

## Support Buddies Services

Volunteer Buddies will drop food items off at recipient's residence following strict VT Department of Health and CDC safety protocols. **Volunteers will not enter residences and will diligently practice social distancing.** Support Buddies will wear badges to identify themselves.

### GROCERY SHOPPING AND DELIVERY

Recipient Buddy will provide a shopping list through email or over the phone. Volunteer Buddy will shop at Hannaford, Price Chopper, or Jake's Market. Recipients will receive their grocery receipts in a provided self-addressed/stamped envelope to mail to the Heineberg Center for grocery reimbursement, if able. Or they can call our Center for credit card payments 863-3982 Ext 1

### PACKAGED MEAL AND BAGGED GROCERY DELIVERY

**FROZEN MEALS** are provided by Age Well. Delivery or Pick-up of these meals are available through Heineberg Community Senior Center Tuesday **OR** Thursday mornings 9:00 – 11:00 am. You are not limited to one meal per order, please pick one day for delivery and order all desired meals for that delivery. If you are also receiving bagged groceries, your delivery day is automatically Thursday. **At this time there is no recommended donation amount, instead we'll be including an envelope to be mailed when and if recipients can donate.**

Age Well and Lindley Food Service are not able to provide a menu as they are trying to get out as many meals as possible.

A variety of **BAGGED DONATED FOOD ITEMS** from Hannaford and a mix of local restaurants will be available for pick-up or delivery Thursday mornings 9:00 – 11:00 am. Quantity and availability will vary for prebagged groceries.

**\*ALL meal and bagged donated grocery requests need to go through Adele (weekly), call Heineberg's front desk 863-3982 Ext 1. Orders can be placed by volunteers or recipient. Recipients should not assume there is an ongoing order for them.** Adele will keep a live document online indicating what recipients have ordered and when delivery is planned. A link will be available on our hidden Support Buddies webpage.

### PRESCRIPTION PICK-UP AND DELIVERY

Recipient Buddies (participants) will confirm with their pharmacies they can pay over-the-phone or online and **give permission for volunteer buddy to pick-up prescriptions. If online payment isn't allowed at their pharmacy, then we cannot offer this service.** Many pharmacies are offering drive-thru pick-up and delivery. We'll keep you posted on details as we know them.

### PHONE CALL CHECK-INS

Buddy volunteers will call their buddy recipients on a regular basis. Buddy volunteers will check-in, chat, and recommend resources as needed.

Thank you!

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