



## **SPRING SPORTS!!!**

**BOCCE & TRACK**-We will meet, rain or shine on Wednesdays, March 4, 6:30pm, in the cafeteria area of Walnut Springs Middle School.

We will work out plans for the Track and Bocce season.

If the weather cooperates, we will head out to the track after the meeting.

**WOMEN'S GYMNASTICS**-Sundays at 12:30

**MEN'S GYMNASTICS**- Sundays at 4

**TENNIS**- Mondays at 6:30 (Starting March 16)

**VOLLEYBALL**- Starts Thursday at 6:30

See below for more details....

**COORDINATOR'S COMMENTS... Steve Flood**

## Attention Athlete Artists

[Special Olympics Ohio](#) is having an art contest about the Torch Run.

We aren't participating in the Torch Run this year but may in the future.

“Athletes are encouraged to submit their artwork, and one design will be chosen for this year's shirt.

Submission Deadline: March 20, 2026

Submit Artwork To: [mmckinney@sooh.org](mailto:mmckinney@sooh.org)

### Artwork Guidelines:

To make sure the artwork can be used for the final shirt design, please share the following parameters with athletes:

#### For Hand-Drawn Artwork

Artwork must be on white 8.5" x 11" paper

Designs should be outlined in black marker

Please submit two versions:

One black-and-white outline version (no filled-in areas)

One colored version, also outlined in black marker

#### For Digital Artwork

Digital designs are accepted

Artwork may be submitted in any standard digital format

We're excited to showcase athlete creativity in this new way, and we appreciate your help in sharing this opportunity!", SOOH.

### Jersey Mike's

I had a great time with one of the winners of last month's Jersey Mike's - Meal with the New Coordinator. It was great to learn about his favorite professional teams, and the WSO sports he enjoys. The best thing was how much he cared for his teammates.

We have another contest in March.

## Looking for all WSO Coaches and Athletes Sports Jerseys!!!

Jerseys must have the SOOH patch attached to participate in sports in 2026. If your jersey is not compliant, you will not be allowed to compete until the issue is resolved.

Please act now to avoid delays and ensure you're ready for the next upcoming season! Contact MaryAlice Evans @ maryalice02@aol.com

### Sunday, March 1

#### Women's Gymnastics

<b>Event</b>	Practice
<b>Time</b>	12:30 pm - 1:30 pm
<b>Place</b>	Buckeye Gymnastics 7159 Northgate Way Westerville, OH 43082, USA

#### Men's Gymnastics

<b>Event</b>	Men's Practice
<b>Time</b>	4:00 pm - 5:00 pm
<b>Place</b>	Cyclone Gymnastics 6800 Commerce Court Dr Blacklick OH 43004, United States

#### Practice Teams Meeting

<b>Time</b>	7:00 pm - 8:00 pm
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**Wednesday, March 4****Track**

<b>Event</b>	Meeting/Practice
<b>Time</b>	6:30 pm - 7:30 pm
<b>Place</b>	Walnut Springs Middle School 888 E Walnut St Westerville OH 43081, United States

**Bocce**

<b>Event</b>	Meeting/Practice
<b>Time</b>	6:30 pm - 7:30 pm
<b>Place</b>	Walnut Springs Middle School 888 E Walnut St Westerville OH 43081, United States

**Thursday, March 5****Volleyball Practice**

<b>Time</b>	6:30 pm - 8:00 pm
<b>Place</b>	Westerville Community Center 350 N Cleveland Ave Westerville OH 43082-9105, United States

**Sunday, March 8****Women's Gymnastics**

<b>Event</b>	Practice
<b>Time</b>	12:30 pm - 1:30 pm
<b>Place</b>	Buckeye Gymnastics 7159 Northgate Way Westerville, OH 43082, USA

**Men's Gymnastics**

<b>Event</b>	Men's Practice
<b>Time</b>	4:00 pm - 5:00 pm
<b>Place</b>	Cyclone Gymnastics 6800 Commerce Court Dr Blacklick OH 43004, United States

**PLEASE MARK YOUR CALENDAR:**

**Blendon Lodge Fish Fry  
Friday, March 27, 4:30-7:30**

**SOOH STATE Summer Games will be May 29-31**

**GYMNASTICS....**

WSO will offer Gymnastics this year!  
SOOH will not offer it as an event for Summer Games.  
Season will end on May 2, with a Meet at Integrity!

Women will begin practices on February 15, 12:30-1:30,  
Buckeye Gymnastics.

Men's practices will begin March 1, 4:00-5:00,  
Cyclone Gymnastics.

**VOLLEYBALL**

Volleyball practices will resume at Westerville Community Center.  
The first 2 practices will be on Thursdays, March 5 & 12, 6:30-8pm.  
Starting March 16- May 18, practices will be on Mondays, 6:30-8:00.

TO see practice schedule, click on button ....

Volleyball

## **TENNIS**

We are starting to plan our tennis season. We are trying to get a count of all those who are interested in playing. If you are interested, please text or call and leave a message the following number. (614) 568-3252. 📞

Tennis will start Monday, March 16, 6:30, at the Westerville rec center. More detailed information to come. At this time, we're only taking team players. To be on team you must be able to serve consistently and return volleys. Please let us know if you would like to try out.

Thanks Coach Diane, Jason and Jane

## **TRACK**

Track practices will primarily be on Wednesdays, starting March 4, 6:30-7:30, at Walnut Springs Middle School.

WSO Track will start with a meeting in the cafeteria. We will be planning out the events your athletes will compete in this year. This information will help us to organize and hit the ground running when we start full practices. We will have entries for you to fill out. We will be requesting phone numbers to text when we have a change in location or cancellation. Forms must be completed prior to your athlete participating in Track. Please try to be there!

### **TRACK EVENTS OFFERED:**

**Developmental RUN: 50M**

**RUNNING: 100M, 200M, 400M, 800M, 1500M, 3000M**

**WALK INDEPENDENT: 25M, 100M, 400M, 800M, 2K**

**ASSISTED WALK: 10M, 25M, 50M**

**WHEELCHAIR EVENTS: 10M, 25M, 100M, 30 M Slalom**

**MOTORIZED WHEELCHAIR: 30M Slalom, 50M Slalom**

**FIELD EVENTS OFFERED:**

**Softball Throw, Shot Put, Mini Javelin Throw,  
Running Long Jump, Standing Long Jump**

**RELAYS:**

**4x100M, 4x400M**

**BOCCE**

Bocce practices will primarily be on Wednesdays, starting March 4,  
6:30-7:30, at Walnut Springs Middle School.  
For 1st practice we will meet in the cafeteria to discuss season.  
We will move outside if weather permits. Please try to be there!

**COACHES CORNER:**

**Coaches are required to complete training.  
Class A, Protective Behaviors, and Concussion must be  
completed every 3 years.  
General Orientation is just a one time thing.**

**Click on Button for links:**

[Coach Credentials](#)

**Medical/Release Expiration Dates:**

**All information must be written on  
Medical Form. No attachments!  
Expiration date listed!**

[New Medical Form](#)

Angelo Brown-Neal 12/15/2025  
Anna Varvel 2/17/2026  
Christian Tolber 1/16/2026  
Drew Vargo 5/3/2026  
Emma Gunckle 5/10/2026  
Gavin Cunningham 2/7/2026  
Hailey McMullin 4/24/2026  
Jasmine Harp 1/2/2026  
JJ Simiyu 12/28/2025  
Jonathan McCrary 1/23/2026  
Jude Kuhn 4/11/2026  
Katie Kozicki 5/8/2026  
Korvaughn Burks 5/4/2026  
Mary Clare Green 3/31/2026  
Mary Munhall 11/13/2025  
Michaela Beynen 2/25/2026  
Stephanie Finney 1/26/2026  
Sullivan Beilfuss 5/2/2026  
Tyler Riebe 4/27/2026  
Wyatt Powers 4/26/2026  
Zoie Buck 10/28/2025

## **IN THE COMMUNITY...**

### **CVS/TARGET**

Special Olympics Inc has extended the relationship with CVS/Target Minute Clinics for medicals for participation in Special Olympics. The cost for a medical is \$66.93.

Here is the link of locations - <https://www.cvs.com/minuteclinic/clinic-locator/>

## FREE YMCA MEMBERSHIP

**Current, active athletes** of WSO can apply for free membership with YMCA. Follow link:

<https://airtable.com/appFMDJmL4oqtmWjl/shrx54pg5ejPOzMVe>

**Primary care designed with special needs families in mind - Call Boundless Health Worthington at 1-800-409-2729 to get scheduled today!**

Boundless Health is the newest addition to the Boundless family – created specifically to meet the primary, preventive, and dental healthcare needs of people and families with intellectual and developmental disabilities (I/DD) and behavioral health challenges. We are committed to providing Special Olympic Athletes, their loved ones, and the entire community access to whole-person services designed to meet unique needs. Our team is available to perform Special Olympic physicals and assist with any forms necessary to participate in the games!

We accept Medicaid, most private insurances, and offer a sliding scale. Call 1-800-409-2729 or visit [BoundlessHealth.org](https://BoundlessHealth.org) to schedule your visit today.

**Renee Stein**

DIRECTOR OF OUTREACH

Office: 614-844-3800 x2009

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[Worthington, OH 43085](#)

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