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**<<< Please read before participating in Center programming >>>**

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## Novel Coronavirus (COVID-19) Protocol

By participating in any activity or event at the Heineberg Community Senior Center, you are agreeing to the following statements.

**If you cannot agree with ALL of the following, we ask that you do not participate in programs at the Center at this time. For your own wellbeing as well as concern for other participants, please visit your doctor and return after you have been cleared.**

### IN THE PAST 14 DAYS...

- I have **NOT** traveled to Vermont from one of the affected countries or regions. (as of March 6, 2020 the list includes China, Italy, South Korea or Iran. And updated listed can be found at [healthvermont.gov/covid-19](http://healthvermont.gov/covid-19))
- I have **NOT** been in contact with a novel coronavirus/ COVID-19 infected person.
- I have **NOT** been to a health care facility (hospital, walk-in clinic, emergency room) where people infected with novel coronavirus/ COVID-19 are treated.
- I have **NOT** had the following symptoms in the last few days.
  - o Feel uncomfortable, especially with respiratory symptoms (cough, fever, shortness of breath, difficulty breathing)?
  - o Feel unwell, especially with respiratory symptoms (cough, high temperature, shortness of breath, difficulty breathing)?

### *Note from Beth...*

We have established this new protocol as a precautionary measure to ensure the wellbeing and safety of everyone at our Center. It is our goal to continue with almost all programming for as long as we safely can. Adele and I are exercising an abundance of caution as we enforce our new protocol and frequently sanitize our Center. We will also continue to follow all suggestions from the Vermont Department of Health.

We have Coronavirus information sheets available as well as a presentation “**COVID-19 prepare without panic**” coming up, Monday, March 23 at 10:30am. We hope knowing the facts will eliminate some fear while encouraging awareness and caution. Please do not hesitate to talk with us if you have any questions or concerns. We look forward to a healthy and active spring with you all!

Warmly,

*Beth*