## 2019-20 Annual Report

The last two years Punching Out Parkinson's faced the unknown along with many experiencing a life-changing pandemic. From the mandatory shut-down of the POP program to the re-opening with new guidelines, the organization made certain to put the health and safety of every member first. During these challenges, Punching Out Parkinson's remained trusting and adjusted to the new norms in order to create a safe environment for members to return to.

Punching Out Parkinson's greatly appreciates the consistent support received from donors through these difficult times. Through the pandemic and generous offerings, POP was able to create a new space specially catered to the members inside of the main gym facility. The organization strongly continued to run the program and even brought in new members. Punching Out Parkinson's is grateful for the commitment shown through these last two years. It is much obliged to our amazing POP members, families, donors, caretakers, and trainers for staying encouraged through the obstacles that came our way. **Thanks to this incredible support system, Punching Out Parkinson's continues to fulfill our mission of helping more people fight against Parkinson's Disease one round at a time.** 

