

Father Roy's Rosary

A Scriptural Rosary by
Father Roy Gomez

In Loving Memory of
Mary Lou Piña
(1932-2021)

Edited by
Rev. Dr. Jayme Mathias

Extraordinary Catholics Press

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Introduction

Rev. Dr. Jayme Mathias

For over four years before his retirement from active ministry at the end of 2020, Father Roy Gomez led a weekly bible study and rosary here at Holy Family Catholic Church in Austin, Texas. Father Roy is no stranger to the rosary: Our St. Francis of Assisi Joy Group, a parish ministry to the elderly, homebound and bereaved that Father Roy helped lead through the years, had prayed over 1,000 funeral rosaries by the time it celebrated its silver jubilee nearly five years ago!

I refer to the prayer experience that he shared at the conclusion of our weekly bible study as “Father Roy’s Rosary.” I’m an admirer of Father Roy’s Rosary for many reasons:

- It is scriptural. Catholics are not famous for knowing the bible, but Father Roy’s Rosary shares a line of scripture before every prayer, allowing us to grow in our acquaintance of scripture.
- It is meditative. By introducing more scripture into the rosary, Father Roy fuels our Catholic imagination with more sources for prayer and meditation from Jesus’ life and words. If you’re praying Father Roy’s Rosary alone, you might consider pausing for some seconds or even minutes after each scriptural reference, simply to reflect on the deep meaning of the words of scripture.
- It is participative. The Second Vatican Council (1962-1965) emphasized that Catholic prayer should encourage the full, conscious and active participation of all involved. Father Roy encouraged lay participation by teaching people to lead the rosary; he also invited each participant to lead two Hail Mary’s at a time in an established order, so that all voices would be heard throughout the rosary.

As you pray Father Roy's Rosary, I challenge you to exercise mindfulness. As Catholics, we too often fall into the trap of mindlessly rushing through the parroted words of memorized prayers.

The rosary is *not* a race: I challenge you to slow down and take your time as you meditate and "chew on" the words of each scripture and prayer.

Praying the rosary is *not* an exercise in reading: Though this rosary is expressed in written form, I challenge you to allow the words of each prayer to emanate from your heart. Pray the rosary; don't parrot it.

The rosary is *not* a contest: If you pray Father Roy's Rosary with others, I challenge you to be mindful of how your words and actions affect the prayer of others, to pray together with "one voice," and to avoid the cacophony created by praying the same words at different paces.

The words in this book are simply a guide for prayer. Please adapt them in a way that helps you and others to better pray and grow in your relationship with God. Feel free to add prayers, omit prayers, or modify prayers. Make the praying of this scriptural rosary a personally-meaningful experience for you and others!

Finally, feel free to personalize this book. Write your name on the cover. Jot notes throughout the work. Record your prayer intentions inside the front cover. Dog-ear the first page of each set of mysteries. As a meditative practice, color all the illustrations by Kristen Rabideau in this work, or share them as a catechetical lesson with your children or grandchildren, inviting them to color and autograph the illustrations for you—so that you'll be reminded to pray for the artists every time you say the rosary!

In the gospels of Matthew and Mark, Jesus suggests that the greatest precepts of the Hebrew law are love of God and love of neighbor (Mt. 22:37-39, Mk. 12:30-31). May Father Roy's Rosary help us all to grow in our relationship with God and with all those beautiful, diverse people with whom and for whom we pray!

Before You Pray

Before you pray the rosary, consider the environment in which you're praying. Turn off your phone and television, remove distractions, place visual reminders of prayer before you: a cross, a bible and/or the images of saints. Dim the lights. Burn incense as a symbol of your prayer rising to God. Light a candle as a symbol of your prayer intentions, and ask God to illuminate your heart and mind – as well as the darkness in our world.

Pause and prayerfully consider how you are in God and how God is in you. Take a deep breath and imagine breathing in God's life-giving Spirit. Exhale and recall the responsibility we have to share God's life-giving Spirit with those around us. Breathe in and praise God for the marvelous gift of life. Breathe out and release the stress from your body, the preoccupations from your mind, and the burdens from your heart.

Call to mind the intentions for which you'd like to pray.

For the following prayers, *all instructions are italicized*. If you pray with others, the leader says all words in regular font, and **all others respond with the words in bold**.

The Joyful Mysteries

We pray the Joyful Mysteries on Mondays and Saturdays and during the Advent/Christmas season.

On the cross or crucifix:

+ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day, he rose again; he ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence he shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

On each large bead:

Our Father who art in heaven, hallowed be thy name: Thy kingdom come, thy will be done on earth as it is in heaven. **Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

We pray for an increase in the virtues of faith, hope and love.

On the three subsequent small beads:

Faith is the assurance of things hoped for, the conviction of things not seen. (Heb. 11:1)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

My hope comes from God. (Ps. 62:5)

Hail Mary...

Three things will last forever – faith, hope, and love – and the greatest of these is love. (1Cor. 13:13)

Hail Mary...

After each set of Hail Mary's:

Glory be to the Father, and to the Son and to the Holy Spirit. **As it was in the beginning, is now and ever shall be, world without end. Amen.**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.



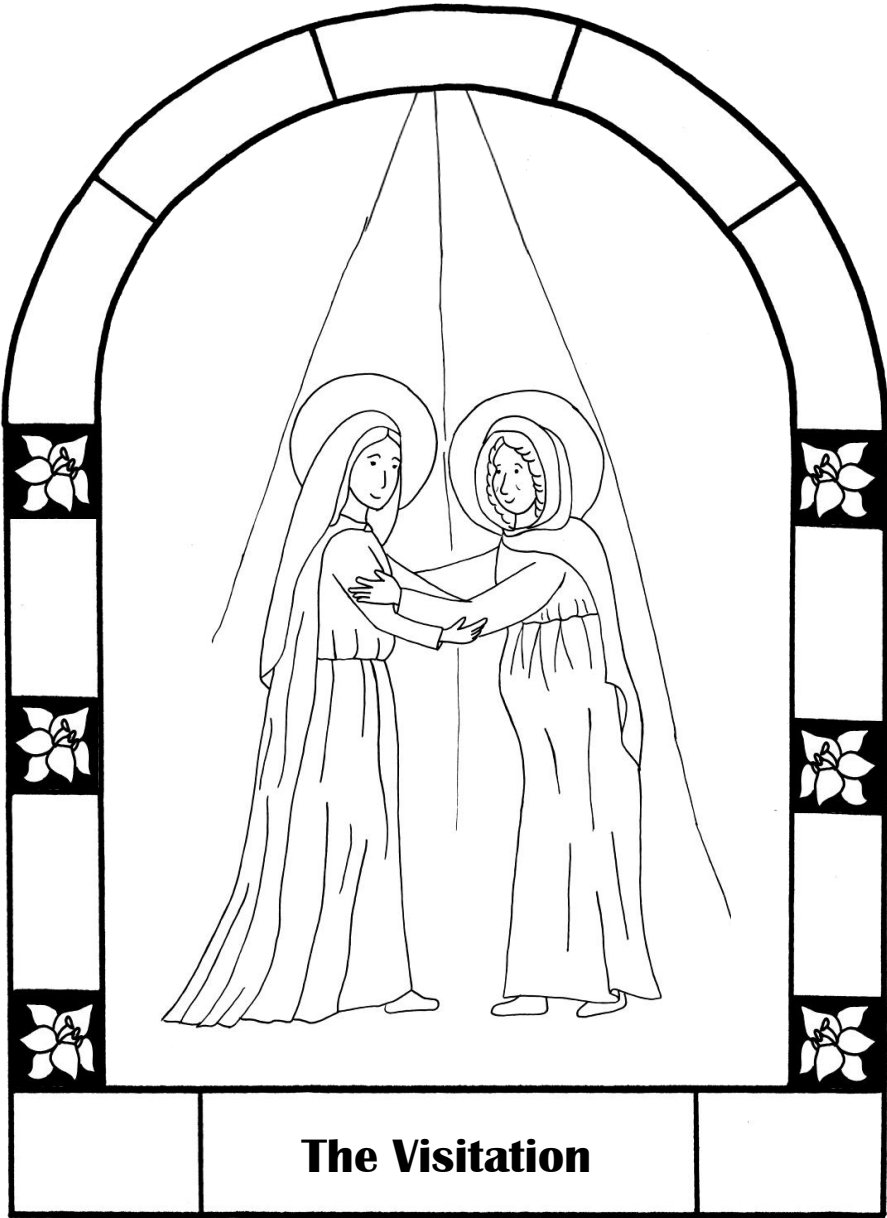
The Annunciation

The First Joyful Mystery

The Annunciation

The angel Gabriel appeared to Mary, telling her that she would conceive by the Holy Spirit and bear God's Son. Our Father...

1. Six months after Elizabeth became pregnant, God sent the angel Gabriel to Nazareth, to a young lady named Mary. (Lk. 1:26-27) Hail Mary...
2. The angel entered her home and greeted her, saying, "Hail, you who are favored by the Lord! The Lord is with you!" (Lk. 1:28) Hail Mary...
3. Startled by the angel, Mary wondered what this greeting meant. (Lk. 1:29) Hail Mary...
4. The angel said, "Do not be afraid, Mary. You have found favor with God. You will become pregnant and give birth to a son, and you will name him Jesus." (Lk. 1:30-31) Hail Mary...
5. "He will be great. Indeed, he will be called the Son of the Most High!" (Lk. 1:32) Hail Mary...
6. "The Lord God will give him the throne of his ancestor David, and his kingdom will never end." (Lk. 1:32-33) Hail Mary...
7. Mary asked the angel, "How can this be, since I have had no relationship with a man?" (Lk. 1:34) Hail Mary...
8. The angel answered, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you." (Lk. 1:35) Hail Mary...
9. "Even in her old age, your relative, Elizabeth, is now six months pregnant with a son. People said she couldn't have a child, but nothing is impossible for God." (Lk. 1:36-37) Hail Mary...
10. Mary answered, "I am the Lord's servant. May everything you have said happen to me." (Lk. 1:38) Hail Mary... Glory be... O my Jesus...



The Second Joyful Mystery

The Visitation

Mary visited her relative, Elizabeth, who proclaimed that Mary would always be remembered. Our Father...

1. Mary hurried to a city in the mountains of Judah, where she entered Zechariah's home and greeted Elizabeth. (Lk. 1:39-40) Hail Mary...
2. Elizabeth heard Mary's greeting, felt the baby in her womb kick, and was filled with the Holy Spirit. (Lk 1:41) Hail Mary...
3. Elizabeth cried out in a loud voice, "Blessed are you among women, and blessed is the fruit of your womb!" (Lk. 1:42) Hail Mary...
4. "Who am I that the mother of my Lord has come to me? Blessed are you for believing that the Lord would keep his promise to you!" (Lk. 1:43 & 45) Hail Mary...
5. Mary said, "My soul proclaims the greatness of the Lord, and my spirit finds joy in God, my Savior, who looked favorably on me, a humble servant." (Lk. 1:46-49) Hail Mary...
6. "From this day forward, all people will call me blessed, for the Almighty has done great things for me, and holy is God's name." (Lk. 1:48-49) Hail Mary...
7. "God has shown mercy to all who fear God." (Lk. 1:50) Hail Mary...
8. "God has shown strength, scattering the proud, pulling the mighty from their thrones, and lifting up the humble." (Lk. 1:51-52) Hail Mary...
9. "God has filled the hungry with good things and has sent the rich away empty." (Lk. 1:53) Hail Mary...
10. "God has come to the aid of Israel, remembering the promise made to our ancestors: to Abraham and Sarah and their descendants." (Lk. 1:54-55) Hail Mary... Glory be... O my Jesus...



The Nativity

The Third Joyful Mystery The Nativity

Mary gave birth to her son, Jesus. Our Father...

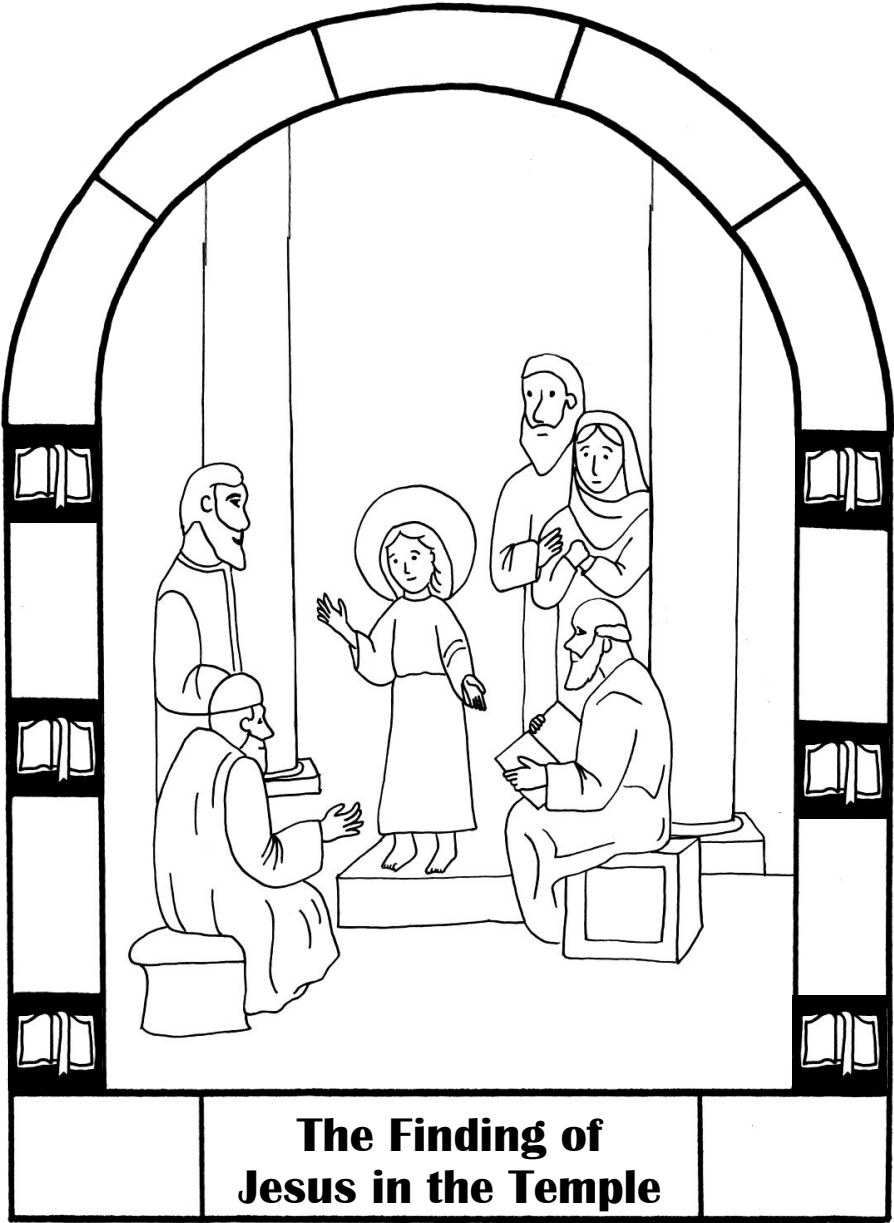
1. The Emperor Augustus ordered a census of the Roman Empire, and all people went to register in the cities where their ancestors had lived. So Joseph, a descendant of King David, traveled with Mary to Bethlehem. (Lk. 2:1-5) Hail Mary...
2. While they were in Bethlehem, the time came for Mary to have her child. (Lk. 2:6) Hail Mary...
3. Mary gave birth to her firstborn son, wrapped him in swaddling clothes, and laid him in a manger—because there was no room for them at the inn. (Lk. 2:7) Hail Mary...
4. An angel appeared to the shepherds in the fields near Bethlehem, saying, “Today your Savior, Christ the Lord, was born in David’s city. You will find him wrapped in swaddling clothes and lying in a manger!” (Lk. 2:8-12) Hail Mary...
5. A large number of angels appeared, crying out, “Glory to God in the highest heaven, and peace on earth to all people of good will!” (Lk. 2:13-14) Hail Mary...
6. The shepherds said to each other, “Let us go to Bethlehem and see the newborn King!” (Lk. 2:15) Hail Mary...
7. The shepherds found Mary and Joseph with the baby, who was lying in the manger. (Lk. 2:16) Hail Mary...
8. The shepherds shared their story, and all who heard it were amazed. (Lk. 2:17-18) Hail Mary...
9. Mary treasured all these events in her heart. (Lk. 2:19) Hail Mary...
10. The shepherds returned to their flocks, glorifying and praising God for all they had seen and heard. (Lk. 2:20) Hail Mary...
Glory be... O my Jesus...



The Fourth Joyful Mystery The Presentation

Mary and Joseph took the infant Jesus to the temple, to present him to God. Our Father...

1. Eight days after Jesus' birth, Joseph and Mary took him to the temple, to be circumcised. (Lk. 2:21) Hail Mary...
2. They offered a pair of doves, in accordance with the Law: "Every firstborn boy is to be set apart as holy to the Lord." (Lk. 2:23-24) Hail Mary...
3. Simeon was waiting in the temple for the one who would comfort Israel. (Lk. 2:25) Hail Mary...
4. The Holy Spirit had told Simeon that he would not die until he had seen the messiah. (Lk. 2:25-26) Hail Mary...
5. When Mary and Joseph brought the child Jesus into the courtyard, Simeon took the child into his arms and praised God. (Lk. 2:27) Hail Mary...
6. Simeon said, "Lord, let your servant go in peace, for my eyes have seen the salvation that you have prepared in the sight of your people." (Lk. 2:29-31) Hail Mary...
7. "He will be a light revealing your salvation to the nations, bringing glory to your people, Israel." (Lk. 2:32) Hail Mary...
8. Then Simeon said to Mary, "Your child will cause the rise and fall of many in Israel, and a sword of sorrow will pierce your heart." (Lk. 2:34-35) Hail Mary...
9. Anna, a prophetess and widow, praised God and spoke of Jesus to all who awaited the liberation of Israel. (Lk. 2:36-38) Hail Mary...
10. After doing what the Lord prescribed, Joseph and Mary returned to their hometown of Nazareth in Galilee, and their child grew strong and was filled with wisdom—and God's favor was with him. (Lk. 2:39-40) Hail Mary... Glory be... O my Jesus...



The Fifth Joyful Mystery

The Finding of Jesus in the Temple

Mary and Joseph found Jesus in the temple, discussing his faith with the teachers and elders. Our Father...

1. When Jesus was twelve years old, his parents took him to Jerusalem for the festival of Passover, as was their custom. (Lk. 2:41-42) Hail Mary...
2. When the festival was over, Mary and Joseph left for home, not knowing that Jesus stayed behind in Jerusalem. (Lk. 2:43) Hail Mary...
3. They looked for Jesus among their relatives and friends. (Lk. 2:44) Hail Mary...
4. Not finding him, Joseph and Mary returned to Jerusalem, to look for their son. (Lk. 2:45) Hail Mary...
5. Three days later, they found Jesus in the temple courtyard, sitting among the teachers, listening to them, and asking them questions. (Lk. 2:46) Hail Mary...
6. Everyone was astonished by Jesus' understanding and answers. (Lk. 2:47) Hail Mary...
7. Mary said to Jesus, "Son, why have you done this to us? Your father and I have been worried sick looking for you!" (Lk. 2:48) Hail Mary...
8. Jesus replied, "Why were you looking for me? Didn't you know that I would be here in God's temple?" (Lk. 2:49) Hail Mary...
9. Mary and Joseph didn't understand what he meant. (Lk. 2:50) Hail Mary...
10. Jesus returned with his parents to Nazareth, where he grew in wisdom and maturity, gaining favor in the eyes of God and people. (Lk. 2:51-52) Hail Mary... Glory be... O my Jesus...

Concluding Prayers

After reciting all five decades, recite the following prayers.

Hail, Holy Queen, **mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.**

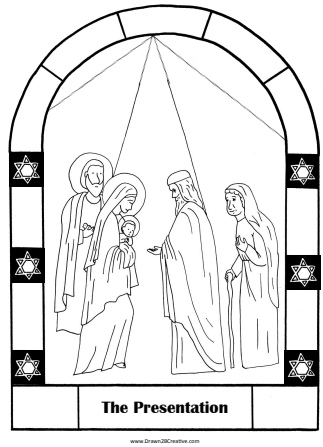
Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.

O God whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. **Amen.**

May the Divine assistance remain always with us. **Amen.**

And may the souls of the faithful departed, through the mercy of God, rest in peace. **Amen.**

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.



The Luminous Mysteries

We pray the Luminous Mysteries on Thursdays and during the season of Ordinary Time.

On the cross or crucifix:

+ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day, he rose again; he ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence he shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

On each large bead:

Our Father who art in heaven, hallowed be thy name: Thy kingdom come, thy will be done on earth as it is in heaven. **Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

We pray for an increase in the virtues of faith, hope and love.

On the three subsequent small beads:

Faith is the assurance of things hoped for, the conviction of things not seen. (Heb. 11:1)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

My hope comes from God. (Ps. 62:5)

Hail Mary...

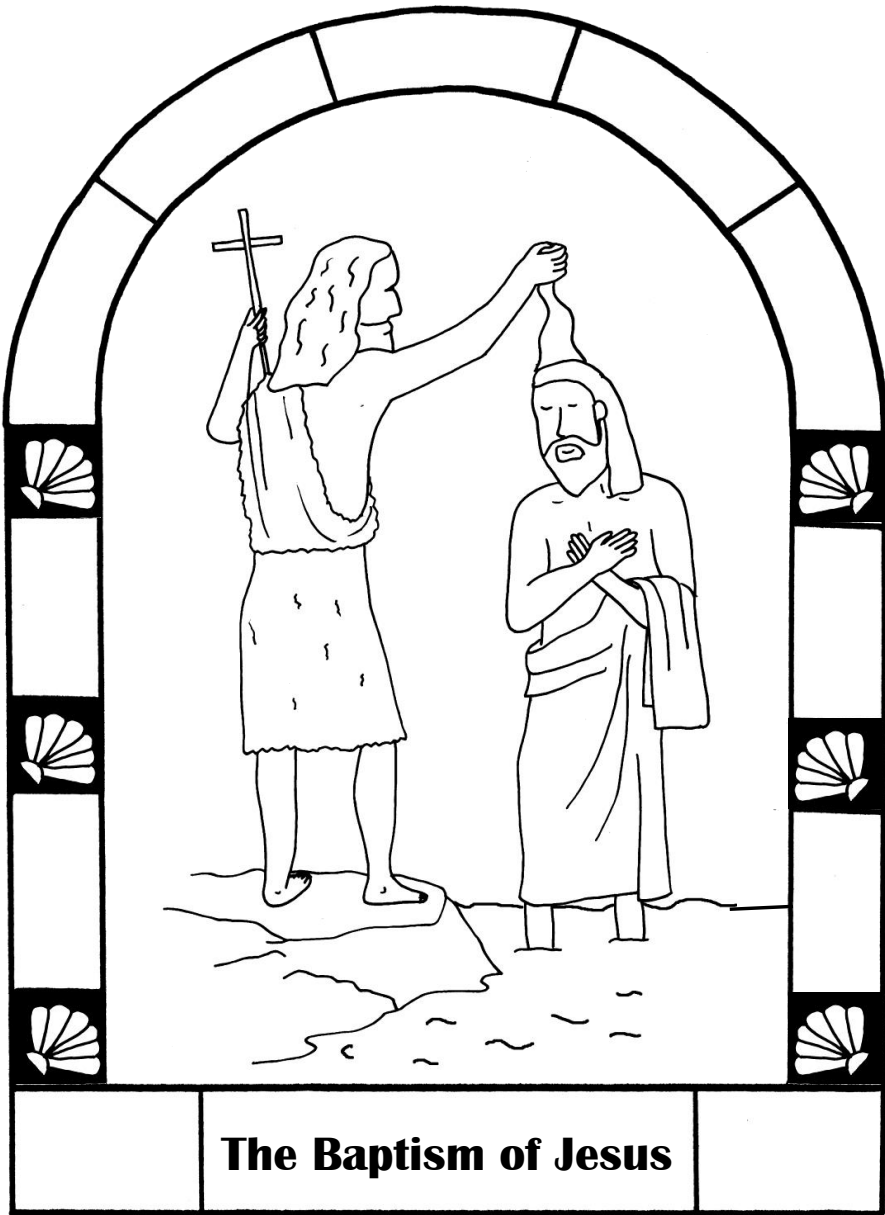
Three things will last forever – faith, hope, and love – and the greatest of these is love. (1Cor. 13:13)

Hail Mary...

After each set of Hail Mary's:

Glory be to the Father, and to the Son and to the Holy Spirit. **As it was in the beginning, is now and ever shall be, world without end. Amen.**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.

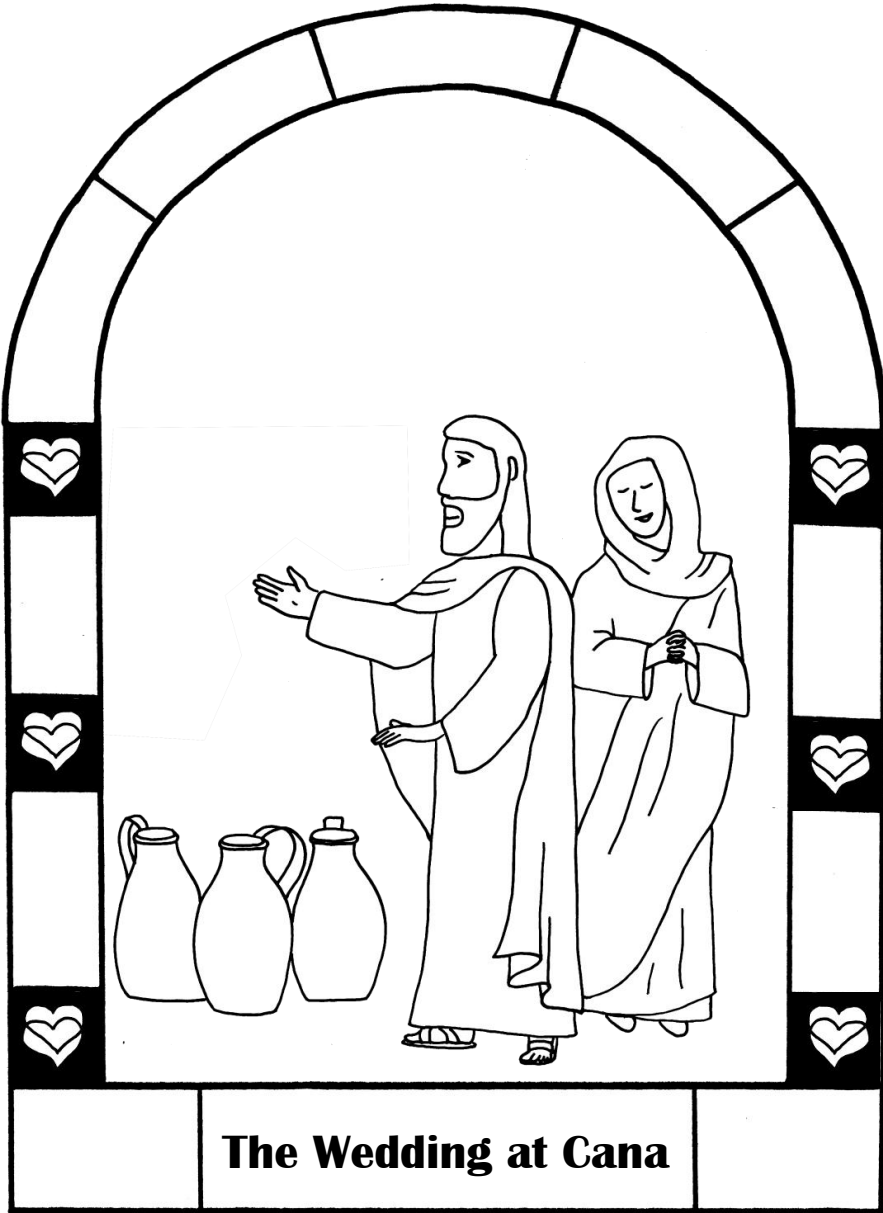


The First Luminous Mystery

The Baptism of Jesus in the Jordan River

Jesus was baptized by John the Baptist and was revealed as God's beloved Son. Our Father...

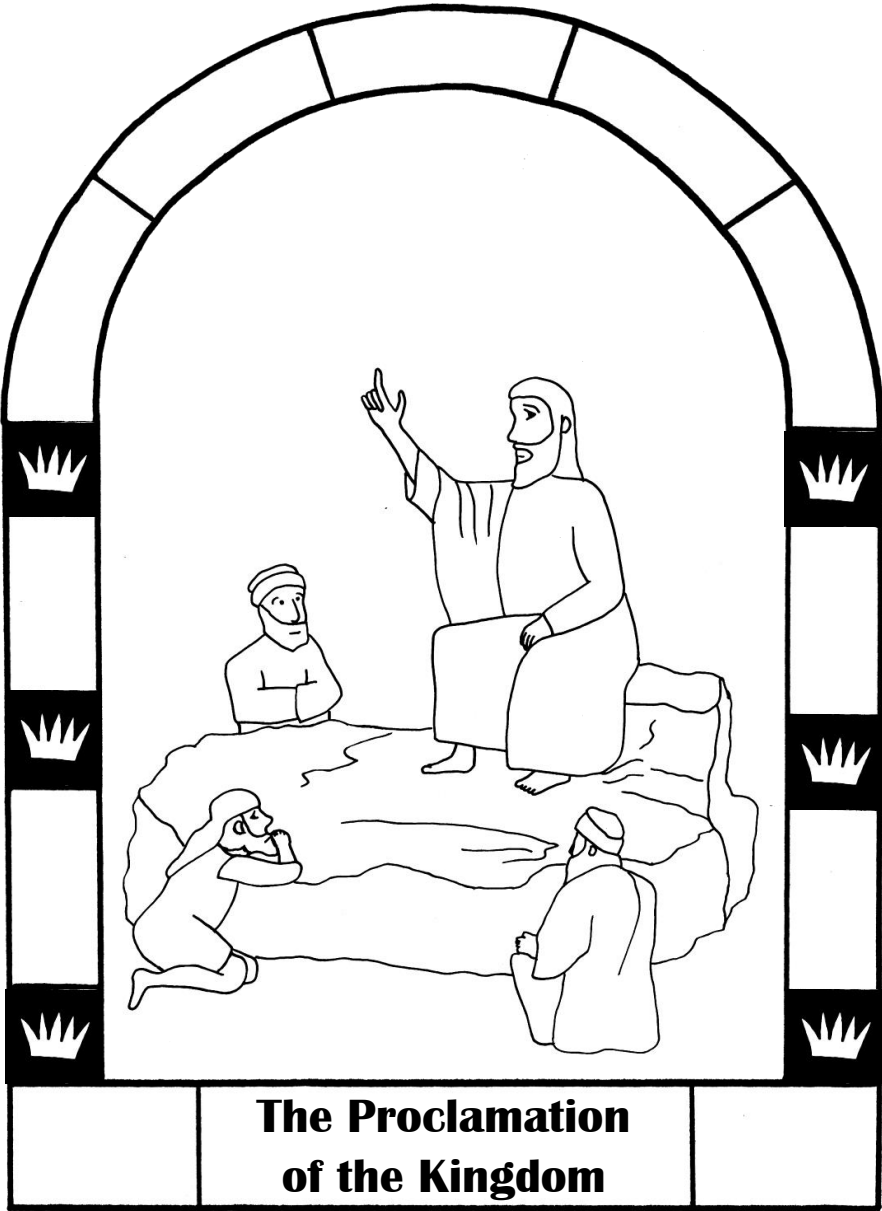
1. Jesus came from Galilee to be baptized by John the Baptist in the Jordan River. (Mt. 3:13) Hail Mary...
2. When John saw Jesus, he said, "Behold the Lamb of God, who takes away the sins of the world!" (Jn. 1:19) Hail Mary...
3. John continued, "This is the one of whom I have said, 'The one who comes after me ranks ahead of me, for he was before me.'" (Jn. 1:30) Hail Mary...
4. John told Jesus, "I need to be baptized by you, and yet you come to me?" (Mt. 3:14) Hail Mary...
5. Jesus answered him, "Allow it for now, for thus it is fitting for us to fulfill all righteousness." (Mt. 3:15) Hail Mary...
6. When Jesus was baptized, the heavens were immediately opened, and the Spirit descended on him in the form of a dove. (Mk. 1:10) Hail Mary...
7. A voice from heaven said, "This is my beloved son, with whom I am well pleased." (Mt. 3:17) Hail Mary...
8. John testified, "I have seen and have borne witness that this is the Son of God!" (Jn. 1:34) Hail Mary...
9. John said, "For this I came baptizing with water: that he might be revealed to Israel." (Jn. 1:31) Hail Mary...
10. Jesus was then led into the wilderness, to be tempted by Satan. (Mt. 4:1) Hail Mary... Glory be... O my Jesus...



The Second Luminous Mystery The Wedding at Cana

At the request of Mary, Jesus performed his first miracle. Our Father...

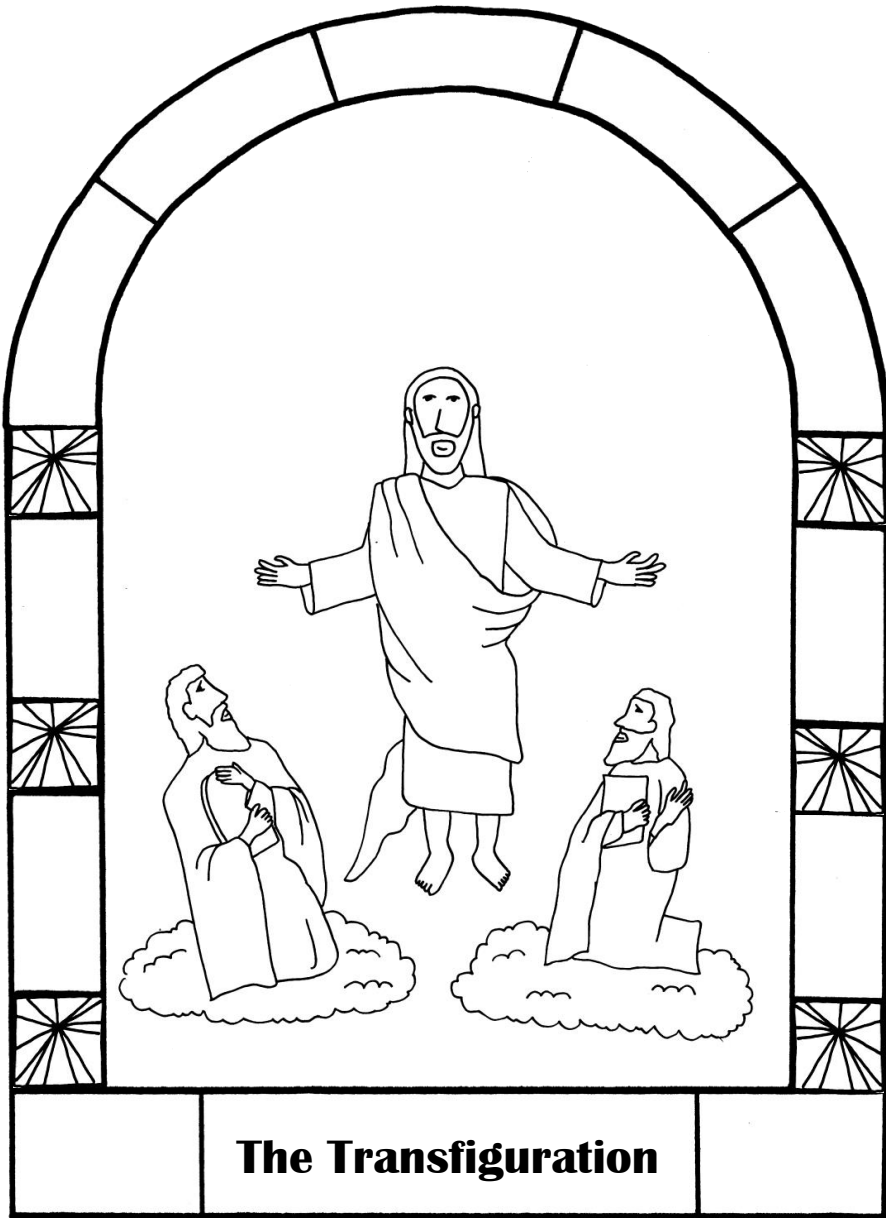
1. Four days after meeting Andrew and Simon, Jesus and his disciples were invited to a wedding in the city of Cana in Galilee. (Jn. 2:1-2) Hail Mary...
2. Jesus' mother was there, too. (Jn. 2:1) Hail Mary...
3. When the wine was gone, Jesus' mother said to him, "They're out of wine." (Jn. 2:3) Hail Mary...
4. Jesus said to her, "Why did you come to me? My time has not yet come." (Jn. 2:4) Hail Mary...
5. Mary told the servers, "Do whatever he tells you." (Jn. 2:5) Hail Mary...
6. There were six stone water jars for Jewish purification rituals, each holding 18 to 27 gallons. Jesus told the servers, "Fill the jars with water." (Jn. 2:6-7) Hail Mary...
7. Jesus told the servants, "Pour some, and take it to the steward in charge." The servers did as they were told. (Jn. 2:8) Hail Mary...
8. The steward tasted the water that had become wine. (Jn. 2:9) Hail Mary...
9. The steward called the groom and said to him, "Everyone serves the best wine first, then, when people are drunk, they serve cheap wine – but you have saved the best wine for now!" (Jn. 2:9-10) Hail Mary...
10. This was Jesus' first miracle, where he made his glory public, and his disciples began to believe in him. (Jn. 2:11) Hail Mary...
Glory be... O my Jesus...



The Third Luminous Mystery The Proclamation of the Kingdom

Jesus called all people to conversion and service to God's kingdom.
Our Father...

1. In those days, John the Baptist preached in the wilderness of Judea: "Repent for the kingdom of heaven is at hand!" (Mt. 3:1-2) Hail Mary...
2. Jesus left Nazareth and lived in Capernaum by the sea, so that the words of the prophet Isaiah might be fulfilled. (Mt. 4:13-14) Hail Mary...
3. "The people who sat in darkness have seen a great light!" (Mt. 4:16) Hail Mary...
4. From that time, Jesus began to preach, "Repent, for the kingdom of God is at hand!" (Mt. 4:17) Hail Mary...
5. Jesus came to his own country and taught the people in their synagogues. (Mt. 13:53-54) Hail Mary...
6. The people were astonished and asked, "Where did he get this wisdom and these mighty works?" (Mt. 13:54) Hail Mary...
7. "Is this not the carpenter's son? Don't we know his mother, Mary?" (Mt. 13:55) Hail Mary...
8. "We know his brothers: James, Joseph, Simon and Judas. His sisters are here with us. Where, then, did he get this wisdom?" (Mt. 13:55-56) Hail Mary...
9. The people took offense at Jesus, who said, "A prophet is not without honor, except in his own country." (Mt. 13:57) Hail Mary...
10. Jesus laid his hands on the sick and healed them. (Mk. 6:5) Hail Mary... Glory be... O my Jesus...



The Transfiguration

The Fourth Luminous Mystery

The Transfiguration of Jesus

Jesus was revealed in glory to Peter, James and John. Our Father...

1. Jesus took Peter, James and John and led them up a high mountain. (Mt. 17:1) Hail Mary...
2. Jesus was transfigured before them, his face shone like the sun, and his garments became white as light! (Mt. 17:2) Hail Mary...
3. Behold, there appeared to them Moses and Elijah, talking to Jesus (Mt. 17:3) Hail Mary...
4. Peter said to Jesus, "Lord, it is good that we are here!" (Mt. 17:4) Hail Mary...
5. "We will set up three tents: one for you, one for Moses, and one for Elijah!" (Mt. 17:4) Hail Mary...
6. While Peter was still speaking, a bright cloud overshadowed them. (Mt. 17:5) Hail Mary...
7. A voice came from the cloud, saying, "This is my beloved Son, with whom I am well pleased. Listen to him!" (Mt. 17:5) Hail Mary...
8. The disciples fell on their faces, filled with awe. (Mt. 17:6) Hail Mary...
9. When they lifted their eyes, they saw no one, but Jesus alone. (Mt. 17:8) Hail Mary...
10. As they came down the mountain, Jesus commanded them: "Tell no one of the vision until the Son of God is raised from the dead." (Mt. 17:9) Hail Mary... Glory be... O my Jesus...



**The Institution of
the Eucharist**

The Fifth Luminous Mystery The Institution of the Eucharist

Jesus shared a loaf of bread and a cup of wine as his last meal with his friends. Our Father...

1. Jesus said, "If you eat my flesh and drink my blood, you will live in me, and I in you." (Jn. 6:56) Hail Mary...
2. When it was evening, Jesus sat at table with the twelve disciples. (Mt. 26:20) Hail Mary...
3. Jesus said to his disciples, "I have earnestly desired to eat this passover with you before I suffer." (Lk. 22:15) Hail Mary...
4. Jesus rose from supper, laid aside his garments, girded himself with a towel, and began to wash the disciple's feet. (Jn. 13:4-5) Hail Mary...
5. After he washed their feet, he said, "If I, your Lord and Teacher, have washed your feet, you, too, should wash one another's feet." (Jn. 13:14) Hail Mary...
6. As they were eating, Jesus took bread, blessed it, broke it and gave it to his disciples, saying, "Take, eat, this is my body." (Mt. 26:26) Hail Mary...
7. He then took a cup, gave thanks, and gave it to them, saying, "Drink of it, all of you. This is my blood of the covenant, which is poured out for you." (Mt. 26:27-28) Hail Mary...
8. "I will not drink again of the fruit of the vine until I drink it anew in the kingdom of heaven." (Mt. 26:29) Hail Mary...
9. The cup of blessing we bless is a sharing in the blood of Christ. The bread we break is a sharing in the body of Christ. (1Cor. 10:16) Hail Mary...
10. We are one body, although we are many individuals. All of us share one loaf. (1Cor. 10:17) Hail Mary... Glory be... O my Jesus...

Concluding Prayers

After reciting all five decades, recite the following prayers.

Hail, Holy Queen, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

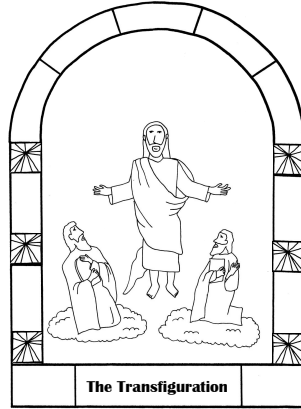
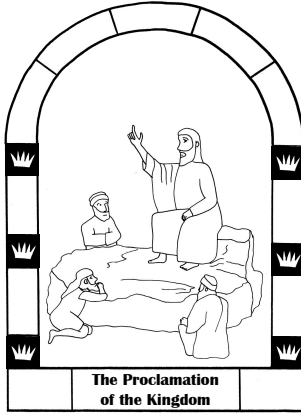
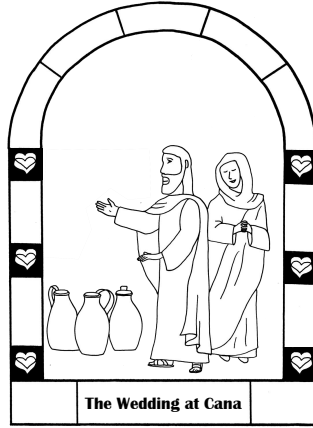
**Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.**

O God whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. **Amen.**

May the Divine assistance remain always with us. **Amen.**

And may the souls of the faithful departed, through the mercy of God, rest in peace. **Amen.**

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.



The Sorrowful Mysteries

We pray the Sorrowful Mysteries on Tuesdays and Fridays and during the season of Lent.

On the cross or crucifix:

+ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day, he rose again; he ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence he shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

On each large bead:

Our Father who art in heaven, hallowed be thy name: Thy kingdom come, thy will be done on earth as it is in heaven. **Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

We pray for an increase in the virtues of faith, hope and love.

On the three subsequent small beads:

Faith is the assurance of things hoped for, the conviction of things not seen. (Heb. 11:1)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

My hope comes from God. (Ps. 62:5)

Hail Mary...

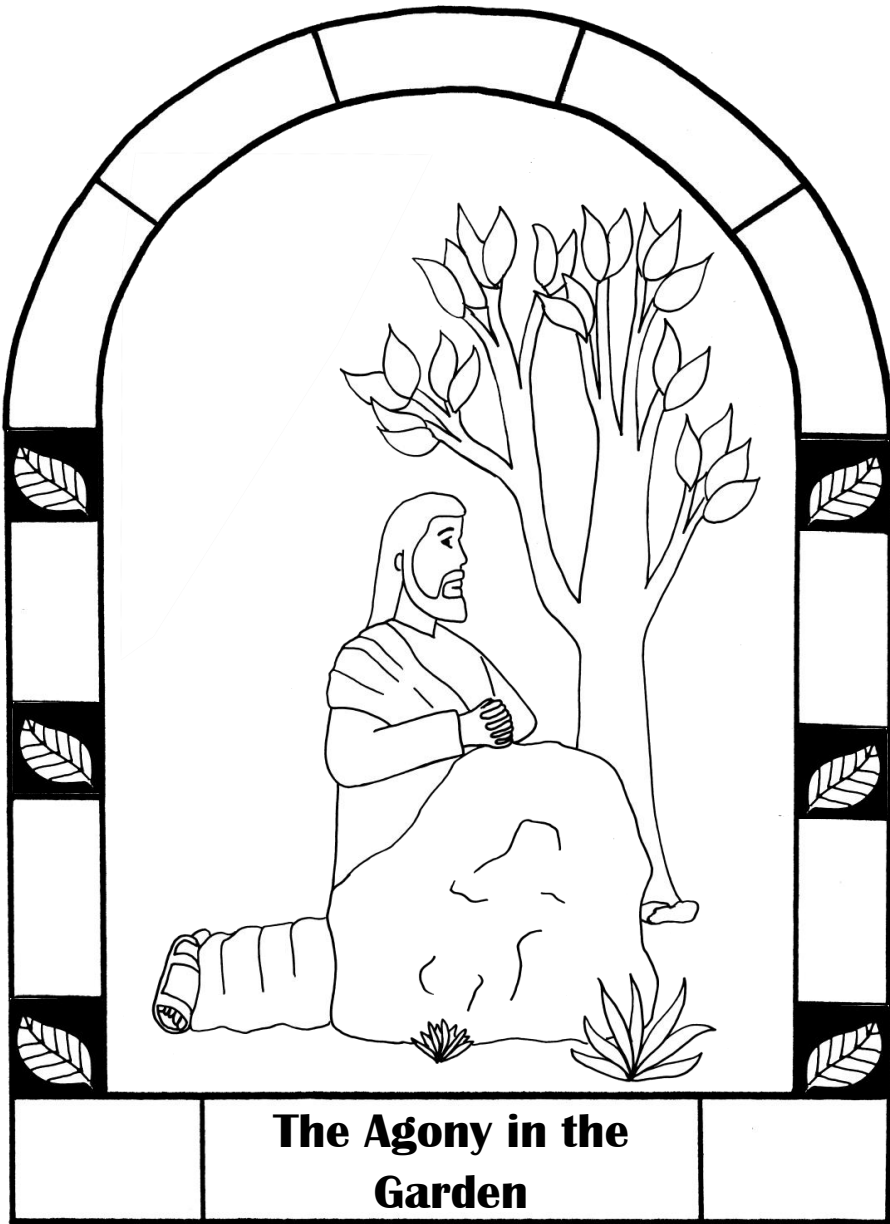
Three things will last forever – faith, hope, and love – and the greatest of these is love. (1Cor. 13:13)

Hail Mary...

After each set of Hail Mary's:

Glory be to the Father, and to the Son and to the Holy Spirit. **As it was in the beginning, is now and ever shall be, world without end. Amen.**

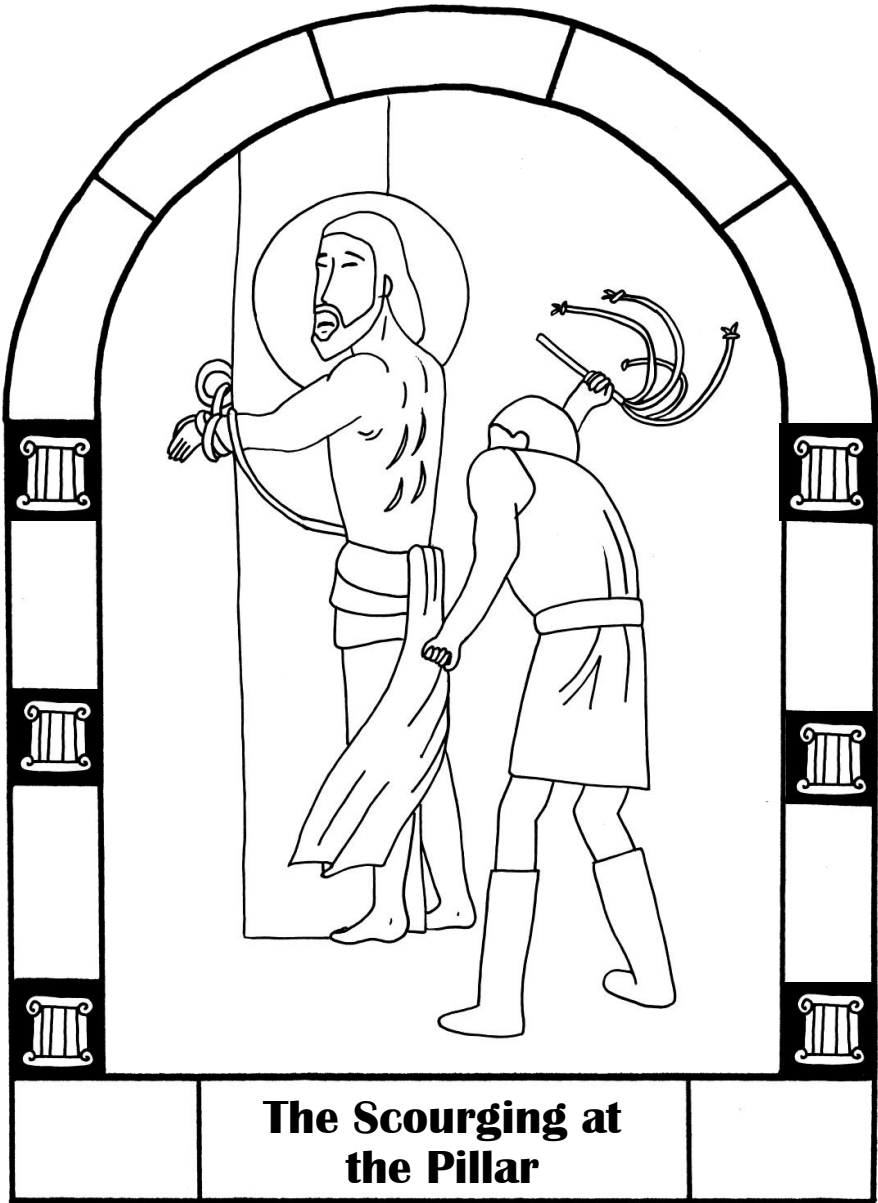
O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.



The First Sorrowful Mystery The Agony in the Garden

On the night before he died, Jesus prayed in the Garden of Gethsemane. Our Father...

1. Jesus went with his disciples to a place called Gethsemane. (Mt. 26:36) Hail Mary...
2. Jesus said to his disciples, "Sit here while I pray." (Mk. 14:32) Hail Mary...
3. Jesus took with him Peter, James and John (Mk. 14:33) Hail Mary...
4. Greatly distressed and troubled, Jesus fell on the ground and prayed. (Mk. 14:33-34) Hail Mary...
5. Jesus prayed, "If it is possible, let this cup of suffering pass from me—yet not my will, but your will, be done." (Mt. 26:39) Hail Mary...
6. Finding the disciples asleep, he asked Peter, "Could you not watch with me one hour? Watch and pray that you may not enter into temptation." (Mt. 26:40-41) Hail Mary...
7. A second time, Jesus went and prayed: "If this cup will not pass until I drink from it, may your will be done." (Mt. 26:42) Hail Mary...
8. Finding the disciples sleeping again, Jesus went and prayed a third time. (Mt. 26:44) Hail Mary...
9. Jesus came to his disciples and said, "Behold, the hour is at hand when the Son of God will be betrayed into the hands of sinners." (Mt. 26:45) Hail Mary...
10. While Jesus was speaking, Judas came with a great crowd sent by the chief priests and the elders of the people, carrying swords and clubs. After Judas kissed him, they seized Jesus. (Mt. 26:47-49) Hail Mary... Glory be... O my Jesus...



**The Scouring at
the Pillar**

The Second Sorrowful Mystery

The Scourging at the Pillar

Stripped of his garments, Jesus was lashed and whipped. Our Father...

1. The disciples fled. (Mt. 26:56) Hail Mary...
2. Those who had seized Jesus led him to the high priest, where the scribes and elders had gathered. (Mt. 26:57) Hail Mary...
3. Peter denied Jesus for a third time, saying, "I swear I do not know the man!" Immediately, the cock crowed. (Mt. 26:74) Hail Mary...
4. Those who held Jesus mocked him and beat him. (Lk. 22:63) Hail Mary...
5. They blindfolded him, slapped him, and jeered, "Who struck you, prophet?" (Lk. 22:64) Hail Mary...
6. Jesus said, "I will destroy this temple and rebuild it in three days." The high priest tore his robes and said, "He has uttered blasphemy!" (Mt. 26:61 & 65) Hail Mary...
7. They bound Jesus and led him away to Pilate the governor. (Mt. 27:2) Hail Mary...
8. Pilate sent Jesus to Herod, whose soldiers mocked him and treated him with contempt. (Lk. 23:6 & 11) Hail Mary...
9. Wishing to satisfy the crowd, Pilate sent Jesus to be scourged. (Mk. 15:15) Hail Mary...
10. The prophet Isaiah said, "He has taken upon himself our suffering and carried our sorrows. Beaten and punished, he was wounded for our rebellious acts and crushed for our sins, and by his wounds we are healed." (Is. 53:4-5) Hail Mary...
Glory be... O my Jesus...

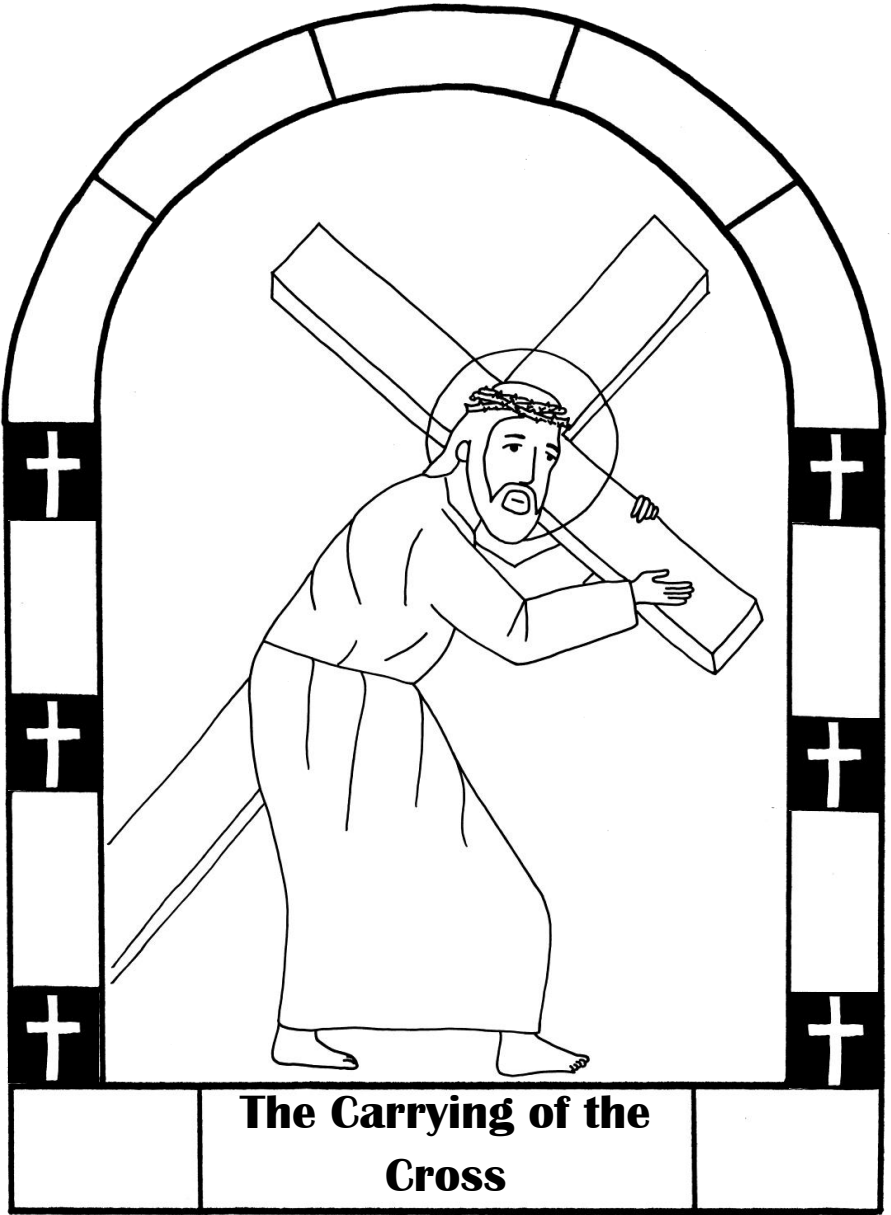


**The Crowning
with Thorns**

The Third Sorrowful Mystery The Crowning with Thorns

Jesus was mocked by the soldiers, who placed on his head a crown of thorns. Our Father...

1. They stripped Jesus of his clothes. (Mt. 27:28) Hail Mary...
2. They clothed Jesus in a purple robe, and they created a crown of thorns that they put on his head. (Mk. 15:17) Hail Mary...
3. They placed a reed in his hand and knelt before him. (Mt. 27:29) Hail Mary...
4. They mocked him, saying, "Hail, King of the Jews!" (Mt. 27:29) Hail Mary...
5. They spat upon him and, taking the reed from his hand, struck him on the head. (Mt. 27:30) Hail Mary...
6. Jesus came out, wearing the crown of thorns and the purple robe, and Pilate said to the people, "Behold the man!" (Jn. 19:5) Hail Mary...
7. Pilate said to the people, "Behold your king!" The people cried out, "Away with him! Crucify him!" (Jn. 19:14-15) Hail Mary...
8. Pilate asked, "Shall I crucify your king?" The chief priests answered, "We have no king but Caesar!" (Jn. 19:15) Hail Mary...
9. Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him." (Jn. 19:6) Hail Mary...
10. They mocked him, stripped him of the robe, and put his own clothes on him. (Mt. 27:31) Hail Mary... Glory be... O my Jesus...

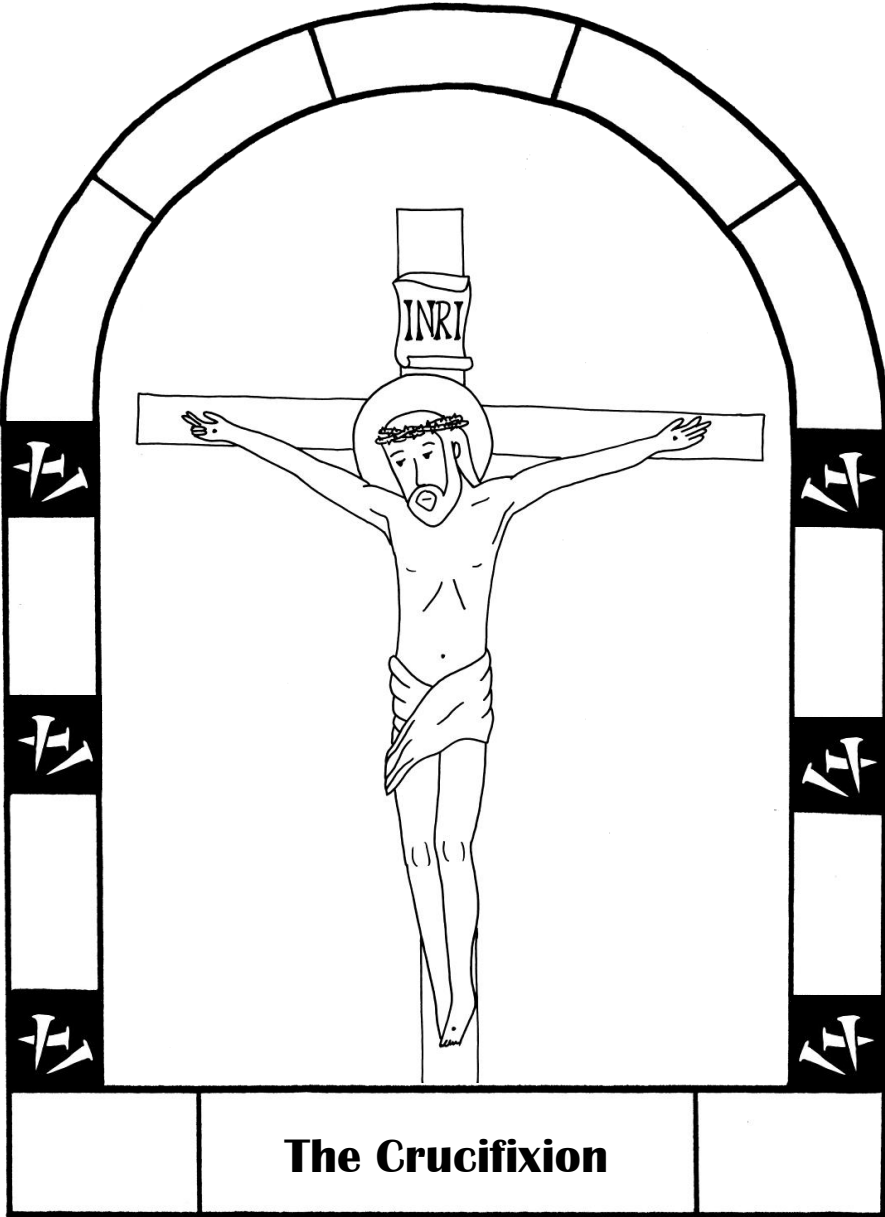


**The Carrying of the
Cross**

The Fourth Sorrowful Mystery The Carrying of the Cross

Jesus was forced to carry the instrument of his execution. Our Father...

1. Seeing that he was gaining nothing, Pilate washed his hands and said, "I am innocent of this man's blood." (Mt. 27:24)
Hail Mary...
2. The people responded, "May his blood be on us and on our children!" (Mt. 27:25) Hail Mary...
3. Pilate handed Jesus over to the people to be crucified. (Jn. 19:16)
Hail Mary...
4. They led Jesus out to crucify him. (Mk. 15:20) Hail Mary...
5. They seized a passerby, Simon of Cyrene, and compelled him to carry the cross behind Jesus. (Lk. 23:26) Hail Mary...
6. A great multitude of people followed him. (Lk. 23:27)
Hail Mary...
7. The women weiled and lamented him. (Lk. 23:27) Hail Mary...
8. Jesus said to them, "Do not weep for me, daughters of Jerusalem, but weep for yourselves and for your children." (Lk. 23:28) Hail Mary...
9. Jesus said, "If they do this when the wood is green, what will happen when the wood is dry?" (Lk. 23:31) Hail Mary...
10. Two criminals were led away to be put to death with him. (Lk. 23:32) Hail Mary... Glory be... O my Jesus...



The Fifth Sorrowful Mystery **The Crucifixion of the Lord**

Jesus was nailed to the cross and died after three hours of agony.
Our Father...

1. They brought Jesus to the Place of the Skull, where they offered him wine mixed with gall. Jesus tasted it but would not drink it. (Mt. 27:33-34) Hail Mary...
2. They crucified him and the criminals: one on his right and one on his left. (Lk. 23:33) Hail Mary...
3. Jesus prayed, "Father, forgive them, for they know not what they do." (Lk. 23:34) Hail Mary...
4. They placed Pilate's inscription on the cross: "Jesus of Nazareth, King of the Jews." (Jn. 19:19) Hail Mary...
5. Standing by the cross of Jesus were his mother, his mother's sister, and Mary Magdalene. (Jn. 19:25) Hail Mary...
6. When Jesus saw his mother and the disciple whom he loved standing near her, he said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" (Jn. 19:26-27) Hail Mary...
7. The people mocked him, saying, "You who would destroy the temple and rebuild it in three days, save yourself!" (Mt. 27:40) Hail Mary...
8. One of the criminals railed at Jesus, saying, "Are you not the Christ? Save yourself and us!" The other rebuked him and said, "Jesus, remember me when you come into your kingdom." (Jn. 19:39-42) Hail Mary...
9. The sun's light faded and the curtain of the temple was torn in two. Jesus cried out in a loud voice, "Father, into your hands I commend my spirit." And having said this, he breathed his last. (Lk. 23:45-46) Hail Mary...
10. The centurion and those watching over Jesus felt an earthquake and were filled with awe. They said, "Truly this was the Son of God!" (Mt. 27:54) Hail Mary... Glory be... O my Jesus...

Concluding Prayers

After reciting all five decades, recite the following prayers.

Hail, Holy Queen, **mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.**

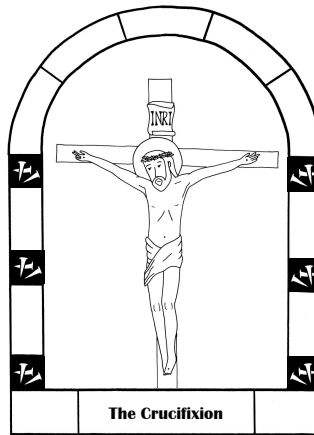
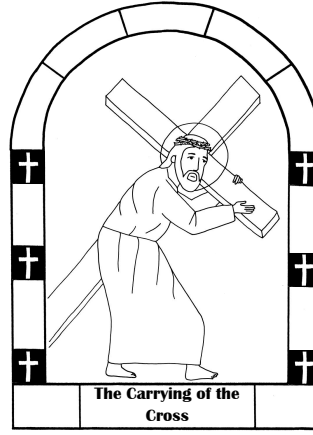
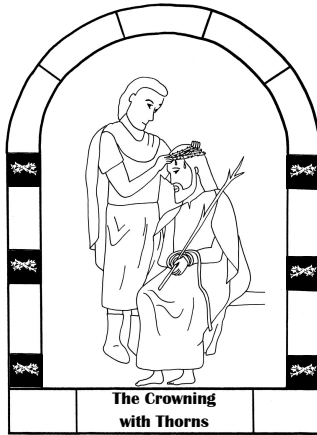
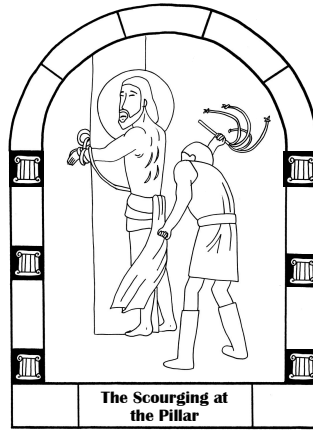
Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.

O God whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. **Amen.**

May the Divine assistance remain always with us. **Amen.**

And may the souls of the faithful departed, through the mercy of God, rest in peace. **Amen.**

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.



The Glorious Mysteries

We pray the Glorious Mysteries on Wednesdays and Sundays and during the season of Easter.

On the cross or crucifix:

+ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day, he rose again; he ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence he shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

On each large bead:

Our Father who art in heaven, hallowed be thy name: Thy kingdom come, thy will be done on earth as it is in heaven. **Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

We pray for an increase in the virtues of faith, hope and love.

On the three subsequent small beads:

Faith is the assurance of things hoped for, the conviction of things not seen. (Heb. 11:1)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

My hope comes from God. (Ps. 62:5)

Hail Mary...

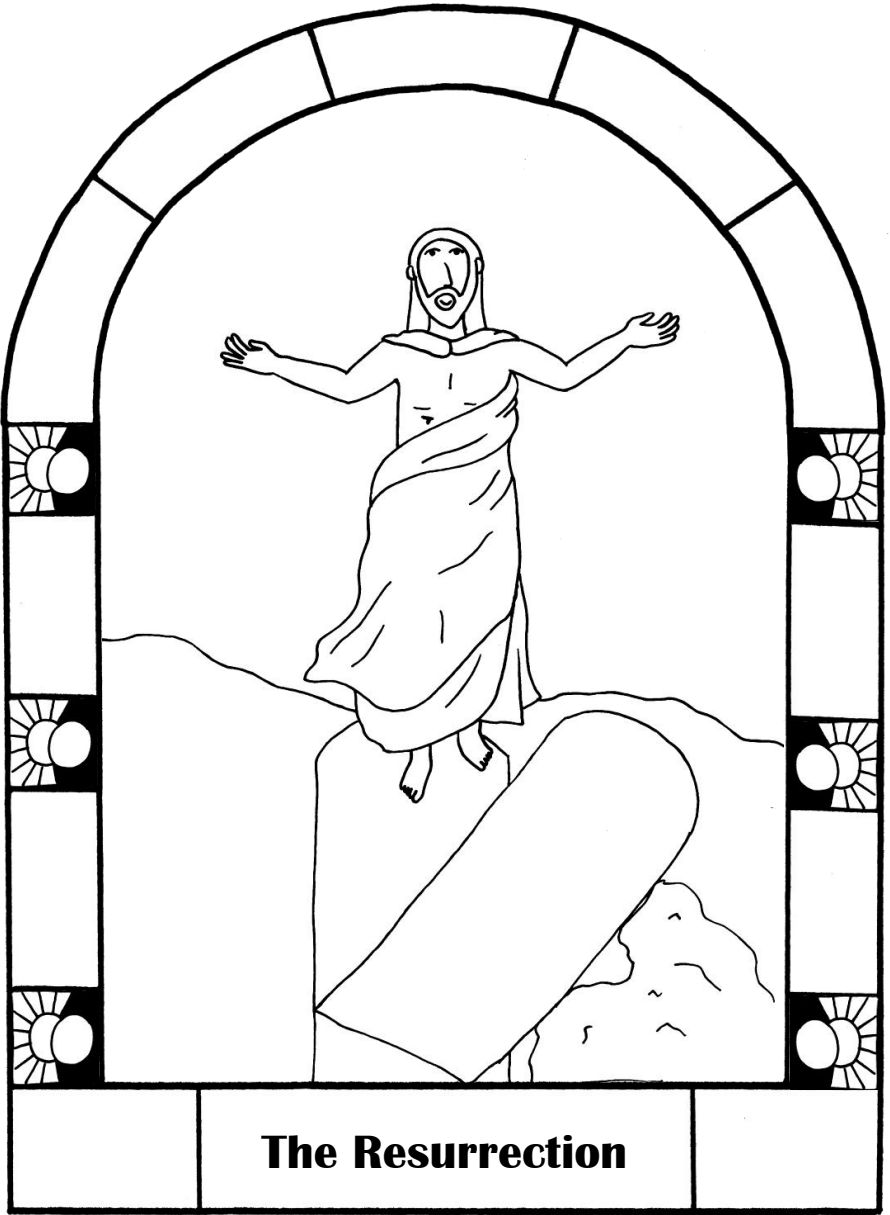
Three things will last forever – faith, hope, and love – and the greatest of these is love. (1Cor. 13:13)

Hail Mary...

After each set of Hail Mary's:

Glory be to the Father, and to the Son and to the Holy Spirit. **As it was in the beginning, is now and ever shall be, world without end. Amen.**

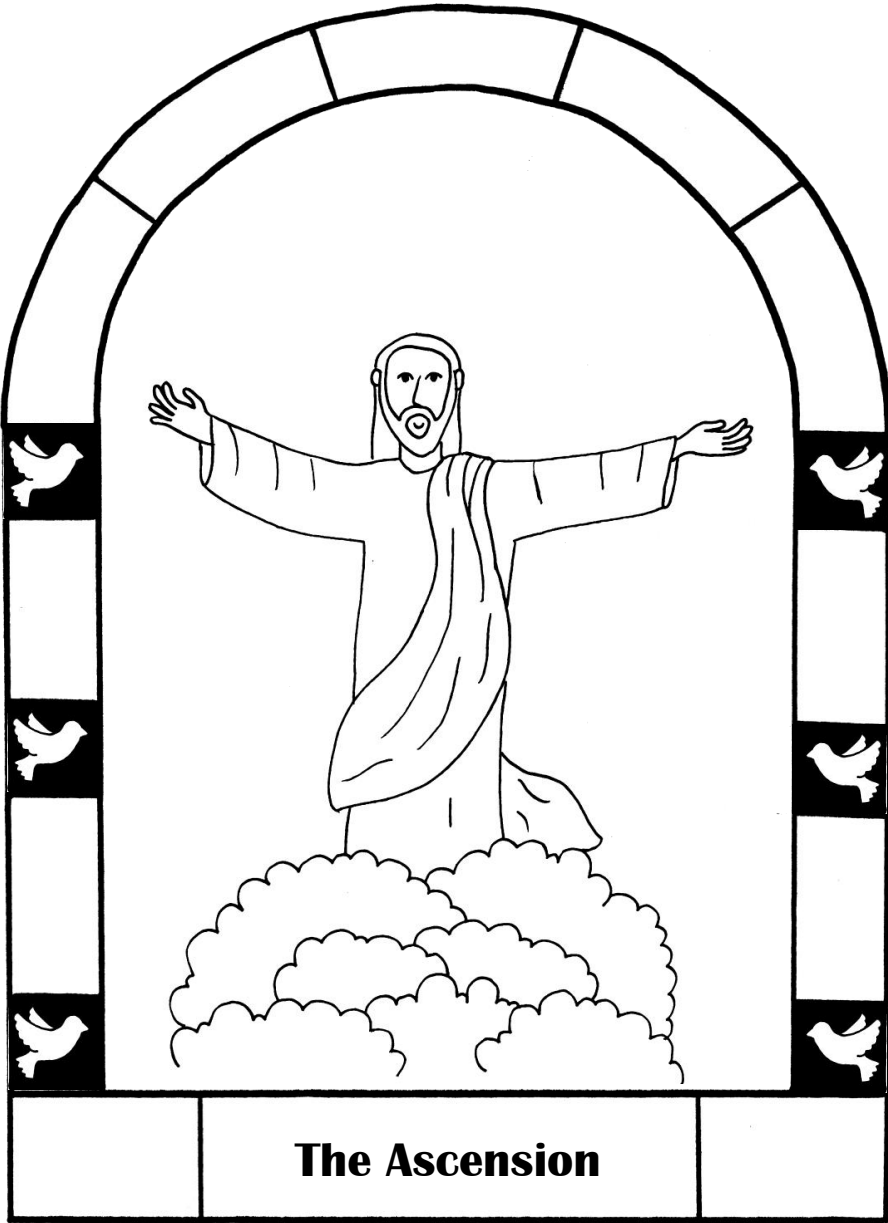
O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.



The First Glorious Mystery The Resurrection of the Lord

God raised Jesus from the dead. Our Father...

1. Walking to the tomb at dawn on the first day of the week, Mary Magdalene and the other Mary asked, "Who will roll away the stone for us from the door of the tomb?" (Mk. 16:3-4)
Hail Mary...
2. Behold, there was a great earthquake, and the angel of the Lord descended from heaven and rolled back the stone and sat upon it. His appearance was like lightning, and his clothes were white as snow. (Mt. 28:2-3) Hail Mary...
3. Entering the tomb, they were amazed to see a young man sitting on the right, dressed in a white robe. (Mk. 16:5)
Hail Mary...
4. The angel said, "Do not be amazed. You seek Jesus of Nazareth, who was crucified. He has risen. He is not here." (Mk. 16:6)
Hail Mary...
5. "Go quickly and tell his disciples that he has risen from the dead and is going before you to Galilee." (Mt. 28:7)
Hail Mary...
6. The women ran from the tomb with fear and great joy, to tell the disciples. (Mt. 28:8) Hail Mary...
7. Simon Peter ran to the tomb with the disciple Jesus loved. The other disciple saw and believed. (Jn. 20:3-8) Hail Mary...
8. Mary Magdalene saw Jesus but did not recognize him. Supposing him to be the gardener, she said, "Where have you laid him?" Jesus said to her, "Mary!" (Jn. 20:14-16) Hail Mary...
9. Mary Magdalene ran to the disciples and said, "I have seen the Lord!" (Jn. 20:18) Hail Mary...
10. That evening, Jesus appeared to his disciples and said, "Peace be with you!" (Jn. 20:19) Hail Mary... Glory be... O my Jesus...

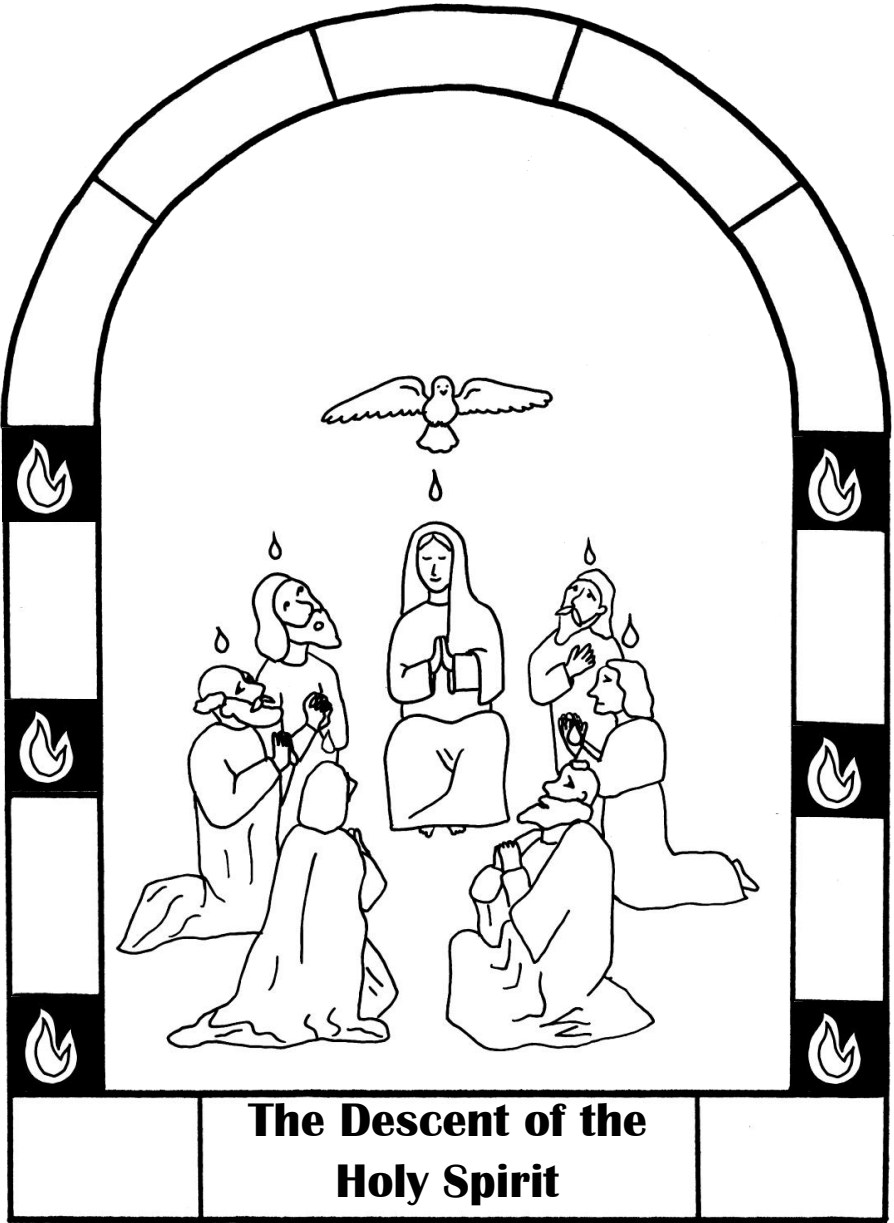


The Second Glorious Mystery

The Ascension of the Lord into Heaven

Jesus returned to God in heaven. Our Father...

1. Jesus stood before his disciples and said to them, "Peace!" They were startled and frightened, thinking that they were seeing a ghost. (Lk. 24:36-37) Hail Mary...
2. Jesus said, "See my hands and my feet. It is me! Ghosts do not have flesh and bones, as I do." (Lk. 24:39) Hail Mary...
3. He asked, "Do you have anything to eat?" They gave him a piece of broiled fish, which he ate. (Lk. 24:40-42) Hail Mary...
4. Then Jesus said, "I spoke my words to you that everything written about me in the scriptures might be fulfilled." Then he opened their minds to understand the scriptures. (Lk. 24:44-45) Hail Mary...
5. "Thus it is written that the Christ should suffer and, on the third day, rise from the dead, and that the forgiveness of sins should be preached to all nations, beginning from Jerusalem." (Lk. 24:46-47) Hail Mary...
6. Jesus appeared to his disciples for forty days, sharing with them convincing evidence that he was alive and speaking with them about God's kingdom. (Acts 1:3) Hail Mary...
7. He told them, "John baptized with water, but in a few days you will be baptized with the Holy Spirit." (Acts 1:5) Hail Mary...
8. Leading his disciples to Bethany, Jesus blessed them, and he was carried up into heaven. (Lk. 24:50-51) Hail Mary...
9. While the disciples stared at the sky, two men in white clothes suddenly stood near them and asked, "Why are you looking at the sky? Jesus was taken to heaven, but he will come back in the same way that you saw him go!" (Acts 1:10-11) Hail Mary...
10. The disciples returned to Jerusalem with great joy. (Lk. 24:52) Hail Mary... Glory be... O my Jesus...



**The Descent of the
Holy Spirit**

The Third Glorious Mystery **The Descent of the Holy Spirit**

The Holy Spirit descended upon the disciples, sharing with them multiple gifts and bringing to birth the Church. Our Father...

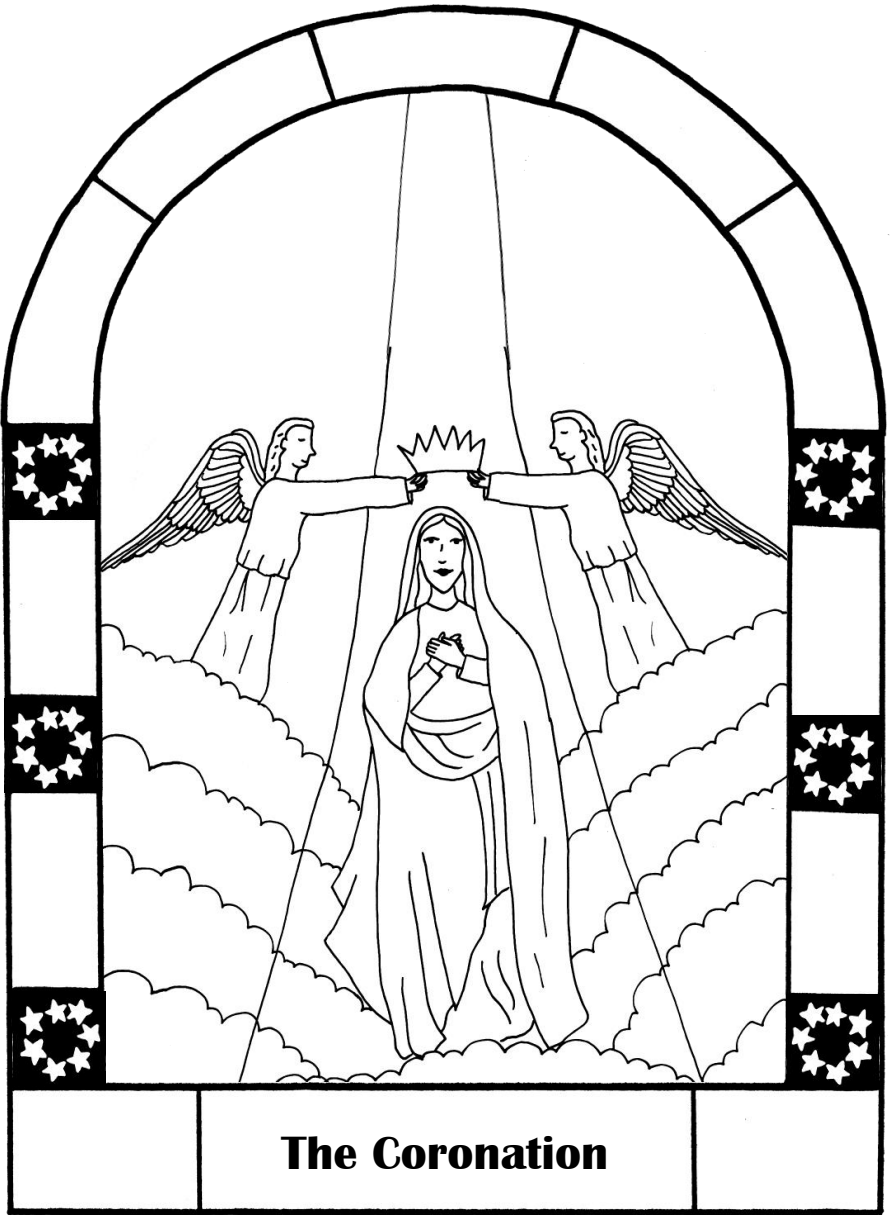
1. When Pentecost came – the fiftieth day after Passover – all the disciples were together in one place. (Acts 2:1) Hail Mary...
2. Suddenly, a violent wind blew through the house where they were, and tongues of fire appeared and rested over them. (Acts 2:2-3) Hail Mary...
3. The disciples were filled with the Holy Spirit. (Acts 2:4) Hail Mary...
4. They began to speak in other languages, as the Spirit gave them the ability to speak. (Acts 2:4) Hail Mary...
5. Devout Jews from every nation were in Jerusalem. They were startled to hear the disciples speaking in different dialects. (Acts 2:5-6) Hail Mary...
6. Stunned and amazed, the people said, "We hear these Galileans speaking in our own languages about the miracles that God has done!" (Acts 2:7-11) Hail Mary...
7. In one Spirit, we were all baptized into one body, and we were all made to drink of one Spirit. (1Cor. 12:13) Hail Mary...
8. The fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Gal. 5:22) Hail Mary...
9. Stir into flame the gifts God has given you! (2Tim. 1:6) Hail Mary...
10. As good stewards of God's varied graces, use the gifts you have received to serve one another. (1Pet. 4:10) Hail Mary... Glory be... O my Jesus...



The Fourth Glorious Mystery **The Assumption of Mary into Heaven**

At the end of her life on earth, Mary was assumed body and soul into heavenly glory. Our Father...

1. Arise, O Lord, and go to your resting place: you and the ark that you have made holy. (Ps. 131:8) Hail Mary...
2. God's temple in heaven was opened, and the ark of the covenant could be seen in the temple. (Rev. 11:19) Hail Mary...
3. A great sign appeared in the sky: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars! (Rev. 12:1) Hail Mary...
4. She gave birth to a son, destined to rule all nations with an iron rod, and her child was taken up to God. (Rev. 12:5) Hail Mary...
5. Then I heard a loud voice in heaven say: "Now have salvation and power come, the kingdom of our God and the authority of God's Anointed!" (Rev. 12:10) Hail Mary...
6. "Therefore, rejoice, you heavens, and you who dwell in them!" (Rev. 12:12) Hail Mary...
7. And the woman was given the wings of a great eagle, so that she could fly to her place. (Rev. 12:14) Hail Mary...
8. The dragon became angry with the woman and waged war against her offspring—against those who keep God's commandments and bear witness to Jesus. (Rev. 12:17) Hail Mary...
9. The queen stands at your right hand, arrayed in gold! (Ps. 45:10) Hail Mary...
10. And the last enemy to be destroyed is death. (1Cor. 15:26) Hail Mary... Glory be... O my Jesus...



The Coronation

The Fifth Glorious Mystery

The Coronation of Mary

Mary was crowned as queen of heaven and earth. Our Father...

1. Let the maiden who pleases the king be queen. (Est. 2:4)
Hail Mary...
2. He set the crown upon her head and made her queen. (Est. 2:17)
Hail Mary...
3. The queen was brought before the king, with the royal crown.
(Est. 1:11) Hail Mary...
4. He had a throne set for the king's mother, and she sat on his
right. (1Kgs 2:19) Hail Mary...
5. She is the king's daughter. (2Kgs 9:34) Hail Mary...
6. We have come down to greet the children of the king and the
children of the queen mother. (2Kgs. 10:13) Hail Mary...
7. Burn incense to the queen of heaven. (Jer. 44:17) Hail Mary...
8. You are adorned with gold and silver, and your dress is of fine
linen, silk and embroidered cloth. (Ezek. 16:13) Hail Mary...
9. You eat fine flour, honey and oil; you are exceedingly beautiful
and royal. (Ezek. 16:13) Hail Mary...
10. She says in her heart, "I sit as a queen." (Rev. 18:7) Hail Mary...
Glory be... O my Jesus...

Concluding Prayers

After reciting all five decades, recite the following prayers.

Hail, Holy Queen, **mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.**

Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.

O God whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. **Amen.**

May the Divine assistance remain always with us. **Amen.**

And may the souls of the faithful departed, through the mercy of God, rest in peace. **Amen.**

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

