

CURRICULUM VITAE

Akira D. Olsen, Psy.D., M.A.
Clinical Psychologist, Clinical Faculty, Clinical Supervisor,
Founder

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EDUCATION:

California Institute of Integral Studies, San Francisco, California Psy.D., Clinical Psychology, *Child and Family Psychology Specialization*, Full APA

Accreditation (as of 2006)

California Institute of Integral Studies, San Francisco, California M.A., Clinical Psychology (Non-terminal)

California Institute of Integral Studies, San Francisco, California M.A., East-West Psychology

University of Keio, Tokyo, Japan B.A., Human Science/Psychology

CERTIFICATIONS:

Artificial Intelligence and Business, Wharton School of Business/Executive Education, Certification, 2023-present

Data Science, Massachusetts Institute of Technology, School of Architecture and Planning, Certification, 2022-2023

Quantic School of Business and Technology, Washington, DC., Executive MBA, 2023-present

Executive Healthcare Leadership, Cornell University, 2022

Healthcare Change Management, Cornell University, 2022

Health Ventures, Massachusetts Institute of Technology, School of Architecture and Planning, Certification, Completed in 2021

Scrum Master, Scrum Alliance, USA, 2022

College of Executive Coaching Training, ICF accredited Executive Coaching Training Certificate, 2020

Advanced Flash Technique, Dr.Philip Manfield Seminars, 2023
Dialectical Behavior Therapy (DBT), PESI, 2023
Flash Technique, PESI/Dr.Philip Manfield Seminars, 2023
EMDR for Telehealth, PESI/Dr.Philip Manfield Seminars, 2023
Motivational Interviewing, Psychotherapy Academy, 2019
Emotion-Focused Therapy, PESI, 2023
Neuropsychological Assessment, UC Berkeley Extension, 2019
5150 Assessment, San Mateo City and County Behavioral Health, 2018.
Eye Movement Desensitization and Reprocessing Therapy (EMDR) Level I & II;
John F. Kennedy University; 2014
Cognitive Behavioral Therapy Specialist (CCBTS); Association for Advanced
Training in the Behavioral Sciences; 2013
Disaster Mental Health Response Specialist (CDMHRs); Association for
Advanced Training in the Behavioral Sciences; 2011
Alcohol Abuse Treatment Specialist (CAATS); Association for Advanced
Training in the Behavioral Sciences; 2011

CLINICAL EXPERIENCE:

Life Stance Health, San Francisco, CA, Clinical Psychologist, San Francisco, CA, November 2023 - Present

Dr. Akira Olsen Psychologist Inc., President, Psychologist, Consultant, Supervisor, San Francisco/Burlingame, California, June 2010 – Present.

Warm, Inc., Founder, CEO, Burlingame, California, 2023-present

Palo Alto University/Stanford Consortium (PGSP) Ph.D. and Psy.D. programs, Clinical Faculty/Clinical Supervisor, Palo Alto, California, July 2019 – January 2022.

(https://www.paloalto.edu/sites/default/files/2021-2022%20PAU%20Course%20Catalog%20v2_0.pdf)

Octave, New York, Clinical Psychologist (Staff clinician, part-time), San Francisco, CA, July 2021- August 2023

StarVista, Clinical Supervisor, San Mateo, California, August 2018-June 2019.

Clinician/Evaluating Psychologist / PTSD Assessment for Researchers, Stanford University School of Medicine, Palo Alto, California, March 2018 - March 2019.

Homeless Children's Network, San Francisco, California; Psychologist; Child/Family Therapist. May 2007 - June 2010.

Homeless Children's Network, San Francisco, California; Community Health Educator/Community Organizer. October 2007 - December 2008.

Ann Martin Center, Piedmont/Oakland, California; Staff Psychologist, Registered Psychologist (RPS2007064), Pre-Doctoral / Post-Doctoral Intern. July 2004 - January 2008. Clinical Supervisors: Cheryl Pohl, Ph.D. Licensed Psychologist, Janis Bauerlen, M.D. Licensed Psychiatrist

Richmond Area Multi-Services (APA approved, National Asian American Psychology Training Center), San Francisco, California; Practicum Trainee. July 2002 – July 2003. Clinical Supervisors: Frances He, Psy.D. Licensed Psychologist Alexander Zinchenko, Ph.D. Licensed Psychologist

FORENSIC WORK EXPERIENCE:

Family Therapy, Santa Clara County, December 2024-present

Psychology Expert Witness, Document Review, PTSD case in Santa Clara County, September 2023

Co-parenting, San Mateo County, Santa Clara County, San Francisco

County, and Alameda County 2010-2018

Child Assessment & Family Assessment, Alameda County, San Mateo County, 2007-present

RELEVANT WORK EXPERIENCE (Selected):

Vice President of Health Affairs, Protect Us Kids Foundation, USA, January 2022 - Jul 2022

Diversity Committee Chair, Executive Board Member, San Mateo County Psychological Association. 2015-2019.

San Francisco District Attorney Office, San Francisco, California; Japanese Translator. 1998.

PROFESSIONAL TRAINING (selected)

Advanced Flash Technique, Philip Manfield, Ph.D., 2023

(<https://flashtechnique.com/wp/>)

Flash Technique. Philip Manfield, Ph.D., PESI, 2022

Internal Family Systems Therapy (IFS), PESI, 2023

Eye Movement Desensitization and Reprocessing (EMDR) *for Telehealth*. Philip Manfield, Ph.D., October 2021

Cultural Competence Training, Violet (www.joinviolet.com) 2022 - present

Certified Dialectical Behavior Therapy, PESI, 2023

Acceptance Commitment Therapy Intensive Training, PESI, Steven Hayes, Ph.D. Motivational Interviewing, Advanced CBT, DBT skills, and ACT, Psychotherapy Academy, 2019.

Exposure psychotherapy, Relias Academy, 2019.

Cognitive-processing psychotherapy. Relias Academy, 2019.

Emotion-Focused Therapy Intensive Training, PESI, Sue Johnson, Ph.D.

Research Ethics, and Compliance Training, Human Subjects Research Protection courses, CITI Program, April 2018

Clinical Supervision, Association for Advanced Training in the Behavioral Sciences, April 2018

Child Neuropsychology. UC Berkeley, California. Shelley Peery, Ph. D, July 2017.

Introduction to Neuropsychological Assessment. UC Berkeley, California.

Simon Tan, Ph.D., September 2015.

Eye Movement Desensitization and Reprocessing (EMDR) group supervision.

John F. Kennedy University, Orinda, California. Philip Manfield, Ph.D.

November 2013 to November 2014.

Eye Movement Desensitization and Reprocessing (EMDR) I & II. John F.

Kennedy University, Orinda, California. Philip Manfield, Ph.D.

September 2013 to November 2013.

Compassion-Focused Therapy for Shyness & Social Anxiety Disorder. UC

Berkeley, Berkeley, California, July 2013, Lynne Henderson, Ph.D.

Cognitive-Behavior Therapy for Anxiety disorders in Children and Adolescents.

August 2011, UC Berkeley, Berkeley, California, Michael A. Tompkins, Ph.D.

Integrating Best Practices for Onsite Debriefing Services. Practical CE Seminars,

March 2012.

Reliability Training for CANS. City and County of San Francisco. Department of

Public Health. Community Behavioral Health Services. San Francisco,

California. July 2009. Reliability Training for the Child and Adolescent

Functional Assessment Scale (CAFAS). City and County of San Francisco.

Department of Public Health. Community Behavioral Health Services. San

Francisco, California. Spencer Williams.

Dialectical Behavior Therapy; December 2002. City and County of San

Francisco. Department of Public Health. Community Behavioral Health Services.

San Francisco, California. Alan Fruzzetti, Ph.D.

Child Abuse Reporting, Assessment, and Treatment; February 2002. Community

Behavioral Health Services. San Francisco, California. Julie Robbins, LCSW.

Existential-Humanistic Therapy Training; April 2000 to June 2000.

Existential/Humanistic Institute, San Francisco, California. Kirk Schneider,

Ph.D. et al.

Various coursework and workshops on group/individual counseling,

psychotherapy, and alternative medicine. California Institute of Integral Studies,

Humanities Doctoral program, San Francisco, California. September 1996 to

June 2000.

Counseling coursework and workshops, including Art Therapy and Play Therapy.

John F. Kennedy University, Consciousness master's program. Orinda, CA, April

1996 to July 1996.

Body Oriented Psychotherapy (Hakomi, Process-Oriented Psychotherapy).

California Institute of Integral Studies, San Francisco, California. 1995.

Alcohol and Drug Abuse Studies and Counseling coursework. UC Berkeley,

California. September 1995 to December 1995.

TEACHING & PRESENTATIONS (Selected)

Olsen, A. (2022). Child Therapy: Play Therapy Basics. Palo Alto University & Stanford Consortium (PGSP), Psychology Ph.D. & Psy.D. programs, Gronowski Center, Practicum I Training Seminar.

Olsen, A. (2021). Narrative Therapy and Trauma. Palo Alto University & Stanford Consortium (PGSP), Psychology Ph.D. & Psy.D. programs, Gronowski Center, Practicum I Training Seminar.

Olsen, A. (2021). Introduction to Somatic Psychotherapy. Palo Alto University & Stanford Consortium (PGSP), Psychology Ph.D. & Psy.D. programs, Gronowski Center, Practicum I Training Seminar.

Olsen, A. (2020). Introduction to Narrative Therapy. Palo Alto University & Stanford Consortium (PGSP), Psychology Ph.D. & Psy.D. programs, Gronowski Center, Practicum I Training Seminar.

Olsen, A. (2020). Social Justice in Psychotherapy. Palo Alto University & Stanford Consortium (PGSP), Psychology Ph.D. & Psy.D. programs, Gronowski Center, Practicum I Training Seminar.

Olsen, A. (October, November 2017). American Association of University Women (AAUW) Annual Conference., Recognizing, understanding, and coping with depression in girls. San Carlos California.

Olsen, A. (May 2010). Recognizing and treating depression in seniors. Presentation at Kokoro Assisted Living Inc., San Francisco, California.

Olsen, A. (January 2009) Coping skills for depression and Anxiety at South Market support housing community forum, San Francisco, California

Olsen, A. (May 2008). Diversity issues in Clinical Practice. Presentation at Homeless Children's Network, San Francisco, California.

Olsen, A. (May 2000). Intercultural Communication. Presentation at Richmond Area Multi- Services, San Francisco, California.

PUBLICATIONS (Selected)

Olsen, A. (June 2019). A Beginner's Guide for Emotional Trauma. Amazon Kindle publication.

Olsen, A. (November 2018). The Rise of Anxious Society: Recognizing, Understanding, and Treating Anxiety in Girls. Amazon Kindle publication.

Olsen, A. (2022). Multiracial LGBTQA+ Youth Mental Health. Medium/USA (<https://medium.com/@akiraolsen/multiracial-lgbtqa-youth-mental-health-b74d0cfea67d>)

Olsen, A. (2022). The importance of Trauma-Informed Parenting. Medium/USA (<https://medium.com/@akiraolsen/the-importance-of-trauma-informed-parenting-c920a1b9ae27>)

Olsen, A. (2018). New Trauma Therapy uses storytelling, music, artificial

intelligence, and virtual reality. Medium.com/USA
(<https://medium.com/@akiraolsen>)

Olsen, A. (August 2018). Treating Anxiety with Self-Compassion.
Medium.com/USA (<https://medium.com/@akiraolsen>)

Olsen, A. (August 2018). The epidemic of Anxiety among Gen Z and Millennial
Girls and mobile phone use. Medium.com/USA
(<https://medium.com/@akiraolsen>)

Olsen, A. (December 2006). High Achieving Female High School Students of
Color Who Overcome Adversity and Disadvantage. Ann Arbor, MI: UMI.

AFFILIATIONS

American Psychological Association, Member
California Psychological Association, Member
Asian American Psychological Association,
Member

LANGUAGE

Japanese (Native Fluency in speaking and writing)

REFERENCES UPON REQUEST