

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Novice Tai Chi 1 10:00 Farm Share 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	2 10:00 Chair Massage \$\$ 10:00 Bone Builders 1:00 Bingo	3 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	4 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	5 10:30 Novice Tai Chi 11:30 Advanced Tai Chi
8 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	9 10:00 Bone Builders 11:30 Birthday Lunch! 1:00 Bingo	10 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	11 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	12 10:30 Novice Tai Chi 11:30 Advanced Tai Chi
15 10:00 Novice Tai Chi 10:00 Farm Share 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	16 10:00 Bone Builders 10:30 Cook w/Kerry 11:30-12:30 Age Well Restaurant Tickets 1:00 Bingo	17 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	18 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	19 10:30 Novice Tai Chi 11:30 Advanced Tai Chi Walk of Ages tomorrow 10 am to Noon!
22 10:00 Novice Tai Chi 10:00 Flower Arranging 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	23 10:00 Bone Builders 1:00 Bingo	24 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	25 10:00 Free Groceries 10:15 Yoga with Jill \$\$ 10:30 Coffee/Conv. 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	26 10:30 Novice Tai Chi 11:30 Advanced Tai Chi
29 CLOSED for Memorial Day	30 10:00 Bone Builders 1:00 Bingo	31 10:30 Meals pick-up 9:55 Yoga with Ilse 11:05 Adv. Tai Chi 12:30 Bingo 1:00 Line Dancing	Call (802) 863-3982 to sign-up for meals, chair massage, or Cooking with Kerry	Foot Clinic Monday May 8 12:30-4:30