

# Lesson Plan 3

## EUGENICS MASQUERADING AS SEX EDUCATION

*Lesson Plan for Youth*  
*Developed by the*  
*Anti-Sexualization of Children Movement (ASCM)*

### OVERVIEW & PURPOSE

The purpose of this lesson is to teach the history, purpose, and practices of institutions such as Planned Parenthood that develop sex education policies for youth.

### OBJECTIVES

1. Youth will review the history of Eugenics.
2. Youth will articulate how Eugenics is practiced today and how they are targeted.

### MATERIALS NEEDED

1. Computer & Internet access
2. Monitor/ Smart Screen w/ audio

### ACTIVITY

1. Watch Eugenics Documentaries
2. Neighborhood, School, & Planned Parenthood
3. Other Methods to Control the Population

**Instructor's Guide  
for  
Teaching the  
Eugenics Masquerading Sex Education  
Lesson Plan**

**Overview & Purpose:**

The purpose of this lesson is to teach the history, purpose, and practices of institutions such as Planned Parenthood that develop sex education policies for youth.

**Instructor's Goal:**

1. To introduce youth to the history of Eugenics and how it is currently practiced.
2. Demonstrate how youth are targeted by population control campaigns.

**Objective for the Students:**

1. Youth will review the history of Eugenics.
2. Youth will articulate how Eugenics is practiced today and how they are targeted.

**At the end of instruction youth should be able to:**

1. List at least three ways Planned Parenthood participates in Eugenics.
2. List at least three ways Planned Parenthood targets youth.

Step	Learning Component
1	<p>Pre-instructional Activities -</p> <p><u>Motivation:</u></p> <p>Show this two-minute video on the <a href="#">History of People</a> to give youth a brief introduction to where the first people of Earth were found, how people migrated throughout the world, and how a small percentage of wealthy people gained control of others.</p> <p style="padding-left: 40px;">Note: Instructors of youth from different cultures and ethnicities should create their version of the <a href="#">History of People</a>. In the spirit of Cooperative Nationalism, developers of this curriculum aim to respect differences among others while establishing mutual respect in return.</p> <p>After showing the <i>History of People</i>, highlight the main points to remember for this lesson plan. Present these on a white board or presentation slide for recall:</p> <ul style="list-style-type: none"> <li>● Warfare and violent interactions among peoples in history is often the same as the war and violence of today.</li> <li>● Small groups of wealthy elites have developed methods to control populations throughout history.</li> <li>● Wealthy elites of today disguise population control as sex-safe practices and pregnancy prevention.</li> </ul> <p>Show this <a href="#">Video of Melinda Gates</a> discussing population control as a positive option for women in developing countries. Highlight how they discuss vaccines, women with eight children, healthy childbirths, and the decline in birthrates etc.</p> <p><u>Describe Objectives:</u></p> <p>Inform youth that the purpose of this lesson plan is to introduce them to the history of why wealthy elites use their money to control and make decisions about our health, food, wealth, education, and where people live. Emphasis that awareness of this history is important because it helps them to develop an understanding of why problems and difficulties they see in the world exist. Having this awareness will also help them make better decisions for their own futures and their families. Present the objectives and what they should be able</p>

	<p>to do at the end of the lesson to them on slide, printed handout, or both.</p> <p><u>Their Objectives and Skills are:</u></p> <ol style="list-style-type: none"> <li>1) Review the history of Eugenics</li> <li>2) Articulate how Eugenics is practiced today and how they are targeted.</li> </ol> <p>At the end of instruction youth should be able to:</p> <ol style="list-style-type: none"> <li>1) List at least three ways Planned Parenthood participates in Eugenics.</li> <li>2) List at least three ways Planned Parenthood targets youth.</li> </ol> <p><u>Describe &amp; Promote Prerequisites:</u></p> <p>Summarize that they have been introduced to how and why different people of the world oppress and war with each other, how wealthy elites gained and maintain their control, and that this lesson plan is the first step individuals can take to limit control from wealthy elites. Next, they will take a deeper look at Eugenics, Planned Parenthood, and how the elite disguise population control methods as positive options for people in this country and around the world.</p>
2	<p><b>Content Presentation:</b></p> <p><u>Content -</u></p> <p>Objective 1: <b>Youth Will Review the History of Eugenics</b></p> <p>To introduce the history of Eugenics, poll students using Slido or Mentimeter to discover what they know about safe sex and pregnancy prevention. Remind them that their answers are anonymous, will not be judged as right or wrong, and will be used later for comparison. The goal of the activity is to show them that ideas and practices they have been taught were actually developed during the Eugenics movement and to demonstrate the relationship between then and now. Responses such as birth control, contraceptives, abortion, vasectomies, etc. should be listed.</p> <p><i>Note: Be prepared to learn, inquire, and not judge answers they provide. There might be a need to provide correct information.</i></p> <p>Save a screen capture of their responses or save them in the polling app to refer to later.</p> <p>Give the <b>ASCM definition of Eugenics</b>. Eugenics is a pseudoscience created and practiced by a small group of wealthy people who believed they were physically,</p>

psychologically, and socially superior to other racial and ethnic groups of the world. They believed they were superior based upon race (skin color), physical and mental development, physical and learning capacity, class (economic status), and pedigree (family lineage/culture). In short, Eugenics is the science of Racial/Ethnic genocide.

View the [History of Eugenics](#) video for further explanation. View this video for the [History of Eugenics on whites in America](#).

Explain how the video discussed how the wealthy elites that developed Eugenics knew their beliefs of superiority were unpopular with the mass population and they knew it was dangerous for the population to know their beliefs about them. Because they were aware of the danger of the population understanding they had plans to decrease their numbers, they sought ways to hide their true intentions.

Use the linked videos to introduce Margaret Sanger and Planned Parenthood's implementation of Eugenics in American society. Show:

[Video Introducing Her Background & Impact on Eugenics & Birth Control](#)

[Sanger's View on Birth Control and Its Enforcement in American Society](#)

Learner Guidance:

After viewing the videos, go to [Planned Parenthood.org](#) to show students where they acknowledge Sanger's history and racism. Browse the website to show how Planned Parenthood is known as a trustworthy and leading organization in sex education and health care and that they have a positive and philanthropic public image. Afterwards show the video that demonstrates their connection from [the American Eugenics Society to PP](#). This is an example of how Eugenics is masquerading as sex education and pregnancy prevention.

Move the discussion along to introduce Objective 2:

Objective 2: **Youth Will Articulate How They are Targeted by Eugenics Practices.**

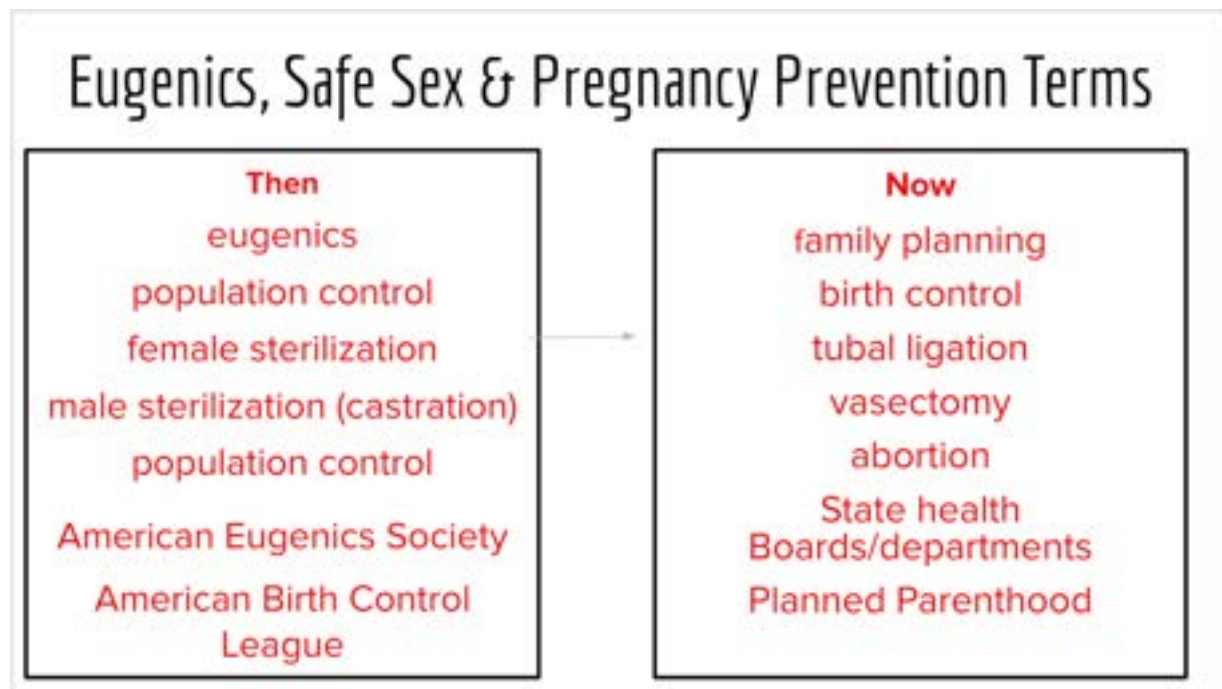
Use this video to show how youth are targeted by [introducing birth control in public schools in America](#). Use these [slides](#) to compare and contrast the terms noted in Eugenics and how they are now used as pregnancy prevention and safe sex methods.

	<p>Note that implementing birth control in public schools is a result of <a href="#">Margaret Sanger's stated position</a> that it was needed for the people she considered undesirable and incapable of taking care of themselves without government support.</p> <p>Further the discussion on how youth are targeted by discussing Planned Parenthood's development of sex education curricula in schools and health care policies that aim to decrease the world population.</p> <p><a href="#">Show Video of UK Parliament in 2024 Pushing Eugenics in Uganda</a></p> <p><u>Learner Guidance:</u></p> <p>As an example of disguising Eugenics methods and targeting youth, show students their state or school's sex education standards or a lesson plan for their grade. Compare the school's sex education standards with topics from the Planned Parenthood website. Gather the links or documents in advance and highlight the similarities.</p> <p>Ask students to point out any similarities they notice between their school's standards and what they have learned so far.</p> <p>Note that some state curriculums acknowledge funding and development from Planned Parenthood. Planned Parenthood also touts itself as the largest funder of sex education programs in the world.</p> <p>Conclude this section by telling students that awareness of this information does not mean they can or should be irresponsible. Instead, it means they have an even greater responsibility to not fall prey to the plans for controlling the population.</p> <p>Point out how this lesson is related to what they have learned about their gender expectations, roles and responsibility for continuing the legacy of their families and culture discussed in Lesson 1.</p>
3	<b>Learner Participation:</b>

	<p>In groups or individually, allow students to study the content of <a href="#">Planned Parenthood's</a> website, specifically the <a href="#">birth control and gender identity sections</a>.</p> <p>After viewing the website, ask students to list and share</p> <ol style="list-style-type: none"> <li>1) At least three of the birth control methods that are related to Eugenics or population control.</li> <li>2) At least three ways the website targets youth.</li> </ol> <p>Ask for groups or individuals to share their responses. Provide feedback and allow discussion as needed.</p>
4	<p><b>Assessment:</b></p> <p>To assess if the objectives are interesting, and relevant to youth's current experiences ask the following questions:</p> <ol style="list-style-type: none"> <li>1. Do you think the information in this lesson will change your beliefs or behaviors? Yes or No</li> <li>2. Explain why you answered "yes" or "no" to the question above.</li> </ol>
5	<p><b>Follow through activities:</b></p> <p>See the activities below for students to learn more and further investigate the validity of this lesson plans.</p>

## ASCM VOCABULARY LIST

**Eugenics** - is a pseudoscience created and practiced by a small group of wealthy people who believe they are physically, psychologically, and socially superior to other racial and ethnic groups of the world. They believed they were superior based upon race (skin color), physical and mental development, physical and learning capacity, class (economic status), and pedigree (family lineage/culture). It is the science of Racial/Ethnic genocide.



### **Activity 1:**

#### **Watch Eugenics Documentaries**

Recommendations: [Maafa 21](#), [The Eugenics Crusade](#) or other documentaries appropriate for the youth being taught.

Step 1: 11th-12th grade- view the documentary appropriate for the youth in divided class sessions or assign it to be watched outside of class.

Step 2: Ask youth to record a 2 - 5 minute social media post sharing what they think about the documentary and what they learned from the class.

### **Activity 2:**

#### **Neighborhood, School, & Planned Parenthood**

The purpose of this assignment is for students to discover if there are any connections between where they live, attend school, and Planned Parenthood clinics.

Step 1: Research your community's characteristics. Use [Zipwho.com](#).

Step 2: Using the [map on PlannedParenthood.org](#), find the location of the Planned Parenthood location where you live. Map the distance between your school, neighborhood, and Planned Parenthood clinic.

Step 3: Share your results in a 2 - 5 minute video. In the video show the map of the distances between your school, neighborhood, and Planned Parenthood clinics and

discuss if you found any correlation between the location of the clinic, your school, and neighborhood.

### Activity 3:

## Other Methods to Control the Population

Some groups and classes of people have been strong enough to limit and control how sex education and prevention methods are taught to youth. Research other methods of population control that you think target specific youth, ethnic groups, and cultures.

### List of Population Control Methods:

- 1.
- 2.
- 3.
- 4.
- 5.

**Write a paragraph describing a population control method practice today.**

[illegible]