



## Best Practices in School-Based OT

8th Annual Conference

March 3-4, 2023

**Hotel Lulu (formerly the Red Lion)**

**1850 S. Harbor Boulevard**

**Anaheim, CA 92802**



Scan to Register Online!

**Please join us for our 8<sup>th</sup> annual conference that specifically addresses school-based OT!**

This two-day conference includes professional, interactive, evidence-based presentations for OTs with any level of school-based experience.

- . We offer In-Person and Virtual options, Two-Day and One-Day Registration, and Group Discounts.

Anticipated contact hours: 6hrs/day, 12hrs for full conference

### REGISTRATION FEES

IN-PERSON	Individual	Group Rate (2 or more from same organization)	Student
<b>One Day</b>	\$235	\$210	\$75
<b>Full Conference</b>	\$285	\$260	\$75

VIRTUAL	Non-Students	Students
<b>One Day</b>	\$185	\$75
<b>Full Conference</b>	\$235	\$75

*Registration can be submitted via email, mail, fax or on-line  
Purchase orders are accepted, payment must be received by 02/24/23*

- CE requirements, required at the end of each conference day: Attendance (documented using sign-in/out sheets for in-person and log-in/out records for virtual) and completion of a post-conference evaluation.
- Upon completion of all requirements, certificates will be distributed within two weeks of the conference via U.S. mail or email.
- Discounted rooms at Hotel Lulu: \$159/nt (not including taxes and fees, must be reserved by 1/29/23).  
Reservation link: <https://bit.ly/3BO3Bt1>



Scan for  
Hotel  
Reservations

### EVENT SCHEDULE Times indicated are Pacific Standard Time Zone (PST)

The Best Practices in School-Based OT Annual Conference is coordinated and hosted by Careerfull LLC, P.O. Box 125, Mineral Springs NC 28108, (626) 833-9004, careerfull4me@gmail.com

Rev. 01/23

## **Friday, March 3, 2023**

7:30am - 8:15am	Check-In
8:15am – 8:30am	Welcome
8:30am - 11:45am	<b>*WEBINAR: Learn it Today - Use it Tomorrow! Practical Strategies to Develop Executive Function Skills</b> <i>Presenter: Sarah Ward M.S., CCC/SLP</i>
11:45am - 12:45pm	<b>Optional Session: Ask the Experts Panel</b> (Lunch is not provided, however, attendees may request a box lunch for \$24 at the time of registration)
12:45pm - 1:45pm	<b>Strategies and Resources for Managing Workload</b> <i>Presenter: Alicia Stufoso MOTR/L</i>
1:45pm - 2:00pm	Break
2:00pm - 4:00pm	<b>School-Based OT and Mental Health – A Powerful Combination</b> <i>Presenter: Dr. Monica Keen OTD, OTR/L</i>

## **Saturday, March 4, 2023**

7:30am - 7:55am	Check-In
7:55am – 8:00am	Welcome
8:00am – 10:00am	<b>Mindfulness</b> <i>Presenter: Monica Moore Jackman OTD, MHS, OTR/L</i>
10:00am - 10:15am	Break
10:15am - 12:30pm	<b>*WEBINAR: The CO-OP Approach</b> <i>Presenters: Patti Sharp, OTD, OTR/L, BCP &amp; Erin Iverson, PT, DPT, PCS</i> (Lunch Provided for in-person attendees)
12:30pm - 12:45pm	Break
12:45pm - 2:45pm	<b>Self-Regulation</b> <i>Presenter: Olivia Martinez Hauge M.A., OTR/L, AMFT</i>
2:45pm – 3:00pm	Wrap-up/Survey/Distribution of Certificates

*\*Webinars will be live-streamed. Speakers will present and answer questions in real-time.*

## **CONFERENCE OBJECTIVES**

1. Analyze the impact of executive functioning deficits on the occupational performance of students.
2. Identify at least three (3) resources to develop and defend a manageable workload.
3. Develop an understanding of the role that school-based OTs can play in addressing mental health issues.
4. Examine the importance of mindfulness in school-based OT practice, as it relates to therapeutic intervention as well as therapist wellness
5. Develop a plan to apply the CO-OP Approach in current practice
6. Examine opportunities to incorporate presented methods, tools, and strategies to address self-regulation within current practice

## **Meet the Presenters**

### **Sarah Ward M.S., CCC/SLP**

*Sarah Ward, M.S., CCC/SLP has over 25 years of experience in the treatment of executive dysfunction. Sarah is an internationally recognized expert on executive function and presents seminars on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to over 1600 public and private schools and organizations worldwide.*

#### **DISCLOSURES**

**FINANCIAL:** Sarah Ward has been paid a speaker's fee from Careerfull LLC for the presentation. Sarah has intellectual property rights from her company Cognitive Connections, LLP for products discussed at the course.

**NON-FINANCIAL:** Ms. Ward has no nonfinancial relationships to disclose

### **Alicia Stufoso MOTR/L**

*Alicia has over 20 years of experience in school-based and early intervention settings. During her career, Alicia has had the opportunity to provide training for occupational therapists, parents, and school district personnel in topics related to school-based OT services. She is a proud co-founder of the Best Practices in School-Based Occupational Therapy Annual Conference and Careerfull LLC. Alicia currently lives in Waxhaw, NC and works at Union County Public Schools.*

#### **DISCLOSURES**

**FINANCIAL:** Mrs. Stufoso is co-owner of Careerfull LLC, the company that coordinates and hosts the Best Practices in School-Based OT Annual Conferences. Careerfull LLC is a for-profit company specializing in educational services. Alicia is also employed by Union County Public Schools as a full-time therapist and salaried employee, and she owns Skills for Independence PLLC.

**NONFINANCIAL:** Ms. Stufoso is a member of AOTA and NCBOT.

### **Dr. Monica Keen OTD, OTR/L**

*Mental health is a passion for Dr. Keen. Her capstone focused on occupational therapy serving as a member of an interprofessional school team to address mental health issue in school-based practice. The findings of her research were sobering and have ignited a desire to discover ways to re-establish OT as a recognized mental health provider. She is passionate about Occupational Therapy and has a distinct interest in mental health, trauma-informed care, and pediatrics (particularly Autism). Dr. Monica Keen is currently an Associate Professor at Presbyterian College and the Doctoral Capstone Coordinator. Dr. Keen retired in May of this year after 27 years of school-based practice. She is an adjunct instructor at Baylor University and she is a contributing faculty member at the University of St. Augustine. She is also the co-chair for Mental Health for her state's professional organization, the South Carolina Occupational Therapy Association.*

#### **DISCLOSURES**

**FINANCIAL:** Dr. Keen will receive a speaker's honorarium from Careerfull LLC for the presentation. She is employed by Presbyterian College as an Associate Professor and receives a salary. Dr. Keen also receives compensation as an adjunct instructor at Baylor University and a contributing faculty member at the University of St. Augustine

**NONFINANCIAL:** Dr. Keen is the co-chair for Mental Health for the South Carolina Occupational Therapy Association

### **Monica Moore Jackman OTD, MHS, OTR/L**

*Monica Moore Jackman is an occupational therapist, and owner of Little Lotus Therapy. She has a doctorate in occupational therapy from Chatham University, and undergraduate and master of health sciences degrees from the University of Florida. Monica has authored book chapters and research papers on mindful engagement, the mindful engagement support model, and mindfulness interventions, and has developed and implemented mindfulness-based training programs for adults, caregivers, preschoolers, and school-aged children. As an*  
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*occupational therapist, she is dedicated to making mindfulness-based interventions inclusive and accessible to all learners, and supporting people to experience meaning, connection, and engagement in life. She has presented nationally and internationally on mindfulness-based programs and interventions. She has practiced for over twenty years in a variety of clinical settings, and served as an expert consultant to the Department of Justice for cases under the Civil Rights of Institutionalized Persons Act. Finally, she is a mother of four who uses these practices with her own family.*

**DISCLOSURES**

**FINANCIAL:** Dr. Jackman will receive a speaker's honorarium from Careerfull LLC for the presentation, and she will be provided with a vendor table for the sale of her book. She is the owner of Little Lotus Therapy and the author of Mindfulness for Preschool & Kindergarten. Dr. Jackman receives royalties from the sale of her book. During her presentation, Dr. Jackman will reference her book as a resource only.

**NONFINANCIAL:** Dr. Jackman has no nonfinancial relationships to disclose.

**Patti Sharp, OTD, OTR/L, BCP/L & Erin Iverson, PT, DPT, PCS**

*Patti Sharp is a pediatric Occupational Therapist with Cincinnati Children's Hospital Medical Center (CCHMC) in Ohio. She earned her Master's in OT at Washington University and OTD at Rocky Mountain University of Health Professions and has since gathered 18 years of pediatric experience. She previously worked in burns and neurorehabilitation, but now focuses on enhancing care in the developmental world. She co-leads the Developmental Coordination Disorder team at CCHMC and is a certified Cognitive Orientation to daily Occupational Performance (CO-OP) therapist and trainer.*

**DISCLOSURES**

**FINANCIAL:** Dr. Sharp will receive a speaker's honorarium from Careerfull LLC for the presentation. She is a salaried employee of CCHMC, and she receives compensation as a CO-OP therapist and trainer.

**NONFINANCIAL:** Dr. Sharp has no nonfinancial relationships to disclose.

*Erin Iverson is a developmental pediatric physical therapist at Cincinnati Children's Hospital Medical Center (CCHMC). She earned her DPT from Ohio University in 2010 and became a Board-Certified Clinical Specialist in Pediatric Physical Therapy in 2015. In 2018, Erin became a certified Cognitive Orientation to daily Occupational Performance (CO-OP) trained therapist and instructor, one of the few in the United States. Erin has a strong interest in Developmental Coordination Disorder (DCD) as a co-leader of the DCD Translating Research and Clinical Knowledge Team at CCHMC and an author of the APTA's Clinical Practice Guideline for DCD.*

**DISCLOSURES**

**FINANCIAL:** Dr. Iverson will receive a speaker's honorarium from Careerfull LLC for the presentation. She is a salaried employee of CCHMC, and she receives compensation as a CO-OP therapist and trainer.

**NONFINANCIAL:** Dr. Iverson has no nonfinancial relationships to disclose.

**Olivia Martinez Hauge M.A., OTR/L, AMFT**

*Olivia earned her master's degree in Clinical Psychology with an emphasis in Marriage and Family Therapy from Azusa Pacific University in 2017 and a bachelor's degree in Occupational Therapy from the University of Southern California in 1999. She has spent the last two decades working in the school setting, only recently opening The Center for Connection and Neurodiversity with her co-director, Amanda Staples, in Duarte, California. At the Center, she wears both her MFT hat and her OT hat to support families with neurodiverse loved ones. The Center is a neuro-affirming practice that is focused on the integration of mental and physical health. Olivia is also a parent of three children; Ryan is 15, autistic and has physical/cognitive disabilities, Mateo is 11, neurotypical, and Cruz is 9 and is autistic.*

**DISCLOSURES**

**FINANCIAL:** Olivia Hauge-Martinez will receive a speaker's honorarium from Careerfull LLC for the presentation. She receives compensation as the co-owner of The Center for Connection and Neurodiversity.

**NONFINANCIAL:** Ms. Hauge-Martinez has no nonfinancial relationships to disclose.

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1850 S. Harbor Boulevard  
Anaheim, CA 92802*

## REGISTRATION FORM

Email: [info@schoolotconference.com](mailto:info@schoolotconference.com)

Fax: 888-655-1949

Mail: Careerfull LLC

P.O. Box 125  
Mineral Springs, NC 28108

Event Website: [www.schoolotconference.com](http://www.schoolotconference.com)

\*\*\*Purchase Orders will be accepted with registration forms, however, payment must be received on or before 2/24/23.\*\*\*

NAME \_\_\_\_\_

TITLE (To be included on name badge – OT, COTA, PT, etc.) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

SCHOOL DISTRICT or ORGANIZATION \_\_\_\_\_

(Students only) School Name \_\_\_\_\_

Please list any accommodations and/or equipment you require related to accessibility:

IN- PERSON*	REGISTRATION FEES		
	Individual	Group Rate (2 or more from same organization)	Student
One Day (Circle One) <i>Fri Sat</i>	\$235	\$210	\$75
Full Conference	\$285	\$260	\$75

  

VIRTUAL*	Non- Students	Students
One Day	\$185	\$75
Full Conference	\$235	\$75

**CREDIT CARD**

Credit Card Number \_\_\_\_\_ Exp Date \_\_\_\_\_

Card Holder \_\_\_\_\_ Card Type: Visa MC

Card Holder Signature \_\_\_\_\_

**CHECK** (Make checks payable to *Careerfull LLC*)

**PURCHASE ORDER** (Payment must be received on or before 2/24/23, payable to *Careerfull LLC*)

\*Anticipated Contact Hours:  
6/day, 12/full conference

*Cancellations received via mail, email, or fax on or before 02/24/23 are refundable, less a \$25 administrative charge per registrant. There are no refunds for cancellations received after 02/24/23. Registrants are liable for payment if they register but do not attend. Substitutions are accepted, however, advance notice would be greatly appreciated. In the event the conference is cancelled, registration fees will be refunded.*

### Hotel Information

Careerfull LLC will be hosting the 8<sup>th</sup> Annual Best Practices in School-Based OT Conference at Hotel Lulu in Anaheim, CA. A block of rooms for conference guests has been reserved at a discounted rate of \$159/nt (not including taxes and fees).

**Reservations must be made by 01/29/23 to receive group discount.** Hotel guests will be responsible for overnight parking charges. Reservation must be accompanied by a first night room deposit or guaranteed with a major credit card. A cancellation less than 72 hours prior to arrival will result in a charge equal to one night's room and tax. Reservation link:

<https://bit.ly/3BO3Bt1>

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