

Power-up
Camping
B.P
Hiking
Climbing
Rappelling
Rope Course
O.D.S
Helter Skelter
Tie Dye
Star Watching
Camp Fire with Dhamsa Madol

Affiliated by



ANNUAL **ROCK CLIMBING** **& ADVENTURE CAMP**

Course



BASIC ROCK

CLIMBING COURSE

Nabadwip
ALTITUDE.in



Dholburu Hill , Purulia
27th to 30th December, 2025

Power-up
Camping
Hiking
Climbing
Rappelling
Zoomering
Stacher Making
Rope Course
O.D.S
Audio-Visual Class
Games Activites
Sky Watching
Camp fire With Dhamsa Madol

Affiliated by



FEES

4000/- (For Above 12 Yrs)

Fooding, Lodging, Transportation From Howrah To Howrah

ADVANCE

ROCK CLIMBING COURSE

Nabadwip
ALTITUDE.in



Dholburu Hill , Purulia
27th to 30th December, 2025

Affiliated by



Power-up
Pitch Climbing
Rappelling
C & Z Pulley System
Zoomer & Girigiri Uses
Belay
Anchor Base Making
Stacher Making
Rope Course
Expedition Planning
O.D.S
Camp fire With Dhamasa Madol

FEES

4000/- (Basic R.C.C Qualified)

Fooding, Lodging, Transportation From Howrah To Howrah



Why Camp?

Develops Lifelong Skills
Promotes Independence
Makes Time for Play
Teaches Teamwork
Teaches Resiliency
Provides Fun Screen-Free Activities
Encourages a Connection with Nature
Fosters Growth
Builds Self-Esteem
Supports Healthy Living
Nurtures Friendships
Teaches Kids to Respect Differences
Keeps Kids Intellectually Engaged
Promotes Growth in a Safe Environment
Gives Children a Sense of Purpose.



CAMP FOOD CHART

DAY - I

08:00 AM	TEA & BISCUTE
08:30 AM	BREAKFAST : LUCHI, ALUR TARKARI, JILABI , TEA.
11:00 AM	GLUCOSE WATER
01:30 PM	LUNCH : RICE, MUG DAL, , SUKTO,KATLA FISH CURRY, CHATNI. PAPAD
04:30 PM	TEA, BISCUIT
06:15 PM	SNACKS : MASHLA MURI, CHOP (VEG), TEA.
09:00 PM	DINNER : RICE, MUSUR DAL, BADHAKOPI WITH MACHER MATHA , CHICKEN KOSHA, PAPAOD,LOBONGO LOTIKA

DAY - II

05:00 AM	BLACK TEA
06:50 AM	(CHOLA, BADAM)
07:00 AM	BREAKFAST : PASTA,EAG BHUJIA, TEA.(LOGENCE 5 PCS)
11:00 AM	GLUCOSE WATER
01:30 PM	LUNCH : RUTI, NAVARATNYA CURRY, SALAD, FRUITS (ORRANGE)
05:00 PM	CHICKEN SOUP.
06:30 PM	SNACKS : PIYAJI,NET PAPOD, TEA.
10:00 PM	DINNER: RICE, MUSUR DAL,ALU CHOKHA ,ALU FULL COPI , EGG SWABIN CURRY.SIMUI PAYES.

DAY - III

05:00 AM	BLACK TEA
06:50 AM	(CHOLA, BADAM)
07:00 AM	BREAKFAST : LUCHI, ALUR DUM, EGG BOILED, TEA.(LOGENCE 5 PCS)
11:00 AM	GLUCOSE WATER
01:30 PM	LUNCH : RUTI, CHANA MASLA , SALAD, FRUITS (ORRANGE)
05:00 PM	VEG SOUP.
06:45 PM	SNACKS : COFFEE, CHIKEN POKORA, NET PAPAD
10:00 PM	DINNER : ALU BIRIYANI.CHIKEN CHAAP, CHATNI & PAPOD , GULAP JAMUN

DAY - IV

05:00 AM	BLACK TEA , CHOLABADAM, BOILED EGG, BANANA, CAKE (LOGENCE 5PCS)
06:00 AM	BREAKFAST : VEG CHOWMIN, TEA.(LOGENCE 5 PIS)
01:30 PM	LUNCH : RICE, MUG DAL,, ALU POSTO,RUI FISH CURRY, CHATNI, PAPOD
05:00 PM	SNACKS : MURI,ALU CHOP(2PCS), TEA.
	PACKED DINNER : (POLAO, KASHMIRI ALUR DOM)



Camp disciplines are to be strictly observed



All trainees must abide the instructions of camp in-charge (C.I), instructors, Co-instructors and officials



In case of a dispute the C.I's decision is considered as final.



Complain should come to the instructor as upward system through rope leader.



Consumption of alcohol or any other intoxicants are strictly prohibited.



Classes are to be attended by all in punctuality.



No trainee should approach the C.I unless permitted by instructor.



Kitchen and Quarter master room are restricted for the trainees.



Registration

Last Date : 31st October, 2025

Advance : One Thousand Rupees (1000/- Non Refundable)

Link : <https://forms.gle/vVvNUEoTEBqbfMCE8>

Contact : 92333 40018 / 74070 93283

Payment Details



BANK ACCOUNT DETAILS
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A/C NO : 50200088712812
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Branch Name : NABADWIP