

Crystal Spiegel, PhD, LCSW

Digital Storytelling Group for Therapists

Engage in storytelling and digital media art to work with parts of you that feel stuck or activated in your clinical practice.

In this group you will...

Identify a clinical issue ie. counter transference, lack of confidence, hopelessness, therapist identity etc.

Engage mindfully in a self-reflexive process

Write a story about what you discover in your reflection

Create a 2-4 minute video of your story with images, voiceover, and music to share with group.

No video experience necessary!

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2 Sessions on Zoom Tuesday, 10/3 & 10/20		
6 PM - 8:15 PM		\$280