

## **7 DAYS MACHAME ROUTE (WHISKEY ROUTE)**

**Arrival:** We will Pick you up at Kilimanjaro International (JRO) and transfer to hotel in Moshi

### **DAY 1**

Machame Gate to Machame Camp

- Elevation: 5,380 ft to 9,350 ft
- Distance: 11 km/7 miles
- Hiking Time: 5-7 hours
- Habitat: Rain Forest

The drive from Moshi to the Machame Gate takes about 50 minutes. The journey passes through the village of Machame which is located on the lower slopes of the mountain. As we leave the park gate, we walk through the dense rain forest on a winding trail up a ridge until we reach the Machame Camp. Meals: B,L,D

### **DAY 2**

Machame Camp to Shira Cave Camp

Elevation: 9,350 ft to 12,500 ft

- Distance: 5 km/3 miles
- Hiking Time: 4-6 hours
- Habitat: Heath

We leave the glades of the rain forest and continue on an ascending path up to a steep, rocky ridge. On the Shira Plateau, we pass through heather and open moorlands, then cross a large river gorge to Shira Cave Camp. Meals: B,L,D

### **DAY 3**

Shira Cave Camp to Lava Tower

- Elevation: 12,500 ft to 15,190 ft
- Distance: 7 km/4 miles
- Hiking Time: 4-5 hours
- Habitat: Alpine Desert

Lava Tower to Barranco Camp

- Elevation: 15,190 ft to 13,044 ft
- Distance: 3 km/2 miles
- Hiking Time: 2-3 hours
- Habitat: Alpine Desert

We continue to the east up a ridge and then head southeast towards the Lava Tower – a 300 ft tall volcanic rock formation. We descend down to Barranco Camp through the strange but beautiful Senecio Forest to an altitude of 13,000 ft. Although you begin and end the day at the same elevation, the time spent at higher altitude is very beneficial for acclimatization. Meals: B,L,D

### **DAY 4**

Barranco Camp to Karanga Camp

- Elevation: 13,044 ft to 13,106 ft
- Distance: 5 km/3 miles
- Hiking Time: 4-5 hours
- Habitat: Alpine Desert

We begin the day by descending into a ravine to the base of the Great Barranco Wall. Then we climb the non-technical but steep, nearly 900 ft cliff. From the top of the Barranco Wall we cross

a series of hills and valleys until we descend sharply into Karanga Valley. One more steep climb up leads us to Karanga Camp. Meals: B,L,D

## **DAY 5**

Karanga Camp to Barafu Camp

- Elevation: 13,106 ft to 15,331 ft
- Distance: 4 km/2 miles
- Hiking Time: 4-5 hours
- Habitat: Alpine Desert

We leave Karanga and hit the junction which connects with the Mweka Trail. We continue up to the rocky section to Barafu Hut. At this point, you have completed the Southern Circuit, which offers views of the summit from many different angles. Here we make camp, rest and enjoy an early dinner to prepare for the summit day. The two peaks of Mawenzi and Kibo are viewable from this position.

Meals: B,L,D

## **DAY 6**

Barafu Camp to Uhuru Peak

- Elevation: 15,331 ft to 19,341 ft
- Distance: 5 km/3 miles
- Hiking Time: 7-8 hours
- Habitat: Arctic

Uhuru Peak to Mweka Camp

- Elevation: 19,341 ft to 10,065 ft

- Distance: 12 km/7 miles
- Hiking Time: 4-6 hours
- Habitat: Rain Forest

Very early in the morning (around midnight), we begin our push to the summit. This is the most mentally and physically challenging portion of the trek. The wind and cold at this elevation and time of day can be extreme. We ascend in the darkness for several hours while taking frequent, but short, breaks. Near Stella Point (18,900 ft), you will be rewarded with the most magnificent sunrise you are ever likely to see coming over Mawenzi Peak. Finally, we arrive at Uhuru Peak the highest point on Mount Kilimanjaro and the continent of Africa.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. The trail is very rocky and can be quite hard on the knees; trekking poles are helpful. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

Meals: B,L,D

## **DAY 7**

Mweka Camp to Mweka Gate

- Elevation: 10,065 ft to 5,380 ft
- Distance: 10 km/6 miles
- Hiking Time: 3-4 hours
- Habitat: Rain Forest

On our last day, we continue the descent to Mweka Gate and collect the summit certificates. At lower elevations, it can be wet and muddy. From the gate, we continue another hour to Mweka Village. A vehicle will meet us at Mweka Village to drive us back to the hotel in Moshi.

Meals: B,L

Inclusion	Exclusion
<ul style="list-style-type: none"> <li>✓ Park fees, camping fees, Hut fees &amp; rescue fees</li> <li>✓ Twice a day medical health checkup, monitoring with pulse-oximeter and stethoscope with basic first kit</li> <li>✓ Oxygen Cylinder</li> <li>✓ Orientation meeting in Moshi and gear check as well.</li> <li>✓ 18% Value Added Tax on tour fees &amp; services</li> <li>✓ Camping equipment (tents sleeping mat, camp chairs, camp tables, mess tent &amp; cutlery for meals) and 4 Season Mountain tents</li> <li>✓ Private portable toilet</li> <li>✓ Airport pick up and drop off</li> <li>✓ Transportation to &amp; from the mountain gate</li> <li>✓ Medically qualified mountain guides, cooks, and porters</li> <li>✓ 3 Meals while on the mountain + evening tea with popcorn or peanuts.</li> <li>✓ Hot water for washing up daily and treated water for drink while climbing</li> <li>✓ Pre &amp; Post Trek accommodation in Moshi. Bed and Breakfast Basis with storage facilities for excess luggage during hikes.</li> <li>✓ Fair wages for the mountain crew as approved by the Kilimanjaro National Park</li> </ul>	<ul style="list-style-type: none"> <li>✗ Visa fees</li> <li>✗ Travel or medical insurance</li> <li>✗ Medication</li> <li>✗ Tips for porters and mountain crew (Highly Recommended)</li> <li>✗ Personal spending money for souvenirs, etc</li> <li>✗ Energy food &amp; beverages, alcoholic and soft drinks</li> <li>✗ Personal hiking gear such as trekking poles, etc.</li> <li>✗ Additional lodge nights if early descent from the mountain</li> </ul>

Authority (KINAPA), Kilimanjaro Association of Tour Operators (KIATO)  <input checked="" type="checkbox"/> 4- porters per climber, which includes porters to carry up to 30 lbs of your personal gear.	
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