




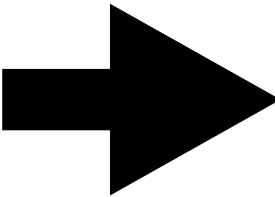


September 2024

Activities marked \$\$ have a fee
 Unmarked activities are **FREE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CLOSED LABOR DAY	10:00 Bone Builders 12:30 Bingo 1:30-2:30 Bone Builders 	10:00 Farm Share 10:00 Yoga with Ilse 11:15-12:15 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:00 Tai Chi 2 11:00 Tai Chi 1
9	10	11	12	13
10:00 Tai Chi 1 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	10:00 Farm Share 10:00 Bone Builders 12:30 Bingo 1:30-2:30 Bone Builders 	10:00 Yoga with Ilse 11:15-12:15 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	90th BIRTHDAY CELEBRATION 11:30-1:00 
16	17	18	19	20
10:00 Tai Chi 1 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	10:00 Farm Share 10:00 Bone Builders 12:30 Bingo 1:30-2:30 Bone Builders 	10:00 Yoga with Ilse 11:15-12:15 Tai Chi 2 11:30 Free Lunch & Birthday Cake 12:45 Bingo 1:00 Line Dancing	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:00 Tai Chi 2 11:00 Tai Chi 1 10:30-2:00 Wally's Deli & Hackett's Orchard Lunch at Wally's Pick you own apples/buy At Hackett's Orchard
23	24	25	26	27
10:00 Tai Chi 1 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong 1:00 MEDICARE WORKSHOP (HYBRID)	10:00 Farm Share 10:00 Bone Builders 12:30 Bingo 1:30-2:30 Bone Builders 	10:00 Yoga with Ilse 11:15-12:15 Tai Chi 2 11:30 Free Lunch 12:45 Bingo 1:00 Line Dancing	10:00 Free Groceries 10:00 Coffee/Convo 10:15 Yoga with Jill \$\$ 11:00 Cribbage 1:00 Bridge 1:00 Bone Builders	10:00 Tai Chi 2 11:00 Tai Chi 1
30				
10:00 Tai Chi 1 10:00 Craft & Mend 11:00 Yoga with Jill \$\$ 11:30 Free Lunch 12:30 Adult Coloring 12:30 Mahjong	WELCOME JULIA Our UVM Social Work Intern	Note: Farm Share NOT on Tuesday but Wednesday September 4th		90th BIRTHDAY, Family & Friends are welcome! RSVP by Wednesday, September 11 at (802)863-3982 Free for seniors 90+ Guests, suggested donation of \$5.00