

**NBME® Self-Assessments** 

At NBME, we understand that while passing your exams is important, your ultimate goal is to be the best physician you can be.

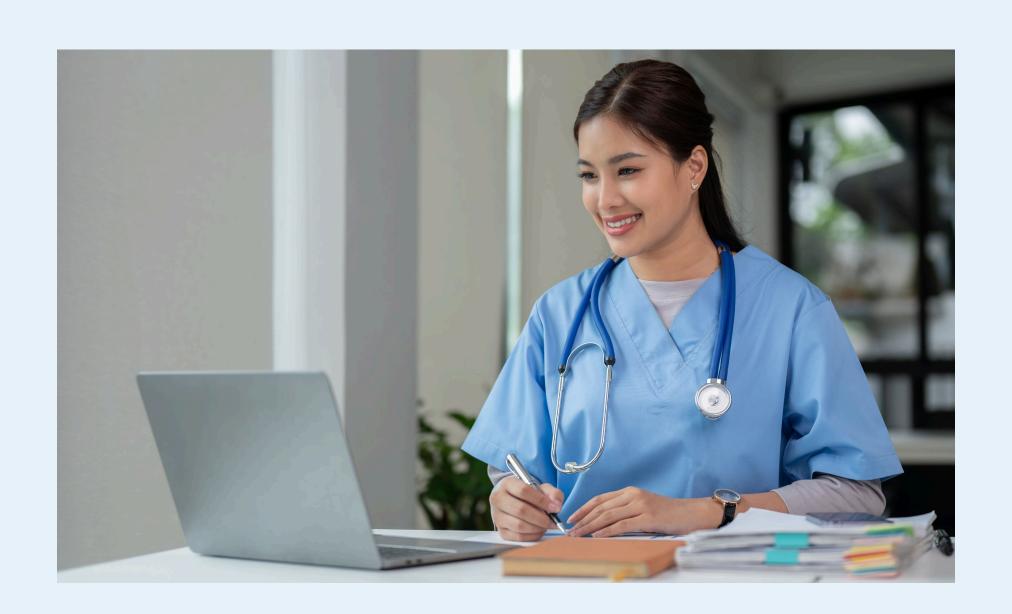
More than a reliable gauge of your readiness for the USMLE® or an NBME Subject Exam, NBME Self-Assessments also help you master the concepts you need to excel in practice, ensuring you have the essential knowledge needed to provide effective care for your future patients.

### A Learning Tool For Every Stage of Your Journey

NBME

NBME Self-Assessments — built using questions developed with all the quality and statistical rigor of the USMLE reinforce knowledge and support your ongoing learning throughout your medical education journey.

- ▶ Take them to establish a baseline that defines your study plan
- ▶ Get a comprehensive view of your strengths and weaknesses
- Use them as a diagnostic aid to measure progress and guide your studies



# Sizzle Video

#### Make the Most of Your Study Time With the INSIGHTS<sup>SM</sup> Dashboard

Accessible through the MyNBME® examinee portal, the INSIGHTS dashboard is included as part of your Self-Assessment experience. It helps you maximize the effectiveness of your study time with actionable feedback that shows you where you need to improve, so you can deepen your understanding of tested concepts.

- ▶ Sort, filter and compare your results to gain a better understanding of your performance
- Dig deeper into your knowledge of specific content topics with customized filters and enhanced question review options
- Review comprehensive explanations for both correct and incorrect answer choices
- Use data about "time spent per question" to learn about your test-taking patterns and how you can improve them
- View trends in your overall and content area performance across multiple forms of the same Self-Assessment to measure progress

Log in to your portal to find helpful tutorial videos that help you maximize the capabilities of INSIGHTS.

## **See What Other Students Are Saying**

They represent information that [is] actually important to know in practice. I would come across concepts that I probably should know, then get the chance to properly look them up/study them when I am reviewing my answer choices.



## **Get Started**

Are you ready to turn your practice into progress as you prepare for your future? Log in to the MyNBME Examinee Portal to purchase NBME Self-Assessments today.

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