10:00 Novice Tai Chi 11:00 Knitting/Crochet 11:05 Chair Yoga 12:30 Mahjongg 12:30 Adult Coloring	31 9:45 Balance Class 9:30 Trip to the Fair! 12:45 BINGO 1:00 Bone Builders		Heineberg "Mini Meals" Available Mon-Thurs 10:30-2:30 Suggested donation \$1-\$2 per item New menu each week	Jazzercise Hours: Mon, Tues, Wed, Thurs, Fri & Sun 8:30am, 4:30pm Sat- 7:30am, 8:30am