



## RESOURCE LISTS

*\*All lists are provided as a general reference for those leaving their environment and are not an endorsement by The Vashti Initiative. Nor are the lists meant as a condemnation against any group, religion, or brand of Faith. The resources are simply provided to allow an individual a chance to find their own way in their healing journey.*

# PODCASTS

*\*The categories on this list are not representative of groups as a whole but rather represent religious/spiritual groups where some individuals have experienced an adverse religious environment.*

## LOGOS OF PLATFORMS WHERE PODCAST IS AVAILABLE



SPOTIFY / IHEART / PANDORA / PLAYER FM/ STITCHER / YOUTUBE / APPLE / ANCHOR / OTHER

## SURVIVOR PODCASTS





### AMISH/ANABAPTIST

1. The Plain Peoples Podcast 







### BRETHREN

1. Englishman in Montreal 

### CATHOLIC

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1. Deliver Us    [...]
  2. Crisis in the Clergy 



## **EVANGELICAL**

1. Preacher Boys    [.....]
2. Straight White American Jesus 
3. Exvangelical  

## **FUNDAMENTALIST CHRISTIAN**

1. Preacher Boys    [...]
2. Not Your Mothers Podcast   
3. Leaving Eden  







## **FUNDAMENTALIST MORMON**

1. Mormon Stories  [...]
2. The How-To Heretic  [...]

## **JEHOVAHS WITNESS**

1. A P.O.S. State 
2. Ex-Jehovah's Witness - Critical Thinkers
3. Nobody Asked Us To Do This   [...]
4. Armageddon in Retrospect 

## **SCIENTOLOGY**
















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1. Surviving Scientology  
  2. Scientology: Fair Game     [...]

## OTHER




1. Cults and Extreme Beliefs   

## EDUCATION







### HISTORY

1. Stuff You Missed in History Class    [...]
2. Dan Carlin's Hardcore History    [...]
3. Revisionist History    [...]
4. Black History for White People  [...]
5. 1619 Project   [...]
6. Your Queer Story   

### SCIENCE

1. Science Vs    [...]
2. StarTalk Radio   [...]

### POLITICS

1. Consider This (NPR)    [...]
2. Left, Right, and Center    [...]