# APPENDIX B: TRUCKING LIVES QUESTIONNAIRE



Appendix of the 2024 Trucking Lives 'Views from the Cab' Report

THE QUESTIONS BELOW FOLLOW THE 'FORMER DRIVER' ROUTE THROUGH THE ONLINE SURVEY, THE 'CURRENT DRIVER' ROUTE SURVEY IS AVAILABLE UPON REQUEST.

Front Page. Informed Consent

Thank you for joining our survey. We are an independent group of researchers at the Universities of Oxford, Huddersfield and Newcastle, looking how to improve HGV drivers' working lives. Your input will help us to understand your day-to-day experiences of HGV driving work, and will be used to look for ways to make improvements. Please read the information sheet here to understand what we will do with your data and how we will protect your anonymity.

Please note that you may only participate in this survey if you are 18 years of age or over.

### [] I certify that I am 18 years of age or over

If you have read the information above and agree to participate with the understanding that the data (including any personal data) you submit will be processed accordingly, please tick the box below to start.

[] Yes, I agree to take part

### Page 1. Opening Questions

### ARE YOU CURRENTLY EMPLOYED (OR SELF-EMPLOYED) AS AN HGV DRIVER IN THE UK?

Yes [Route: Current driver]

No, but I used to work as an HGV driver [Route: Former driver]

No [Route: Exit Page]

### Page 2. Becoming an HGV Driver

### 2. DO YOU STILL HAVE A LICENCE TO DRIVE AN HGV?

Yes

Νo

### 2.1. IF YES, WHAT HGV DRIVING LICENCE/S DO YOU HOLD? SELECT ALL THAT APPLY.

Class 2

Class 1

### 2.2. IF NO, WHAT HGV DRIVING LICENCE/S DID YOU PREVIOUSLY HOLD? SELECT ALL THAT APPLY.

Class 2

Class 1

### HOW MANY YEARS' EXPERIENCE DID YOU HAVE AS AN HGV DRIVER?

Drop down: 1-60 years

4.

### WHEN DID YOU QUIT HGV DRIVING?

Note: If you have left multiple times, please enter the most recent time.

Drop down: 1980-2023

**5**.

#### WHAT MOTIVATED YOU TO BECOME AN HGV DRIVER? SELECT THE 3 MOST IMPORTANT FACTORS.

Attractive rates of pay

Following in the footsteps of family members

Compatibility with life outside of work

Opportunity to travel nationally and/or internationally

Not wanting to be in an office 9-5

For a secure income

To be my own boss

Other (Please specify)

6.

### PRIOR TO BECOMING AN HGV DRIVER WERE YOU IN PAID EMPLOYMENT?

Yes

Νo

6.1.

### IF YES, WERE YOU...

Working in another job that involved driving (e.g., taxi driving, courier/ van driving, bus driving, farm work)

Working in another job in logistics (e.g., warehouse or office)

Working in another sector in a job that didn't involve driving (excluding military)

In the military

Other (Please specify)

6.2

### IF NO, WERE YOU...

A student

Doing unpaid care (e.g., for children, parents or others)

Looking for work

Other (Please specify)

### 1. IN WHAT YEAR DID YOU START YOUR FIRST JOB AS AN HGV DRIVER?

Drop down: 1955-2023

### 2. IN YOUR LAST JOB AS AN HGV DRIVER, WERE YOU ...

Directly employed by a company

Contracted through an agency to a single company

Contracted through an agency to multiple companies

Self-employed with your own business

Other

3.

#### WHAT WAS THE SIZE OF THE TRANSPORT COMPANY YOU WORKED FOR?

Note: If you were employed through an agency, please put the size of the company you drove for.

Owner operator (1 vehicle)

Small (2 - 30 vehicles)

Medium (31-100 vehicles)

Large (101-250 vehicles)

Extra-Large (251-500 vehicles)

XXL (501+ vehicles)

### 4.

#### IN WHICH REGION WAS YOUR HOME DEPOT FOR YOUR LAST HGV DRIVING JOB?

Wales

Scotland

N. Ireland

England - North

England - Midlands

England - South and South West

England - London and South East

Other (Please specify)

#### 5.

#### IN WHAT YEAR DID YOU START THIS JOB?

Drop down: 1955-2023

#### 6. WHAT KIND OF CONTRACT DID YOU HOLD?

Zero hours

**Temporary** 

Temporary to Permanent

Permanent

Not applicable (e.g., business owner)

### 7. AS AN HGV DRIVER, WHERE DID YOU DRIVE MOST OR ALL OF THE TIME?

UK local/ short haul

UK national/ long haul

Republic of Ireland

Continental Europe

Beyond Europe

### 7.1. [LOGIC, FOR ALL BUT S/H] HOW MANY NIGHTS IN A ROW WERE YOU TYPICALLY AWAY FROM HOME (TRAMPING)?

Drop down: 0-31+ nights I did not do tramping routes

#### 8. DID YOU USUALLY WORK... SELECT ALL THAT APPLY

Day shifts

Night shifts

Weekdays

Weekends

Four days on, four days off

Other (Please specify)

### 9. WHAT CLASS OF HGV DID YOU DRIVE ALL OR MOST OF THE TIME?

7.5 tonner

Rigid

Artic (full articulated or a draw bar)

Other (Please specify)

### WHAT GOODS DID YOU TYPICALLY CARRY IN/ON THE BACK OF YOUR HGV? SELECT ALL THAT APPLY.

Food products

Groupage

Metal ore and other mining and quarrying

Waste goods

Glass, cement and other non-metallic mineral products

Hazardous goods (e.g., flammable liquids; explosives; toxic & infectious substances)

Items for the NHS

Other (Please specify)

11.

WHAT WAS YOUR ANNUAL INCOME FROM YOUR LAST/FINAL HGV DRIVING JOB (PRE-TAX)? PLEASE INCLUDE OVERTIME IF RELEVANT.

Under £5,000 (under £95 /week)

£5,000 - £9,999 (£96 - £192/week)

£10,000 - £14,999 (£193 - £288/week)

£15,000 - £19,999 (£289 - £385/week)

£20,000 - £24,999 (£386 - £480/week)

£25,000 - £29,999 (£481 - £577/week)

£30,000 - £34,999 (£578 - £673/week)

£35,000 - £39,999 (£674 - £769/week)

£40,000+ (£770/week +)

12.

### WHICH OF THE FOLLOWING STATEMENTS BEST DESCRIBES YOUR FINAL/LAST HGV DRIVING SITUATION

My HGV driving job was my only paid work

HGV driving was my main job, but I did other paid work to supplement my income.

I had another main job, and I did HGV driving to supplement that income

## Page 5. Integrating HGV Driving Work with Caring for Yourself and Others Unless otherwise specified please answer the following questions based on your experiences while you were still working as an HGV driver.

1.

### WHILE WORKING AS AN HGV DRIVER, DID YOU HAVE ANY CARING RESPONSIBILITIES FOR A CHILD/ CHILDREN AND/OR ANOTHER ADULT/S?

No

Yes

Prefer not to say

1.1.

#### IF YES, PLEASE SELECT ALL THAT APPLY. DO NOT INCLUDE ANY PAID CARING WORK.

If you shared care responsibilities equally then please answer as the primary carer.

Primary carer of a child or children (under 18 years)

Primary carer of a child or children who is disabled or has a health condition or illness, or temporary care needs (under 18 years)

Primary carer for a disabled adult or adults (18 years and over)

Primary carer for an older person or people (65 years and over)

Secondary carer (another person carries out main caring role)

Prefer not to say.

2.

### HOW EASY OR DIFFICULT DID YOU FIND IT WAS TO COMBINE YOUR FINAL/LAST HGV DRIVING JOB WITH YOUR CARING RESPONSIBILITIES?

Very easy

Rather easy

Neither easy nor difficult

Rather difficult

Very difficult

3.

### WERE ANY OF THE FOLLOWING WORKING ARRANGEMENTS AND/OR CHILDCARE SUPPORT MADE AVAILABLE BY YOUR FINAL/LAST EMPLOYER, AND IF SO, DID YOU USED IT?

Work part-time

Work only during school term-time

Job-share

Work flexitime

Work reduced hours for a limited period

Work a compressed working week

Work annualised hours

Employer assistance with childcare

I used this arrangement

It was available to me but I did not use it

It was not available to me

I don't know

### 1. HOW SATISFIED OR DISSATISFIED WERE YOU WITH THIS PARTICULAR ASPECT OF YOUR LAST JOB?

Your promotion prospects

Your pay

Relations with your supervisor or manager

Your job security

The opportunity to use your abilities

Being able to use your own initiative

The ability and efficiency of the management

The hours you worked

The work itself

The amount of work

The variety in the work

The training provided

The friendliness of the people you worked with

Completely satisfied

Very satisfied

Fairly satisfied

Neither satisfied nor dissatisfied

Fairly dissatisfied

Very dissatisfied

Completely dissatisfied

#### TO WHAT EXTENT DID YOUR WORK AS AN HGV DRIVER POSITIVELY OR NEGATIVELY AFFECT

Your mental health Your physical health Your relationships with your children Your relationships with your partner Your wider social relationships

Positively

2.

Somewhat positively

Neither positively or negatively

Somewhat negatively

Negatively

Not applicable

3.

#### AS AN HGV DRIVER, WERE YOU EVER DISCRIMINATED AT WORK?

by discriminated we mean treated less favourably or unfairly because of who you are or because you have certain characteristics.

Yes

Νo

### 3.1. [IF YES] PLEASE SELECT ON WHICH GROUNDS YOU WERE DISCRIMINATED. SELECT ALL THAT APPLY.

Age

Ethnic background/ ethnic origin

Race or colour

Nationality/ citizenship

Sex or gender

Religion

Disability

Sexual orientation

Other

#### WHY DID YOU STOP WORKING AS AN HGV DRIVER?

Nearing retirement/ to retire

Low pay rates

Experiences of discrimination at work

Disability and/or health issues brought on by HGV driving

Disability and/or health issues unrelated to HGV driving

High stress levels

Incompatibility of work with life outside of work

Lack of prospects for career progression

Little control over my work conditions

Other reasons (Please specify)

### WHICH OF THE FOLLOWING BEST DESCRIBES YOUR CURRENT SITUATION?

Retired

Working in another job that involves driving (e.g., taxi driving, courier/ van driving, bus driving, farm work)

Working in another job in logistics (e.g., warehouse or office)

Working in another sector in a job that doesn't involve driving (excluding military)

In the military

Looking for work

Studying

Full time (unpaid) caring

Other (Please specify)

### 1.

### WHAT CHANGE COULD YOUR FINAL/LAST EMPLOYER HAVE MADE TO HAVE IMPROVED YOUR WORK LIFE AS AN HGV DRIVER?

Increase wages

Provide better family friendly working arrangements

Offer greater flexibility in working hours

Provide more opportunities for career progression

Offer childcare support

Provide targeted career support for women drivers

Provide targeted career support for drivers from minority backgrounds

Reduce the amount of paperwork

Reduce surveillance in HGV cabs

Other (Please specify)

2.

### WHAT CHANGE COULD THE GOVERNMENT HAVE MADE TO HAVE IMPROVED YOUR WORK LIFE AS AN HGV DRIVER?

Improve provision and access to roadside services (e.g., food, toilets, showers)

Make driver hours regulations more flexible

Repeal changes to the IR35 rules

Improve road conditions (e.g., fewer potholes, reduced congestion

### Page 8. Actions to Improve HGV Driving Work

### 1.

### WHAT IS YOUR AGE?

Drop down: 18-80+

2.

### WHICH OF THE FOLLOWING BEST DESCRIBES YOUR CURRENT RELATIONSHIP STATUS?

Married\*

Cohabitating\*

Civil partnership\*

In a relationship \*

Single

Divorced

Widowed

### 2.1. [\*LOGIC FOR THOSE WITH PARTNER] WHAT IS YOUR PARTNER'S MAIN JOB?

Open Text

### WHAT WOULD DESCRIBE YOUR NATIONAL IDENTITY?

3.

**British** 

English

Welsh

Scottish

Northern Irish

EU (Please specify)

Non-EU (Please specify)

### 4.

### TO WHICH OF THESE GROUPS DO YOU CONSIDER YOURSELF TO BELONG?

White (English, Welsh, Scottish, Northern Irish or British; Irish; Gypsy or Irish Traveller; Roma; Any other White background)

Mixed or multiple ethnic groups (White and Black Caribbean; White and Black African; White and Asian; Any other Mixed or multiple ethnic background)

Asian or Asian British (Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black, Black British, Caribbean or African (Caribbean; African; Any other Black, Black British, or Caribbean background)

Other ethnic group (Arab; Any other ethnic group)

### 4.1.

### [LOGIC: DROP DOWN FOR ETHNIC GROUPS] WHICH ONE BEST DESCRIBES YOUR ETHNIC GROUP OR BACKGROUND?

Options in parentheses for Q4.

### 5.

#### WHAT IS YOUR HIGHEST EDUCATIONAL QUALIFICATION?

No qualifications

GCSE (e.g., BTEC 2, Scottish Standard Grade, Scottish Higher, Scottish Advanced Higher or equivalent qualifications);

Apprenticeship;

A-Levels (e.g., BTEC 3, HNC, HND, SVQ level 4 or equivalent qualifications);

University degree or above (e.g., First or higher degree, professional qualifications or other equivalent higher education qualifications.);

Other UK qualifications

Other non-UK qualifications

### 6. WHICH OF THE FOLLOWING BEST DESCRIBES YOUR SEXUAL ORIENTATION?

Heterosexual or straight

Gay or lesbian

**Bisexual** 

Other

Prefer not to say

### 7. ARE YOU...

Male

Female

Non-Binary

Prefer not to say

Other [Please specify]

### IS YOUR GENDER THE SAME AS YOUR SEX REGISTERED AT BIRTH?

Yes

8.

2.

3.

No

Prefer not to say

### Page 9. Other information and future contact

### IS THERE ANYTHING ELSE YOU WOULD LIKE TO SHARE WITH US?

Open Text

IF YOU WOULD LIKE TO BE INCLUDED IN THE PRIZE DRAW FOR ONE OF SIX IPAD MINI'S PLEASE IN-CLUDE YOUR NAME AND CONTACT DETAILS BELOW.

Open Text

WOULD YOU BE WILLING TO TAKE PART IN AN INTERVIEW WITH ONE OF THE RESEARCH TEAM? If so, please provide us your name and contact details below

Open Text