

YOUR REAL SUCCESS® **CURRICULUM OVERVIEW**



YOUR REAL SUCCESS® is a curriculum developed by a successful survivor of abandonment, abuse, and poverty. Rhonda Sciortino went from foster care to millionaire and has created this program to help others turn their worst adversities into their greatest advantages.

This curriculum has been piloted with transition-aged youth and with young moms. It has been the subject of focus groups that included thought leaders in the areas of child welfare/foster care, mental health, education, juvenile justice, domestic violence, substance abuse, and trafficking.

YOUR REAL SUCCESS is open to anyone over 16 years of age who wants to find and fulfill the good purpose for his or her life.

OBJECTIVES

The **YOUR REAL SUCCESS®** program helps participants understand

- ◆ what's awesome about them—*strengths, talents, and abilities*
- ◆ characteristics and coping abilities that were acquired through difficulties—*survival and compensatory skills, coping mechanisms*
- ◆ how to use the unique combination of strengths and abilities to find and keep gainful employment—*leveraging their assets*
- ◆ how to keep healthy coping mechanisms and discard the rest.
- ◆ how to take control and responsibility for their lives
- ◆ the value of healthy relationships and how to establish them, starting with the volunteer YRS facilitators and participants—*what healthy interaction looks like*
- ◆ how to communicate effectively for personal and professional success
- ◆ *so much more, all of which is done in the creation of a Lifebook*

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MODULES:

❖ **WHO AM I** Module #1

The purpose of this module is to see and appreciate the good in us, to give us language to express character traits, to mine the good out of adversity, and to let go of things that no longer serve us.

- *Who Am I*
- *Understand Me*
- *Me Mistreated*
- *Me Criticized*
- *How I Want Others To See Me*
- *Understanding Others (excluded)*
- *My Gifts*
- *Unstoppable Me*

❖ **WHO I WANT TO BE** Module #2

The purpose of this module is to expose participants to options and possibilities they may never have considered

- *Ask the right questions—the 11 most important questions you'll ever ask*
- *What do you really want: Create a vision*
- *Don't compare*
- *What are you communicating*
- *Take control*
- *Obstacles*
- *You have options*

❖ **YOUR PLAN** Module #3

The purpose of this module is to lead participants through the steps of creating their own unique, actionable plan for attainment of their Real Success.

- *Choose well*
- *Live until you die*
- *Give yourself a gift*
- *Love what you do, do what you love*

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- *My main messages*
- *Love hope and purpose are the antidote*
- *How you cope*
- *Do no wrong*
- *Your brand*
- *You, Inc. Life Plan*

❖ **WHAT'S YOUR ASSIGNMENT** Module #4 (Optional Bible Study)

The purpose of this module is give participants perspective of faith in God and His ability and desire to bless them. This Bible study is meant to help facilitators and participants find level ground on which meaningful relationships can be built.

- *God chose YOU*
- *You have an Assignment—and it's good!*
- *Gather the clues*
 - *your wild dream*
 - *what grieves you*
 - *what you do well*
 - *what people come to you for*
 - *the character traits that resulted from what you've been through*
 - *the coping mechanisms you acquired in tough times*
 - *natural strengths and talents*
 - *what you would do if you had no obstacles*
- *Review your clues and create your Action Plan*
- *Only YOU can do it*
- *Obstacles*
 - *too busy*
 - *unqualified*
 - *unfit*
 - *fear*
- *Doing your Assignment*
- *Consequences of not doing your Assignment*
- *Rewards*
- *Next Steps*



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❖ **WHAT'S YOUR MESSAGE** Module #5

The purpose of this module is to help participants identify and articulate clearly to others the unique message that has been entrusted to them. Whether delivered on stage to a large audience, to countless numbers of people through social networking, or whispered to one person who desperately needs it, everyone can learn to powerfully communicate his or her personal message.

❖ **BRANDING YOU** Module #6

The purpose of this module is to help participants to create the unique persona and marketing identifiers that will help others understand their unique message.

❖ **CREATING PROFESSIONAL SUCCESS** Module #7

The purpose of this module is to give participants easily actionable strategies for creating professional success regardless of their field of endeavor. *Your Life Assignment x Work Ethic = Extraordinary Success.*

❖ **CREATING PERSONAL SUCCESS** Module #8

The purpose of this module is to give participants communication tools and tactics for creating personal success with even the most difficult people.

❖ **THE BOOTSTRAPPER'S GUIDE TO BUSINESS** Module #9

The purpose of this module is to help would-be entrepreneurs start and build their own successful businesses—*most for less than \$500 and within 48 hours!*

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Accompanying reading includes:

Succeed Because of What You've Been Through

Successful Survivors—the 8 character traits of survivors and how you can attain them

How to Get to AWESOME—101 ways to find your best self

To bring the YOUR REAL SUCCESS© program to your community, please call 949.689.5611 or email contact Rhonda Sciortino at rhonda@rhonda.org.

Note: This program was written in secular language so that it will be acceptable to all. Module #4 is an optional, accompanying Bible study, What's Your Assignment, which provides the Biblical foundation for the concepts included in each of the other modules.