

# Unmute the Room:

## What's your bandmate archetype?

Find out which role you play in the lineup and what it means for your team style! Answer these quick questions, tally your answers, and reveal your archetype.

### 1. When a new project drops, what's your instinct?

- a) I set the timeline and keep everyone on track.
- b) I brainstorm the wildest ideas and see what sticks.
- c) I help others shine and make sure the vibe stays positive.
- d) I dive into the logistics and make sure all the pieces work.
- e) I get people excited and rally them to join in.

### 2. Your coworkers would describe you as...

- a) Reliable & steady
- b) Creative & bold
- c) Supportive & adaptable
- d) Practical & detail-oriented
- e) Charismatic & inspiring

### 3. In a group setting, you're usually...

- a) The one taking notes & making a plan
- b) The one suggesting something new
- c) The one keeping the peace
- d) The one solving problems in the background
- e) The one presenting or speaking up for the group

### 4. What frustrates you most at work?

- a) Chaos & lack of structure
- b) Boring, same-old routines
- c) Conflict or tension between people
- d) No clear systems or broken processes
- e) People not listening or paying attention

### 5. Friday afternoon — how do you recharge?

- a) Quiet night in, decompressing
- b) Checking out a new gig or hobby
- c) Hanging out with friends/family
- d) Organizing or fixing something
- e) Hosting, performing, or socializing

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### Scoring:

- Mostly A's → Drummer (steady, reliable, keeps everyone in rhythm)
- Mostly B's → Lead Guitarist (creative, bold, visionary)
- Mostly C's → Backup Singer (supportive, harmonizer, makes others shine)
- Mostly D's → Tech Crew/Roadie (problem-solver, behind-the-scenes hero)
- Mostly E's → Lead Singer (charismatic, communicator, motivator)

### The Drummer

**Strengths:** Sets the rhythm, steady, reliable, keeps everyone on time.

**Watch out for:** Can get overlooked or taken for granted.

**Best in team:** Project manager, operations, grounding energy.

### Lead Guitarist

**Strengths:** Creative flair, solos that grab attention, risk-taker.

**Watch out for:** May overshadow others or wander off track.

**Best in team:** Innovation, big ideas, visionary thinking.

### Backup Singer

**Strengths:** Harmonizer, makes others shine, flexible.

**Watch out for:** Not stepping forward when they should.

**Best in team:** Support roles, team glue, quiet leaders.

### Tech Crew / Roadie

**Strengths:** Behind-the-scenes magic, problem-solver. Hardworking, dedicated, makes sure show happens.

**Watch out for:** Taken for granted. Burnout, lack of recognition.

**Best in team:** IT, logistics, solutions under pressure. Support, infrastructure, operations.

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## What's your bandmate archetype?

### Lead Singer

**Strengths:** Charismatic, communicator, brings the energy.

**Watch out for:** “Lead singer disease” (hogging spotlight).

**Best in team:** Leadership, external voice, motivator.

### Next step:

Now that you know your archetype... what about your team? Do you have too many lead singers and no drummer? Missing a bassist to hold it together?



**Bring me in to run an “Unmute the Room” workshop for your team!**

I use music-inspired analogies to energize team and leadership communications, and create fresh ways to look at team dynamics.

This is an unforgettable experience, jam-packed with interactive elements. All participants will walk away with:

- A “Backstage Pass” with takeaway PDFs and activities; including Digital Encore Sheet PDF summarizing each track and one micro-action per topic.
- Practical tools to reduce meeting noise, improve feedback, and increase engagement.
- Immediate next steps: clear actions leaders can implement that week to measure early wins.

[bit.ly/Unmute-the-room](https://bit.ly/Unmute-the-room)

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