

Monday	Tuesday	Wednesday	Thursday	Friday
FREE Farm Share Produce, March 6 and 20, Downstairs	Thursday March 16, 2:00 - 3:00 CSWD Workshop: Recycling and Composting	10:30 Meals pick-up 1 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 2 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	AARP Tax Prep 3 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register
10:00 Novice Tai Chi 6 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	9:45 NO Balance Class 7 12:30 Bingo 1:00 Bone Builders	10:30 Meals pick-up 8 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 9 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	AARP Tax Prep 10 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register
10:00 Novice Tai Chi 13 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	BIRTHDAY LUNCH 11:30 14 9:45 NO Balance Class 12:30 Bingo 1:00 Bone Builders	10:30 Meals pick-up 15 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 16 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	AARP Tax Prep 17 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register
10:00 Novice Tai Chi 20 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	9:45 NO Balance Class 21 11:30-12:30 Kerry - restaurant tickets 12:30 Bingo 1:00 Bone Builders	10:30 Meals pick-up 22 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 23 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	AARP Tax Prep 24 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register
10:00 Novice Tai Chi 27 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	9:45 NO Balance Class 28 12:30 Bingo 1:00 Bone Builders	10:30 Meals pick-up 29 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries 30 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	AARP Tax Prep 31 10:00 - 2:00 10:15 Support Group Call (802) 497-0723 to pre-register