

November 2023

Activities marked \$\$ have a fee
 Unmarked activities are FREE

Monday	Tuesday	Wednesday	Thursday	Friday
Intervale Farm Share/eggs ~ Mondays, Nov. 6, 20 Jericho Farm Share, every Wednesday	Weds Nov 29: Coffee and Conversation w/ Councilor Carpenter 10:30-11:30 Sat Dec 2 Wreath Making 10-Noon \$25. Weds Dec 6 & 13 Winter Lights Shelburne Museum 4:15-6:15 on van \$5.	10-11:30 Meals pick-up ¹ 10:00 Farm Share 10:00 Yoga with Ilse 11:30 Tai Chi 2 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries ² 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:30 Tai Chi 1 ³ 11:30 Tai Chi 2 HOLIDAY BAZAAR TOMORROW 9-2 !!
10:00 Tai Chi 1 ⁶ 10:00 Farm Share 10:30 Square Tales 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	10:00 Bone Builders ⁷ 12:30 Bingo	10-11:30 Meals pick-up ⁸ 10:00 Farm Share 10:00 Yoga with Ilse 11:30 Tai Chi 2 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries ⁹ 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:30 Tai Chi 1 ¹⁰ 11:30 Tai Chi 2
10:00 Tai Chi 1 ¹³ 10:00 Flower Arranging 10:30 Square Tales 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	10:00 Bone Builders ¹⁴ 11:30 Birthday Lunch 12:30 Bingo 12:30-2 Kerry w/ Restaurant Tickets	10-11:30 Meals pick-up ¹⁵ 10:00 Farm Share 10:00 Yoga with Ilse 11:30 Tai Chi 2 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries ¹⁶ 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:30 Tai Chi 1 ¹⁷ 11:30 Tai Chi 2
10:00 Tai Chi 1 ²⁰ 10:00 Farm Share 10:30 Square Tales 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	10:00 Bone Builders ²¹ 12:30 Bingo	10-11:30 Meals pick-up ²² 10:00 Farm Share 10:00 Yoga with Ilse 11:30 Tai Chi 2 12:30 Bingo 1:00 Line Dancing	CLOSED ²³ 	10:30 Tai Chi 1 ²⁴ 11:30 Tai Chi 2
10:00 Tai Chi 1 ²⁷ 10:00 Flower Arranging 10:30 Square Tales 11:00 Yoga with Jill \$\$ 12:00 Hot Lunch \$\$ 12:30 Adult Coloring 12:30 Mahjong	10:00 Bone Builders ²⁸ 12:30 Bingo	10-11:30 Meals pick-up ²⁹ 10:00 Farm Share 10:00 Yoga with Ilse 10:30 Coffee w/Sarah C 11:30 Tai Chi 2 12:30 Bingo 1:00 Line Dancing	10:00 Free Groceries ³⁰ 10:15 Yoga with Jill \$\$ 10:00 Coffee/Convo 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	The Senior Center will be closed on Thursday, November 23rd. We wish you well!



Ride in warm comfort on our van and view the magical Winter Lights display at Shelburne Museum! Wednesday December 6th and 13th, 4:15-6:15 pm

\$5 per person, register on our website.

Wreath Making class, Saturday December 2, 10 am to Noon

\$25 per person includes handmade wreath fresh from the North East Kingdom, all decorative materials, and instruction. Register on our website.

Make a unique wreath for your home!



May love, hope, and peace fill your hearts.

May we continue to work for love, hope, and peace for all people on this Earth.



Age Well December Luncheons:

Holly Jolly Luncheon, Friday, December 8th, Catalyst Church, 100 Raceway Road, Jericho. Must register by December 4th.

A Very Merry Luncheon, Thursday, December 14th, Essex Technical Center, 2 Educational Drive, Essex Junction. Must register by December 7th.

Kerry will have restaurant tickets available at both luncheons. She will be here at the Heineberg on Tuesday, November 14th, with tickets.

