



# Volunteers needed for research on exploring trauma through digital storytelling

Are you in therapy and open to sharing and witnessing stories with others?

**Balance Arts Center - 151 W 30th St**  
**Saturdays 11am-1pm**  
**February 8, 15, 22 & March 1, 8**

Attend a 5-week digital  
storytelling group  
and create a  
2-4 minute personal story  
using video/photography

Receive a \$25 Amazon  
gift card after week  
one and a \$50 Amazon  
gift card after week  
four.

**NO EXPERIENCE NECESSARY**

**Please call or email to be considered for the group**

**Crystal Spiegel, LCSW**

**212-810-6761**

**[crystal@therapyarts.org](mailto:crystal@therapyarts.org)**