

# “Know better, do better”

*Reflect & Upgrade Your Skills: substituting strategies in real life*

**Course: Child Development 2: ECE Principles & Practices**

**Instructor: Professor McLellan-Bujnak**

**Full Name:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_

## **Instructions:**

- **Pay attention to an adult-child interaction that you engage in (or observe someone else interacting with a child if you are not around a child this week). Notice and identify which strategy or strategies were used by you/ the adult in the interaction, and note the outcomes.**
- **Then think about applying one or more of the positive guiding and caring strategies from your new list, and write a short reflection (5-8 sentences) on how the outcome might have turned out with a different approach.**
- **If you can, please actually try implementing the new approach with the child, and make note of the actual outcomes.**

**Please bring your example to class next week and we will go over them.**