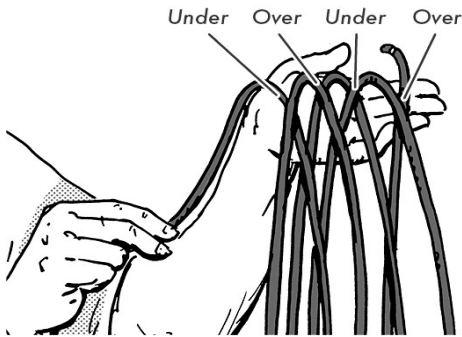


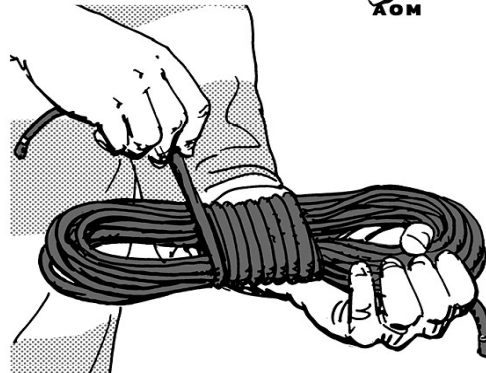
ROPE COILING

- A. Single Rope Coil or Casualty Coil.
- B. Double Rope Coil or Continental Coil.

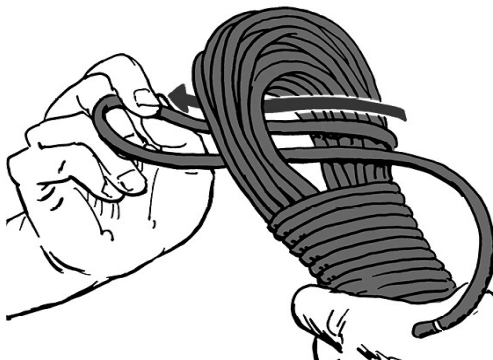
HOW TO COIL ROPE



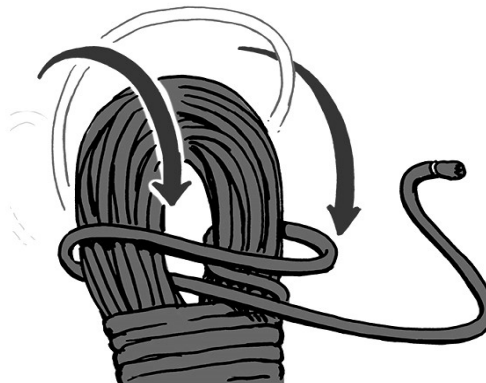
1: MAKE a coil in your hand.
Each alternate strand is inverted.
Continue making loops alternating
over and under.



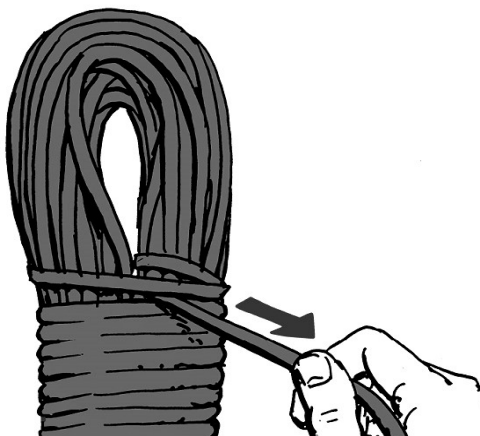
2: WHEN you have about two or three
feet of rope left, wrap it around the coil
several times.



3: MAKE a bite (a bend) in the
remaining end and pass it through
the coil.



4: SPREAD the bite and bring it down
over the coil.



5: PULL tight.



6: HANG from coil.