**The Safe Space Collective Community Guidelines**

Welcome to The Safe Space Collective, a place where you can openly share your thoughts, experiences, and emotions without fear of judgment. Our mission is to create a supportive and empowering environment centered around mental health, personal growth, and well-being. To ensure this remains a truly safe space, we ask that all members follow these guidelines:

**1. Respect and Kindness First**

* Treat all members with kindness, empathy, and respect.
* Disagreements are natural, but hostility, insults, or belittling others will not be tolerated.

**2. No Bullying, Harassment, or Toxic Behavior**

* Absolutely no bullying, hate speech, harassment, or discrimination of any kind.
* This includes personal attacks, passive-aggressive comments, or creating a hostile atmosphere.

**3. Stay On Topic – Mental Health, Growth, and Empowerment**

* This community is focused on mental health, self-care, personal development, and empowerment.
* Discussions on political or religious views, or other controversial topics, are not permitted.

**4. Keep It a Judgment-Free Zone**

* Everyone’s journey is unique. Avoid shaming, invalidating, or making assumptions about others’ experiences.
* Offer support rather than unsolicited advice.

**5. Privacy and Confidentiality Matter**

* Do not share private conversations or personal details of other members without their consent.
* Respect everyone’s right to anonymity and confidentiality.

**6. No Spam, Promotions, or Self-Promotion**

* This is not a place for advertising, selling products, or excessive self-promotion.
* If you have resources that may benefit the community, seek admin approval before sharing.

**7. Report Violations – Help Us Keep This Space Safe**

* If you see behavior that violates these guidelines, report it to the moderators.
* We have a zero-tolerance policy for repeated violations, which may result in removal from the community.

**8. Moderation Decisions Are Final**

* Our moderators are here to ensure this remains a safe and positive space.
* If you have concerns about a moderation decision, reach out privately to discuss it.

By being a part of The Safe Space Collective, you agree to uphold these guidelines and contribute to a community built on trust, support, and understanding.

**Thank you for being a part of our safe space!**